Faculty Fellows Program underway

The Faculty Fellows Program attempts to increase student and faculty interaction among first years

BY ANMARGARETWARNER
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Stacked alongside books on white-collar crime, juvenile delinquency, and criminology were Styrofoam coolers, disposable aluminum pans and a plastic folding table.

"We're having a pig pickin' on the lawn between Luter and Babcock this Saturday," said Steve Gunkel, a professor of sociology.

The picnic supplies are a new addition to Gunkel's office, as he is one of 19 professors in the university's pilot Faculty Fellows Program. In this program three fellows are assigned to each of the first-year residence halls except South, which has four.

See Fellows, Page 4

Gym renovations to begin in 2014

The administration hopes that renovating Reynolds Gym will increase well-being and fitness activities for students.

BY JACKSON SOULE
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After nearly 58 years, Wake Forest will finally break ground on a newly renovated Reynolds Gymnasium.

Constructed in 1956 after the university's move to Winston-Salem, the gymnasium is one of the oldest-standing buildings on campus and is home to the health and exercise science department, institutional research, athletic offices and, of course, student recreational facilities. Despite its remarkable longevity, Reynolds Gymnasium is simply not

See Renovations, Page 6
Purchase of Joel will improve school spirit

On Aug. 1, the university finalized the purchase of the Lawrence Joel Veterans Memorial Coliseum from the city of Winston-Salem. The university purchased the Joel for $8 million and is now spending $10 million to renovate the venue, which is desperately in need of numerous repairs.

We support the university's decision to purchase the Joel and believe that this new acquisition will improve various aspects of campus life.

The purchase of the Joel will first and foremost give our basketball teams a court that is truly their own. After serving as our basketball teams' home court for over 20 years and as the rain put the university a step behind the competition. Additionally, the purchase of the Joel gives the university the opportunity to make the venue a place filled with Wake Forest memorabilia and the emblems and symbols of our school.

This will give the area a greater sense of school spirit and will hopefully attract more students to attend games, inspiring success in our teams that play there.

Beyond benefiting the athletic program, the purchase of the Joel will hopefully bring more entertainment events to the university.

The administration has expressed the belief that by purchasing the Joel, they will be able to renovate a space so that it is attractive to musicians and entertainers and to host concerts.

We hope that the administration is able to follow through with their intentions to bring more entertainment events to the Joel.

This space is better suited for large crowds and popular performers than Davis Field, and popular performers than Davis Field, making these events safer and more crowd-friendly. Having more concerts and entertainment events, like those held at large state universities or schools in a more urban environment, will also help attract prospective students to Wake Forest.

The university stepped in and bought the Joel from the city of Winston-Salem, which has reported continued losses of money on the venue.

We support the university's decision to purchase the Joel and believe that this new acquisition will improve various aspects of campus life.

We appreciate the effort of the university to take this financial burden from the city of Winston-Salem and applaud this extension of goodwill.

Although the university now owns the Joel, we hope that the space continues to be a venue that is utilized by not only members of the Wake Forest community, but the regional community as well.

The university recently signed a contract with the management of the Greensboro Coliseum that gives it the right to book and manage external events at the Joel and other athletic venues that are owned by the university.

We hope that this partnership will result in many exciting events for Wake Forest students as well as the Piedmont Triad community. After serving as our basketball teams' home court for over 20 years and as the rain location for the commencement ceremony for the past several years, we are proud to finally call the Lawrence Joel Veterans Memorial Coliseum our own.

OLD GOLD & BLACK
THE STUDENT NEWSPAPER OF WAKE FOREST UNIVERSITY SINCE 1916

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POLICIES

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SUBMISSIONS

The OGB welcomes submissions in the form of story tips, columns and letters to the editor. Letters should be fewer than 300 words and columns should be around 500 words. Send yours via email to burnhs01@wfu.edu or by mail to the OGB, 11 Hinman Ave., Wake Forest, NC 27589. Letters and columns should be typed double-spaced, with a 1.5-inch margin on all sides. Each submission should include your name, year, address, phone number and e-mail address. All letters are subject to editing for length and clarity. No anonymous letters will be printed.

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Mary Dalton is a professor of communications, film studies and women and gender studies. She is also the co-director of the documentary film program. She has a Ph.D. in cultural studies and an M.A. in broadcasting/television from the University of North Carolina at Greensboro.

Her undergraduate degree is from Wake Forest University. She has also won Best Documentary at the Reel to Reel Film Festival for her film Martha in Lattimore. In addition, she has written and co-authored three books.

All three are about the importance of teachers in the pop culture mediums of television and film.

What sparked your interest in film?

For me it has always been about the storytelling. When I was a kid, I was a huge bookworm. So I've always been interested in the story and as I got older I became equally interested in film.

What's your favorite course to teach?

I have two favorites. I really like a film I made named Martha in Lattimore about a remarkable woman, who was a Wake Forest graduate, who lived most of her life in an iron lung.

I'm also really excited about a new film that I co-directed with my colleague, Cindy Hill, called Living in the Overlap. In both cases they are stories about remarkable people who live courageous lives but that kind of quietly and I find that fascinating.

What do you think is the difference between a good teacher and a bad teacher in film?

In the movies, so called “good teachers” are personally involved with students, they personalize the curriculum to meet every day needs in students’ lives. They typically don’t get along with administrators because they usually kind of are running up against the system in some kind of way or another. They learn from their students so that it’s a reciprocal kind of process, in some cases they have a good sense of humor, they also are typically outsiders. So those are the characteristics and as you can see some of those are characteristics of good teachers in real life too, which make sense.

Typically the bad teachers are usually focused on, in terms of curricular theory, technical or scientific value frameworks for curriculums. Either focused on the outcomes of testing or maintaining order and discipline, those kinds of outcomes. Or in terms of scientific value framework that’s seen very much in the movies about the creation of knowledge.

Deacon Profile: Mary Dalton

What brought you back to Wake Forest?

Well the reason that I think it’s so interesting to study teachers in popular culture is it tells us a lot about how we think about good teachers and bad teachers. I think there is a lot to learn because when you think about it, people know about teachers and teaching, either through their direct experience or through what they’ve seen in popular culture.

And since you have a limited number of actual teachers in your life, you see many more in films and television over the years. And I think that informs our expectations as students and as parents.

As teachers, I think it’s really important for us to understand how that works, how that happens, so that we can kind of know what to expect and how to negotiate that a bit.

What do you like to do outside of the classroom?

I do watch a lot films and I watch a lot of television. I’m a knitter. I also do a tiny bit of gardening. I like to cook and I’m still a big reader.

POLICE BEAT

Larceny

University Police officers were called to Dogwood regarding a heavily intoxicated student. The individual was transported to WFUBMC for observation and treatment. The report was filed at 10:12 p.m. Sept. 27.

University Police responded to a call about a heavily intoxicated student in Polo. The student was transported to WFUBMC for observation and treatment. The report was filed at 1:15 a.m. Sept. 28.

University Police were called to Collins and discovered an intoxicated student who was taken to WFUBMC for observation and treatment. The report was filed at 2:10 a.m. Sept. 28.

Underage Consumption

University Police officers responded to a fire alarm in Poeart. Officers discovered that a student had discharged a fire extinguisher in a suite which cause the alarm to activate. The report was filed at 3:57 a.m. Sept. 28.

University Police officers responded to a call about an offender who had pushed another student to the ground in Johnson, causing minor head injuries. The victim chose not to press charges. The report was filed at 10:35 p.m. Sept. 28.

Unknown offenders threw trash cans off of the third floor of Taylor. The report was filed at 1:31.a.m. Sept. 29.

Unknown subject(s) threw paint at the door and inside the room of the victim. The report was filed at 3:00 p.m. Sept. 29.
These faculty members are responsible for planning and overseeing social activities that bring students and faculty together on a regular basis. The primary goal of the program are to increase faculty-student engagement and integrate academics into social experiences. Some faculty fellows are even creating their own programming ideas.

Communication professor Ananda Mitra and physics professor Swati Basu, one of three husband and wife faculty fellow couples, bring samosas and their dog Snowy to Johnson to play with residents.

Katy Harriger, professor of politics and international affairs, takes cookies and lemon-ade to Babcock each Friday to chat with residents for a gathering she's dubbed "Let's Talk Babcock."

Mary Dalton, communication professor, holds a viewing party for "Breaking Bad" each Sunday with snacks in the media room of Luter.

"Hanging out is getting less artificial," Gunkel noted. But the program may not be targeting all of the first-year students effectively. Some students claim they haven't met the fellows in their residence hall, while others say they barely know who they are. "I've heard nice things about them from other kids, but I don't know their names or faces," freshman Sarah Westvold said of the fellows in Johnson.

A first-year student living in Luter, Nikiar Ahmadi, said if he passed any of the fellows on his way to class, he would not know their names.

Over-scheduling of events likely contributes to some of the current disconnect within the program.

"I'm willing to get to know them, but so far I've been busy and not spending much time in my dorm," Westvold said. Faculty fellows say they are aware of the challenge of not snapping first-years with more activities.

"We're trying to collaborate with the RA's," said Harriger. "We don't want to reinvent the wheel, but to encourage students to participate."

While the idea of moving faculty members onto university residence halls might sound radical, it's not entirely uncommon. Provost Ragan Kersh lived with students in a residential community at New York University prior to joining the Wake Forest administration last year.

Similarly, at Vanderbilt University, a faculty member lives with students in each house of the Martha Rivers Ingram Commons. While Wake Forest does not have the facilities for a residential program, it is using Vanderbilt as a loose model to further connect students to faculty.

An advisory board chose the group from a pool of applicants last winter. All are appointed for two-year terms and receive monetary compensation.

"I've been here for 21 years and have interacted with students mainly in academic settings," Christy Buchanan, associate dean for academic advising, said. "You know very little about what's going on with students' lives once they walk out of your classrooms."

Although it remains too early to fully judge the success of the program, faculty members are confident that students will benefit from the new opportunity.

"I'm optimistic that it will be something that students get something out of," Dalton said. "I know it's something that faculty who participate will get something out of."

Buchanan says if the program receives positive feedback, it could continue indefinitely.

"There's that qualitative dimension that's really hard to measure," Gunkel said. "And while Wake Forest does not have the facilities for a residential program, it is using Vanderbilt as a loose model to further connect students to faculty."

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The reality is that college is a very stressful time, and students at "Work Forest" definitely realize the challenges of balancing academics and extracurricular activities with busy schedules. These high stress levels of college life often result in mental health-related issues.

For this reason, Active Minds hosted the ALIVE! mental health fair, which is one of many programs sponsored by the Kristen Brooks Hope Center.

The fair was created to educate students on college campuses on mental illnesses and focuses on suicide prevention.

The interactive approach of the ALIVE! fair was very appealing to students. Its two main components, a group of four hands-on learning stations and professional training and motivational presentations kept visitors actively involved and engaged.

"I liked how it was interactive because I definitely don't think I would have learned as much if it were just a lecture," sophomore Ryan Riccordella said.

The Hands-On Learning station outside of the Pit received much attention from passers-by throughout the day. Visitors began at the "Post Your Own Secret" station, where students could anonymously write their secrets on a notepad to later be posted on a wall to show others that they are not alone in having secrets and insecurities.

Next was the Brain Exhibit, which displayed MRIs, fMRIs and PET Scans of brains with different disorders like depression, bipolar disorder, and schizophrenia compared to brains without the disorders.

This station also included information about the symptoms and treatments of different mental illnesses as well as examples of celebrities with each disease to once again show that those with mental illnesses are not alone.

Students then got the chance to participate in the fact or fiction station, where they read common claims about mental illness and separated myths from the truth.

The purpose of this station was to point out the many common misconceptions about mental illness.

Finally was the Graffiti Art station, where students could write encouraging messages to one another.

Participants also received raffle tickets at each station that gave them the chance to win fun prizes.

The fair provided many handouts with useful information about seeking help, including a variety of support hotlines and support groups.

"It's great to expose students to these kinds of diseases to help them see that they are medical and that there is nothing wrong with you if you have them," freshman Ivey Westerkaem said.

Later in the day, ALIVE! presented a number of events in Benson, including a documentary on the impacts of suicide and suicide attempts called A Reason to Live, along with a motivational keynote speaker, Question Persuade and Refer (QPR) professional training sessions to help others, and the documentary Bullied.

Students overall reacted very positively to the content of the fair.

"Mental health in general is a very important topic in today's society that is not talked about enough on college campuses," sophomore Hannah Alms said.

"It brings up a very important point that a lot of people struggle with it, but not enough people talk about it for them to realize that they are not alone. There are resources to support that."

Continued from Page 1

Active Minds, a student-run organization, hosts an event to raise awareness of mental health issues

BY MORGAN SCHICK
Staff Writer
schmo03@wfu.edu

Although many students go into college expecting it to be the best time of their lives, studies prove a more daunting statistic. The National Alliance on Mental Illness reports that nearly 25 percent of college students nationwide "have a diagnosable mental illness."

The reality is that college is a very stressful time, and students at "Work Forest" definitely realize the challenges of balancing academics and extracurricular activities with busy schedules.

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ON OCTOBER 18TH

WORLDS WILL COLLIDE,
MINDS WILL BE BLOWN,
&
THE FUTURE WILL
BE REVEALED.

(You probably don't want to miss this.)

All students, faculty and staff are invited
to Manchester Plaza from 11 a.m. to 2 p.m.
on October 18 for food, fun and free
stuff as we celebrate the impact of
philanthropy on Wake Forest.
Michelle Alexander, author of "The New Jim Crow: Mass Incarceration in the Age of Colorblindness," addressed the issue of mass incarceration of black men and the creation of a new caste system in American society. "Millions of people are now trapped in a massive new system of racial and social control, a system of mass incarceration that Martin Luther King Jr. could have never dreamed of," Alexander said. Alexander, a graduate of Vanderbilt University and Stanford Law School, both in her book and in her speech has made the argument that the way that the criminal justice system is structured has created a new undercaste that is without rights and is set up to fail, due to the legalized discrimination allowed against these individuals for their felony records, which are often the result of nonviolent crimes.

She also believes that a major contributor to this discrimination comes from the "war on drugs" that began in the late decades of the 20th century, which has resulted in tough minimum sentences and felony classification for minor, nonviolent drug offenses. "Drug convictions have increased more than 1,000 percent since the drug war began," Alexander said. "Think of it this way, there are more people in prison today just for drug offenses than there were incarcerated for all reasons in 1980. Most Americans violate drug laws in their life time, however, the enemy in this war has been racially defined.

"The selection of Alexander as the Voices of Our Time speaker came as a result of a collaboration between Wake Forest University, Winston-Salem State University, Old Salem Museum and Gardens and the North Carolina Office of Culture and History in order to commemorate the 150th anniversary of the Emancipation Proclamation. "We hoped that this talk would be a way to connect the wider community to this topic of emancipation's legacies, not only in terms of the conference's focus on the Civil War and Reconstruction era, but right down to the present day," Michelle Gillespie, professor of history, said. "Given the number of powerful conversations I have had with students since Professor Alexander's talk, I think we can safely say we have been successful in our original mission."

Students overwhelmed by the speech was powerful and opened them to ideas that they had never thought of before. "She noted that the 'colored only' signs for facilities past are gone, and because many people believe that our culture is colorblind the system remains unchecked," sophomore Emily Fehy said. "It's difficult to live in what is said to be a 'post-racial' world and not trust the justice system to do what is fair and right."

Alexander closed her speech by calling for students to take action and stand up for civil rights and the suspension of the continued creation of a caste system in American society. "This system of mass incarceration rests on one core belief and it is the same core belief that sustained Jim Crow," Alexander said. "It's the belief that some of us are not worthy, and compassion. And when we effectively challenge that core belief this whole system begins to fall like dominos."

Renowned professor questions incarceration policies

Michelle Alexander, of the Ohio State University, spoke on the subject of racial inequality in the US legal system. By Ian Rutledge

Students, faculty and members of the community gathered in Wake Chapel on Oct. 1 at 6 p.m. for the first speaker in the "Voices of Our Time" speaker series for the 2013-14 academic year. Michelle Alexander, author of "The New Jim Crow: Mass Incarceration in the Age of Colorblindness," addressed the issue of mass incarceration of black men and the creation of a new caste system in American society. "Millions of people are now trapped in a massive new system of racial and social control, a system of mass incarceration that Martin Luther King Jr. could have never dreamed of," Alexander said. Alexander, a graduate of Vanderbilt University and Stanford Law School, both in her book and in her speech has made the argument that the way that the criminal justice system is structured has created a new undercaste that is without rights and is set up to fail, due to the legalized discrimination allowed against these individuals for their felony records, which are often the result of nonviolent crimes.

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Inclusion is a priority on this campus

If aspects of our culture lead people to feel excluded, then our ability to build a fully engaged constituency becomes compromised.

Building an inclusive campus requires the engagement of everyone.

On Oct. 7 we invite all members of the community to participate in a 30-day Dignity & Respect Campaign. We want at least 5,000 constituents to sign the pledge:

"I will treat everyone with Dignity and Respect.

This call to action unites us under the shared belief that everyone deserves to live in an affirming environment.

Our vision is to embed the message "You Belong Here" into the very fabric of our campus.

Surveys have shown students entering Wake expect to engage with those who are different from them.

But, they limit opportunities to do so, failing to advance their own cultural competence.

The diversity and inclusion leadership team and campus life are mobilizing to promote a civil and inclusive campus community.

We have made considerable progress putting into place systems to foster appreciation of others.

We have policies and procedures regulat­ing behavior.

We will implement an online bias incident response system to allow anonymous reporting of acts of incivility.

We are developing training to equip individuals with the skills needed to intervene when witnessing misconduct.

We offer GateKeepers Diversity Educa­tion to build communication skills. We provide Safe Zone Training to educate and empower LGBTQ allies.

We stand ready to work with the campus community to take advantage of these resources and we welcome your input regarding other ways we can achieve our goals.

Faces of Courage commemorated the Trustees’ 1962 historic decision to end segregation. The Wake Forest then was not the pluralistic global campus it is today.

"Think Globally, Act Locally," may be a well-worn phrase; but the message still resonates with our vision of preparing students to work and lead in a global society.

This means we have work to do.

We must keep our foot on the proverbial pedal.

Our actions must say "I belong here, and you belong here too!"

Respectfully yours,
Barbee Oakes
Assistant Provost for Diversity and Inclusion

Greek organization calls for honesty

In the recent Old Gold & Black article on the new policies for the Barn, I believe I was quoted out of context.

The comments I made were meant to be aimed at the administration, not the new policies.

My frustration is not with the new policy in and of itself, but rather the way that it was put in place.

Over and over again, student leaders are told that the administration wants to collaborate with the students to come up with the best possible campus policies, yet in this scenario and countless others, the opinions of students were not considered.

I am very aware that the administration has no obligation to listen to the ideas and opinions of the students, but if they do not want our opinions, they should stop telling us that they do and then not be true to their word.

I just want a little honesty.

In the student code of conduct, it says that the faculty should be held to the same standards as the students.

What happens if I am dishonest? Honor code violation.

Yet, the administration can be as dishonest as they want with little to no repercussions.

Their dishonesty was clearly manifested in the way in which the Barn has been regulated.

Word on the Quad

What is your opinion on Student Government’s decision to run a shuttle to Last Resort?

"The shuttle is a good idea and will allow students to go out safely."
Vanessa Cancio ('16)

"The shuttle will definitely help students who don't have cars."
Brandon Nguyen ('15)

"I think it's a really good idea, and will benefit students in the long run."
Sameep Girglani ('14)

"I'm sure the shuttle will be used frequently by on-campus students."
Elizabeth Earle ('16)
New president benefits U.S.-Iran relations

Rouhani’s shifts in policies may open discussion to pursue mutual interests

John Ho
Guest Columnist
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Four years ago when President Obama stated he was open to sitting down with leaders from rogue nations like Iran without setting preconditions, most experts on foreign policy considered this a foolhardy approach. After all, this was a nation that had consistently disregarded established international protocols.

Many felt disappointed that the president chose not to put more diplomatic pressure on Iranian human rights following the re-election of Mahmoud Ahmadinejad in an election that many considered to be fraudulent.

Others grew concerned last year when Israeli Prime Minister Benjamin Netanyahu, waved around a picture of a cartoon bomb while addressing the U.N. General Assembly, decrying how close Iran was to fulfilling crucial steps in their quest to make a nuclear bomb.

However, this year the Islamic Republic of Iran elected a new President who promised to be a more moderate leader in his approach towards the west. Iran’s new president, Hassan Rouhani, could be a turning point toward establishing a better relationship that could help U.S. interests in the rest of the Middle East given his recent remarks and initial overtures.

In many ways, President Rouhani differs from Ahmadinejad. Rouhani was educated in the west, receiving a degree from Glasgow Caledonian University in Scotland, while Ahmadinejad received his Ph.D. in Iran.

More importantly, Rouhani has been willing to walk back from some of his predecessor’s most controversial statements that damaged Iran’s standing in the world.

For example, Ahmadinejad was known for his numerous statements denying that the Holocaust ever happened. His successor, meanwhile, has acknowledged and has been quoted by multiple U.S. media outlets that the Holocaust did, in fact, occur and was a most heinous war crime. While it feels odd saying that progress has been made by admitting the Holocaust happened and condemning it, it nonetheless gives more credibility to the new regime.

Ahmadinejad was also known for being a fierce defender of Iran’s burgeoning nuclear program.

It was his ambition to see Iran achieve nuclear capability at all costs.

Because of this, sanction from bodies such as the U.N., which crippled Iran’s currency and economy, proved ineffective from deterring Iran from attempting to reach nuclear capability at all costs.

Rouhani, however, has decided to condemn the buildup of nuclear weapons and reach out to the west.

In his speech, Rouhani stated, “nuclear weapons and other weapons of mass destruction have no place in Iran’s security and defense doctrine, and contradict our fundamental religious and ethical convictions.”

While there are still skeptics, notably Israeli Prime Minister Netanyahu, President Obama stated he was pleased with Rouhani’s remarks when addressing the United Nations.

In many ways, President Rouhani differs from his predecessor in terms of his relationship with the United States.

“Hassan Rouhani could be a turning point toward establishing a better relationship.”

President Obama has directed Secretary of State John Kerry to pursue talks with Iran over its nuclear program.

Of course, Rouhani’s rhetoric could be all smoke and mirrors, there is still no proof that Iran intends to slow down its nuclear weapons program.

However, it is a good start for an Iranian leader to acknowledge that nuclear weapons are not a goal of the regime.

The U.S. has not had a formal diplomatic relationship with Iran since the Iranian Revolution in 1979 when students seized and held hostage the employees of the U.S. embassy.

Because of this, a new relationship with Iran must be a slow and deliberate process given the distrust that has been built over the years.

Rather, it must be built upon several steps that suit our mutual interests in the Middle East.

As a first step, Iran must provide more transparency and oversight of its nuclear weapons program and the process it uses to enrich uranium for nuclear energy.

We might never have the special relationship with Iran that we did historically during the period when the Shah was in power in Iran.

Still, a trend towards normalcy would allow the U.S. more flexibility towards Syria and improve the standing of the U.S. in the region.

Pope Francis offers balance on social issues

Pope Francis’ approach and opinions have come as a relief to many liberal Catholics

Aishwarya Nagar
Guest Columnist
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La Civiltà Cattolica, an Italian Jesuit journal, recently published an interview with Pope Francis who finally shared his controversial opinions on the Vatican’s irritation with his silence on highly-debated matters such as abortion, same-sex marriage and contraception.

Pope Francis’ approach and opinions have come as a relief to many liberal Catholics and Christians who were previously left out by the preceding Pope Benedict XVI’s papal policies.

In the interview with Rev. Antonio Spadaro, editor of La Civiltà Cattolica, Pope Francis remarked that the Roman Catholic Church was too fixated on discussions about same-sex marriage, abortion and contraception.

He argued that efforts would be better directed towards making the church more inclusive to the poor and the marginalized than maintaining his predecessor Pope Benedict XVI’s vision of a smaller, purer church.

He envisions the church to be a more inclusive “home for all” rather than an institution that treasures dogma and moral doctrines more than it treasures the provision of love and acceptance towards those who need it.

In the aforementioned interview, Pope Francis says, “it is not necessary to talk about these issues all the time. The dogmatic and moral teachings of the church are not all equivalent. The church’s pastoral ministry cannot be obsessed with the transmission of a disjointed multitude of doctrines to be imposed insistently ...

We have to find a new balance, otherwise even the moral edifice of the church is likely to fall like a house of cards, losing the freshness and fragrance of the Gospel.”

Pope Francis further said, “I see the church as a field hospital after battle. It is useless to add a seriously injured person if he has high cholesterol and about the level of his blood sugars. You have to heal his wounds. Then we can talk about everything else.”

It is clear that Pope Francis’ words are not intended to radically change the doctrine of the Roman Catholic Church, but are intended to change the focus of the church’s immediate efforts.

He is prioritizing the matter of poverty, homelessness and marginalization over addressing the matters of same-sex marriage, abortion and contraception that the more conservative bishops and priests have fervently made their top public policy priorities.

It is admirable that Pope Francis’ new global mandate focuses primarily on connecting with the poor and oppressed, an issue that spans multiple countries, religions, socioeconomic classes, extremes of opinion and borders.

Traditionalist and conservative Catholics have found themselves on the defensive now that the Pope has ended his silence on issues like same-sex marriage, abortion and contraception.

Of course, the Pope’s words don’t mean that efforts to address these issues as public policy will be hampered; instead, I’m sure that we’ll see some resistance in the Vatican to the Pope’s new policies if and when they will be implemented. But it’s hard to hate the Pope for his efforts to address social justice, equality, rundown capitalism and to include liberal Catholics who feel left out by his predecessors’ policies for the last 30 or so years.

Earlier in the year, the Pope sent a letter to the founder of an Italian newspaper saying, “You ask me if the God of the Christians forgives those who don’t believe and who don’t seek the faith. I start by saying — and this is the fundamental thing — that God’s mercy has no limits if you go to him with a sincere and contrite heart. The issue for those who do not believe in God is to obey their conscience.”

It is admirable indeed that the Pope is attempting to bridge the gap between the overly conservative and the overly liberal extremes of society.

He is truly the epitome of a thoughtful leader who would rather focus his attention on helping the poor than splitting out homossexuals or shunning Muslims or hounding nuns.

Best put by Roy Speckhardt who wrote a Huffington Post article on the Pope earlier this year, “He’s offering very universal ideas — not closing the door and saying you have to be a Catholic in order for good things to happen. This is the kind of world leader that we need in a position of power that the Pope has if we want hope for a more universal community.”
Popped a Molly | Newspaper Distribution

All students should have access to newspapers

National newspapers should be made available to every student on campus

In Farrell Hall, print editions of The Wall Street Journal are delivered Monday through Friday and put out for students to take and read. In a time where newspaper readership is down across generations and readership in our generation is almost non-existent, I feel that this sends a good message to students and tells them that reading a daily newspaper is important. But I wonder why only business students are given the privilege of having newspapers delivered daily to their academic building. There is nothing stopping me or any other non-business students from walking to Farrell Hall and taking a copy of The Wall Street Journal (which I do frequently), but I think that by only having print editions of newspapers readily available to business students Forest once again gives business students a privilege that the rest of the student body does not have.

I understand that The Wall Street Journal is written with a business-oriented audience in mind, but student in other fields of study would benefit by having access to and reading this publication. As a journalism minor, I know that my peers and I would appreciate having access to newspapers in Tribble Hall or online.

I'm sure that other students with a variety of other majors and minors feel the same way. At the end of the day in Farrell Hall, The Wall Street Journal display is still half full of unread, unopened newspapers. The university should eliminate this waste by placing half of these newspapers in other academic buildings, such as Tribble or Carroll. This would give more students access to the newspapers, eliminating waste and putting the unused newspapers to a much better use. Another alternative would be to give all students access to The Wall Street Journal or another publication, such as The New York Times, online.

In the digital age that we live in, more and more people are getting their news online as opposed to print publications. Giving non-business students an online subscription to a daily publication may encourage more students to actually read the newspaper everyday and actively stay up to date with current events.

Wake Forest University tries to "educate the whole person" and make its graduates "responsible citizens of the world." I believe that to be a "citizen of the world" you must have a fundamental understanding of current events and the best way to gain an understanding of current events, is to read a daily newspaper.

Zoe 101 | The Single Life

The five things to love about being single

Advice regarding some less-obvious benefits for single Wake Foresters

Yes, you can make out (and so on) with anyone you like. But you can also:

1. Get to Know Yourself

Singleton status offers you the time to figure what you do and don't like. You can be on 10 committees, teach yourself how to play guitar or become a Big Sister or Big Brother. You can take extra classes and find where your academic passion truly lies. You can meet new people who inspire you to go for your dreams. You can do nothing. Basically, you can do anything you want because you don't need to worry about how someone else will feel about it.

2. Be as Weird/Gross as You Like

If you are weird (everyone is to an extent), you can express your unique oddities without worrying how it will affect your attractiveness level. So go ahead, wear that funky outfit that's been sitting in your closet for months. Don't clean your dishes for a few weeks. Belch loudly in public.

This is best done in a group of other single people who can appreciate your freedom of expression.

3. Spend Time Alone

Solitude is cathartic. If you're used to being around people all of the time, try doing something alone. Sit on the quad. Eat alone at the Pit. I am not kidding.

If it makes you uncomfortable, go at an off-hour. Resist the temptation to look at your laptop or phone. Just rest with your thoughts, or people-watch, or think about nothing at all.

Of course, you'll want to spend time with friends, but you just might become addicted to hanging out with yourself.

4. Get Obsessed with Something/Someone

I want to emphasize the obsessive aspect of this one. Everyone has a person they think is really cool or something they want to know more about. Whatever or whoever that may be, go to ZSR and find as many books and movies on them as you can. Absorb yourself in it.

If it's a musical artist, listen to their songs on repeat until you know the lyrics and tap your fingers to the beat. If it's a writer, read every book, journal, poem or play they ever wrote. Learn about their childhood, their family, how they became famous and their favorite food.

The possibilities for this are endless, but it only works if you are truly interested in the subject.

5. Go Out

This needs little explanation. Like all things, there are many ways to approach going out. Sure, you can go out to hook up with people. If that's not your thing (it isn't for many people), your objective might be to meet as many new people as possible. Or maybe it's just to dance. Whatever the reason, go crazy as much as you can.

It will keep you from lamenting your lack of a perfect mate alone in your dorm on a Friday night. It might remind you of how lucky you are to be young and free and in college. If not, it will keep you busy until the day you bump into the guy or girl of your dreams.
A talented, resilient bunch

Coming back to tie No. 1 UNC, men's soccer continues to show why they belong near the top of ACC and nation

BY JENN LESER
Staff Writer
JLeser@wfu.edu

Down but never out has been a good way to describe the Wake Forest men's soccer team lately. With their backs against the wall — quite literally against Walt's Wall — the Deacs found a way to keep themselves alive, this time fighting for a 1-1 tie against UNC in double overtime on Saturday, Sept.

28. A regular-season record-setting crowd watched as Wake grinded out a tough draw to pick up a point in ACC play to move into a tie for first with Maryland.

The Tarheels struck early, going up 1-0 in the 25th minute, and continued to show why they were ranked No. 1 nationally with an impressive back line. As the clock started winding down, it looked as if the Deacs would pick up their first ACC loss — but sophomore defender Jalen Robinson had other plans. In the dying minutes of the second half of regulation, Robinson connected on a corner from sophomore forward Michael Gamble to get his first goal of the year and draw the Deacs even with UNC. After being hurt during the pre-season, Robinson is happy with his performance since making a full recovery. "It was awesome for sure," Robinson said. "I

See Men's Soccer, Page 13

The magic of October baseball never disappoints

The end of the regular season signals a time to celebrate and enjoy

BY ALEX SPEAR
Sports Editor
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As the month of September dwindles away, so do the colors of the leaves, the last wisps of another summer and the beginning of the long stretch of no holidays that slowly but surely lead into the dark months of winter.

The beginning of October is arguably one of the most boring months for students and professionals alike because there's just not much to it. The month consists of four long weeks that, for the majority of schools and workplaces, have no breaks. It's just not really a fun month, right? Sure, October has college football on Saturdays and the stacked lineups of NFL games on Sundays — and, of course, Monday Night Football and the Thursday night game.

The NHL is starting up, the NBA and college basketball aren't far from the Los Angeles Dodgers.

But doesn't all that get a little monotonous after the first week of the month? Just the same scene on television every single day, the same broadcast- ers on ESPN saying the same thing about the same people? Although the month of October in the U.S. is one of the gloomiest months of the year, October provides us with something we can never give back... four weeks of magic that give us endless joy and keep us on the edge of our seats.

The Disney World of sports is put on display every October in between white lines and on dirt and perfectly-cut grass.

I just love the MLB playoffs. "The best possible thing in baseball is winning the World Series, and the second best thing is losing the World Series," said Tommy Lasorda, a former player for the Philadelphia Phillies and long-time manager of the Los Angeles Dodgers.

The World Series, and the Major League Baseball playoffs in general, is such an athletic spectacle because just being a part of it — as a player.

See MLB, Page 15
Kaitlyn Oliver

BY MAEGAN OLMSTEAD
Staff Writer
olmsme11@wfu.edu

Kaitlyn Oliver started running when she was in sixth grade and has continued her passion on the Wake Forest cross-country team. Originally from Richmond Hill, Ontario, Canada, Kaitlyn is in her third year as Wake and studies in the business school. Freshman year she raced in all six meets and put up some top times for the team, and was one of just two freshmen to race at the NCAA Southeast Regional for the Deacs. Opening this season with a bang, Kaitlyn was the first to cross the finish line for the Deacons at their first meet, the Wake Forest Invitational. She is excited for this season and her team’s potential.

What got you interested in running?
I originally started as a competitive swimmer and then did track and field. I was pretty good at it, so I decided to join a club team back home and then I raced for my high school. My dad runs recreationally and has done the Boston Marathon a couple times so he encouraged me to join my cross-country and track and field teams.

How did you arrive at Wake from Canada?
I always knew I wanted to come to school in the States, just from an athletic standpoint because the NCAA is so much more competitive than our system back home. I also knew I wanted a school that had great academics and athletics. My coach back home knew Coach [John] Millar and so I just came and loved Coach [Brad] Hunt and the team, and I was just set on it.

What is your favorite part of being on the Wake Forest cross-country team?
Well I think being so close to the team is one of the best things about it. We’re all so close and we’re like a little family on the team. We’re always there for each other and it’s really nice to train and race together. Aubrey Wagggoner has been my roommate since freshman year and Sam Jones, Kathleen Darling and Nicole Erving are also my really good friends.

Do you have a pre-meet ritual or song you like to listen to before meets?
I mean I always eat the same foods leading up to the race. I always have a Kind bar right before my race and morning races I would always eat pancakes before the race, but in college there are more afternoon races so I’ve adjusted from there. I think listening to music in general is nice to help myself keep calm.

How have you been preparing for the Paul Short Invitational in Pennsylvania with this off week?
It’s been going well, we meet Tuesdays and Thursdays to do interval running, and then Saturdays to do long runs. We’ve been keeping to our routine but have started to introduce more race pieces as we get into the heart of the season.

Who is your biggest supporter for running?
Definitely my parents. They’ve been there for me since the beginning, for the ups and the downs. Even if they can’t be there for races, they always want to know how I’m doing before and after.

What’s your major and why did you choose that?
I’m Finance/MSA. It’s in the business school so you get the undergraduate degree in finance and the graduate degree in accounting. I’ve always been really interested in business and I really couldn’t decide between the finance and the accounting, and I thought that the accounting background was great for a career in finance.

What are you looking forward to this season?
We’re going to a lot more competitive meets this year, so I’m really looking forward to competing against more schools and putting Wake Forest on the map for long distance running. Our team has gotten a lot stronger so I’m looking forward to being competitive. I’m just really excited for our team this year, to see how we do. We’re still a really young team but the dynamics are really good this year, so it’s exciting to see.

What is your best memory from your running career so far?
I don’t know. There’s definitely just been so many ups and so many downs. I think any race where I’ve had one or multiple teammates place is definitely a good one because it’s so great to see your team be so happy after a good performance.

How do you see running fitting into your future?
I’m definitely always going to want to run and will want to do marathons after college, but that’s all I’ve thought about so far. It would definitely be strange to not run because it’s been a part of my life for so long.

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This was my first job 3 promotions ago – Helena Johnson Director

Grow your own way. My first job was as an associate in our tax practice. During the first few years, PwC supported me when I went back to school to get my MBA. When I decided to start my family, PwC was supportive in allowing me to have a flexible work schedule. Now I am a director in the Banking and Capital Markets practice. As my life and career goals have changed, the firm has allowed me to grow my career, my own way. pwc.com/campus
Demon Deacons split ACC road matchups

Women's soccer falls to Boston College before regaining form against Syracuse on road trip

BY MIKE ZAVAGNO
Staff Writer
zavandlt@wfu.edu

The No. 9 Wake Forest women's soccer team had another roller coaster ride through the gauntlet of the ACC road slate, dropping Thursday's game to Boston College before shutting out Syracuse Sunday.

For its second consecutive away contest, the Deacs (8-2-1, 3-2-1) were unable to put a shot into the back of the net, struggling to threaten the Eagles defensive backfield en route to a 1-0 defeat.

Despite senior co-captain Aubrey Bledsoe saving a season-high eight shots, Wake Forest surrendered a 23rd minute goal to Mackenzie Meehan.

Meehan put home her 10th goal of the season from eight yards out on an assist by Lauren Bernaud.

The Demon Deacons were outshot by Boston College 16-6 in the loss.

However, the Deacs came back on Sunday afternoon with a burst of energy, using an early goal by midfielder Riley Ridgik to fuel a 1-0 win over the Syracuse Orange.

After trailing Boston College in shots on net, Wake Forest outshot Syracuse 8-5, including a 5-2 lead in corner kicks on the afternoon.

Ridgik headed home a cross by junior transfer Megan Curan for her sixth goal of the season, tying her with senior co-captain Katie Stergel for the team lead. It was Curan's first point as a Demon Deacon after transferring from Gardner-Webb for the 2013 campaign.

Bledsoe followed her season-high eight saves Thursday with a three-save shutout in the Deacs' first ever contest with Syracuse. It was her fifth shutout of the season and 30th of her career as she continues to build her lead on the Wake Forest career charts.

The Deacons have all but concluded their rigorous schedule of conference road games for the season with only trips to Virginia Tech and Clemson remaining on the slate.

This is the longest road stretch for the Deacons since 2003 and longest-ever in ACC play. Wake Forest fans have seen why the ACC continues to be the toughest women's soccer conference in the country, proving that any team can win any game, especially with home field advantage.

After dropping to No. 13 in the most recent NSCAA poll, the Deacons have an opportunity for redemption when they travel to South Bend, Ind., for their first ever ACC game with No. 4 Notre Dame.

The Deacs will not only be looking to turn around their ACC fortunes against the Fighting Irish, who are undefeated in conference play, but also avenge their loss to Notre Dame in last year's NCAA Tournament.

After Thursday's contest, the Deacs will have a week off before taking on No. 1 Virginia at Spry Stadium on Oct. 13.

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Men's soccer: Wake forces tie against Tarheels

Continued from Page 10

I know a lot of alums came in... it was the 12th man. There was not an open seat here.

Jay Vidovich
Soccer head coach

they'll take the point and continue to work towards picking up their next win. "It was a very important match for us," Gamble said. "We knew how good Charlotte was in this area and how tough a place it is to come to and get any result out of it."

The Deacs will be back in action on Friday Oct. 4 when they host Virginia Tech. Kickoff is set for 7 p.m. at Spry Stadium.

The Demon Deacon defense, featuring senior Tolani Ibi-kunle, held UNC and UNC Charlotte to a combined two goals.

Wake Forest (7-2-1)
Boston College (5-5-0)
Wake Forest (8-2-1)
Syracuse (4-7-1)
WJF
BostCol
SyrCol
0 0 0
0 0 0
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1 0 1
W F
S

Photo courtesy of espn.go.com
Press Box: Public over-idolizes star athletes

Continued from Page 10

buy, cognitive dissonance sets in on how he can be such a nuisance.

He might get paid for autographs, drinks underage and receives tickets for a large amount of NBA games. But he has also been kicked out of off-campus parties and has an arrest record — experiences that are probably a little more familiar to us than trash talking on national television.

I'm not here to say whether or not he should get paid, that is not my decision to make. But seriously, the only reason that such an argument exists is because of the celebrity labels we attach to elite athletes, professional or otherwise.

For example, LeBron's superstardom secured him a Jay-Z performance at his wedding, and the highly publicized marriage of Kim Kardashian made an average NBA power forward, Kris Humphries, relevant for about a month. That is fine and dandy, but the extreme where these athletes crossover into the realm of clear pop culture, this doesn't even need to occur nowadays.

Our athletes are everywhere and their overwhelming availability just sets them up for failure.

Rick Reilly, a current ESPN and former Sports Illustrated columnist, wrote a memorable article about Tiger Woods for his incredible class act that defied logic.

And surely enough, come 2009, that article stands as a sign of the times. Michael Phelps smoked pot, Lance Armstrong used steroids like EVERY major cyclist, Pete Rose cheated, Charles Barkley spit and Michael Vick orchestrated an illegal gambling ring.

I could go on.

The point is quite simple. When our athletes are everywhere and fit so promptly into our culture and entertainment we often forget their undeniable humanity.

The trust put in Aaron Hernandez by the Patriots' organization and New England fans cannot change the troubled man he was from the start. Certainly fines and suspensions don't change Ndamukong Suh and Pacman Jones. We act shocked at these failures, but why?

The writing is on the wall. Celebrities across all walks have choked and revealed how human they really are. And a media habit that we all follow, to pay more attention to the suspension than the championship, simply leads these athletes along a road they didn't necessarily ask for. We hold them up to knock them down.

These people are gifted in a way we value, but they are not gods.

Ray Rice shouldn't have to defend his running game over Twitter against angry fantasy football fans.

Manziel, at 20 years old, shouldn't be so harassed in school that he has to take all his classes online.

Sometimes the limelight can be blinding and we can allow sports to take us a little too far.

Since his breakout season a year ago, Manziel has always been under the spotlight.

Less than a year after signing a five-year contract extension, Aaron Hernandez was charged with murder.
Tigers live up to their No. 3 status as they leave Wake Forest wireless in ACC play

BY EMMA LINGAN
Asst. Sports Editor
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Looking for a recap of the Deacs' game at Clemson last Saturday? Look no further.

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Looking for a recap of the Deacs' game at Clemson last Saturday? Look no further.
Finding love before graduation

Some Wake Forest couples defy the latest marriage trends and race to the altar either before, or right after commencement

BY COURTNEY ANDREWS
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As you probably know by now, the average age of marriage has risen drastically in recent years. A study by the Pew Research Center found that the average age of marriage today is 27 for women and 29 for men. This is a jump from ages 23 for women and 26 for men in 1960 (not to mention the 1960s when it was 20 and 22 respectively). Even more surprising, today only 20 percent of adults ages 18-29 are married, as opposed to nearly 60 percent in 1960. With the average age of marriage on the rise, it's no wonder many of us Deacons have yet to even think about happily ever after.

Believe it or not though, there are a small percentage of Wake Forest students who have already tied the knot, or at least already well on their way. I got personal with a few of these young lovebirds to get a glimpse at what the Forest is like through the eyes of the young and already committed.

Senior Erin Steed is currently engaged to her high school sweetheart. The happy couple dated for seven years before her fiancé got down on one knee this past Christmas. When asked why they didn't wait until after presentation week of her freshman year at Wake, Steed replied, "We decided to get engaged now because we love each other and are ready to start our lives together." Simple enough! Why wait any longer when you have been in love for seven years?

Another senior, Rachel Cumbest, met her fiancé, a sophomore at the time, during orientation week of her freshman year at Wake, and they've been together ever since. As many people, including students and professors here at Wake Forest, have told professors here, "I was too young to get married," Marrin said. "I was going to visit the vineyard and taste some wine with my best friend, Laura, when she led me to a bench and table with flowers, pictures of Gray and myself, chocolate-covered strawberries, candles, champagne and music playing." 

"When I saw everything and realized what was going on, Gray walked out from the vineyard and got down on one knee," Luvender added. "It was the best day of my entire life." Surprisingly, the two went to middle and high school together and live a mere three miles apart, and yet they didn't meet until they both ended up here at Wake!

"He proposed at Westend Vineyard in Lewisville, N.C.,” Luvender said. "I thought I was going to visit the vineyard and taste some wine with my best friend, Laura, when she led me to a bench and table with flowers, pictures of Gray and myself, chocolate-covered strawberries, candles, champagne and music playing."

"When I saw everything and realized what was going on, Gray walked out from the vineyard and got down on one knee," Luvender added. "It was the best day of my entire life." Surprisingly, the two went to middle and high school together and live a mere three miles apart, and yet they didn't meet until they both ended up here at Wake!

"We decided to get engaged now because we love each other and are ready to start our lives together." - Erin Steed

If that's not fate, then I don't know what is. Although all these situations sound pretty adorable, I still had a few questions for these three couples. Do people ever make comments about them being too young to get engaged or married? And do their parents approve?

Surprisingly, all four ladies said their parents do in fact approve. Marrin said her parents "both recognize the value of building a marriage on shared experiences as young adults." Plus, she says, they really love her fiancé!

As far as other people judging them for being young, Marrin said that she has received her fair share of skepticism.

"Many people, including students and professors here at Wake Forest, have told me I was too young to get married," Marrin said. "Similarly, Cumbest said that she's definitely gotten "a weird look here and there," but that "overall people have responded in a really positive way."

"I think that many people today think that everything has to be perfect before considering marriage or even a committed relationship — a career, a house, a nicely padded bank account — but we decided that we would rather work on those aspects of life, not just as individuals, but together, as a team," said Cumbest.

So, although initially I was a little skeptical about engagements and marriages already happening at our age, all four couples seem to be perfectly happy and excited about spending the rest of their lives together.

And hey, with all that we hear today about the "hookup culture" that is "ruining our generation," it's kind of comforting to hear that a few people our age still giving good old fashioned commitment a try.
Movie Review | The Spectacular Now

Spectacular Now is not so spectacular

The tale of two different high school students leaves much to be desired from the adaptation

BY STEPH HYATT
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As we settled into our seats in a narrow, dimly lit art/pepere cinema screening room, I'll admit I openly cringed once my friend gave me a plot summary of the movie we were about to watch. She billed it as a "high school love story." She read my face and quickly tried to appease me.

"But don't worry, it's artsy and cinematic," she reassured me. "It's the kind of film that would make it OK. Deciding it was too late to turn back considering I'd already bought a movie ticket and some trendy chocolate-flavored popcorn, I sighed deeply and turned my attention to the screen.

The next 95 minutes filled me with all kinds of emotions — but mostly I found I should have trusted my original instincts. My mood lightened during the previews once I looked up The Spectacular Now on IMDb and found that Kyle Chandler, of Friday Night Lights would be gracing us with his presence. If Coach Taylor gave it its seal of approval that should count for something, right?

In the opening scene, a slightly tipsy Sutter Keely, played by Miles Teller, brings a beer to his lips and braggadically paints us a picture of his life — he's a notoriously hard-partying high school senior. In a word, his life is "awesome." In fact, the word "awesome" made its way into the dialogue no less than 20 times throughout the film.

Teller's day-to-day agenda, which usually consisted of slacking off at school, partying and waking up with zero recollection of what happened the day before, was a scene gag in which the camera doesn't discreetly zoom in on Teller's ever-present flask or a Styrofoam cup that has no doubt been spiked. The whole movie basically functioned as a PSA against underage drinking, thinly disguised by well-executed cinematography.

Although the dialogue dragged, Teller put forth a convincing effort. Without giving too much away about the plot, I did shed a few tears when Sutter confronts his father toward the end. But then the moment passes and the audience resumes a love-hate relationship with the self-proclaimed social outcast.

Shailene Woodley, casted as awkward Aimee Finley, plays the girl-next-door to the girl-next-door. The film's promo site gives us a brief synopsis of their relationship. "[Sutter] unexpectedly falls in love with the 'nice girl' Aimee Finley." The "unexpected" part stems entirely from the audiences' realization that Woodley's character brings absolutely nothing to the table. In every scene, Teller's character carries the conversation for the both of them. In all honesty, if my eyes did not deceive me, I would probably have forgotten she was even there.

Overall, what the movie really had going for it was its relevance to the target audience. Most college-goers will relate to the coming-of-age experiences as Sutter and Aimee navigate through their senior year of high school. Some scenes really strike a chord with our collective shared past and a number of times I thought, "Wow, that was really accurate."

But alas, between the countless snapshots of drunk driving near-accidents and the lack of chemistry between two teens who claim to be in love, I wasn't entirely sold on the "spectacular" aspect.

Tech Column | Google Constitute

Google collects constitutions worldwide

Google's new site gives fledgling governments a resource to create their own constitutions

BY ANUJAN JEEVAPRAKASH
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On Monday Sept. 23, Google launched a new website called Constitute that was developed by the Comparative Constitutions Project (CCP).

The website's main premise is based on comparing the world's constitutions and it currently has digitized copies from 160 countries. Additionally, Constitute features over 350 themes and tagged topics to organize and make looking at specific parts of a constitution easier.

These themes range from political parties and the duties of a citizen, to religion and the role of the executive.

The idea behind the Constitute project was based on two needs: the desire for citizens to be able to learn about their constitutions and second, to make constitutions available in a comparative format to help countries that are creating new constitutions.

Google and the research techniques of the CCP have been able to digitalize copies of many constitutions for easy public access and comparisons.

It may seem like a niche audience, but as Google pointed out in a blog post accompanying the launch, every year approximately five new constitutions are written, and 20-30 are amended or revised. Also, Africa has the youngest set of constitutions, with 19 out of the 39 constitutions written since 2000. The audience may be small, but it is incredibly important.

With the newly launched website, the ease of access and comparison of constitutions should streamline the difficult process of creating the framework of a country's new democracy.

Family-Friendly Activities
Here are some events appropriate enough to bring your parents to during Family Weekend

1. A Capella concert
Five a capella groups are performing in a big concert at 8 p.m. Friday in Wait Chapel.

2. Reynolda Gardens
The weather forecast looks great so get some fresh air with a walk through the beautiful gardens.

3. Dixie Classic Fair
Perfect entertainment for young siblings, check out page 20 for a list of must-sees at the fair.

4. Football game
Take the time to actually make it into the stadium and cheer on the Deacs with your family.

5. Learn to golf
Make an appointment for golf lessons from the pros over at the Wake Forest Golf Academy on Friday or Saturday

Tweets from the Forest

@WFU_Pit "Wouldn't life be great if you only had to be someone's tenth choice? #homecomingvoting"

@OverheardWFU: "**you singing The Kiss by Faith Hill** It's the way you love me, it's a feeling like this! A centrifugal motion... #overheardatwfu"

@liltingbanshees "Because an epileptic's favorite pizza comes from Little Seizes"

Top Billboard Tracks

1. Wrecking Ball by Miley Cyrus
2. Roar by Katy Perry
3. Royals by Lorde
4. Wake Me Up by Avicii
5. Blurred Lines by Robin Thicke featuring T.I. and Pharrell
Benefits of the flu shot far outweigh risks

As flu season fast approaches, it's time to weigh the pros and cons of getting the popular vaccine

BY KENDALL HUENNEKENS
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If your mom is anything like mine, the first announcement of the availability of flu shots each fall means an immediate trip to the nearest CVS.

Joining the horde of other families in the pharmacy waiting room, my brother often complains that the hour we've been waiting, reading through Parenting magazine out of sheer boredom and misery, has been a waste of time. He says the developers of the vaccine have probably anticipated the wrong strain, and we'll all end up coming down with the flu anyway.

There's also my personal theory, that getting a virus injected into your body for "immunity" purposes sounds like one of the greatest conspiracy theories in medical history.

So what are the pros and cons of getting the flu shot? Is the trip to the doctor worth it, or are you better off just stocking up on apples and oranges for the winter and hoping for the best?

The U.S. Center for Disease Control and Prevention urges everyone above six months of age to receive the flu vaccine. It is designed to protect against the three most prevalent strains of the flu: H1N1, H3N2, and influenza B. Once estimated to be effective in 70 to 90 percent of cases, the statistic may be somewhat lower at 59 percent, largely due to the vaccine being strain specific and the difficulties of predicting the strain each year.

So what's the basis to the allegation that the vaccine can actually cause the flu? There isn't one. While the vaccine does contain the virus, it has been "killed," and is therefore rendered unable to cause the flu in the recipient. It is highly recommended to receive the flu vaccine before the holiday season, but as flu season can last as long as September to May, it can be procured at almost any time of the year.

While people with egg allergies have long shied away from getting the vaccine due to the presence of an egg protein in the formula, the American College of Allergy, Asthma, and Immunology has asserted that this is so minimal it will not cause an allergic reaction.

Finally, there have been no statistically significant studies showing a correlation between thimerosal in vaccines and the development of autism in children. Thimerosal-free vaccines are widely available, however, if this remains a legitimate concern.

Infants, elderly citizens and people with chronic medical conditions such as diabetes and asthma are the most at risk for developing and dying from the flu, and therefore the most strongly encouraged to obtain the vaccination.

In a 2011 report from the U.S. Center for Disease Control, less than 25 percent of the children who died from the influenza virus the previous year had received the vaccination. Approximately 200,000 hospitalizations and 49,000 deaths are caused by the virus annually in the United States.

The swine flu, or H1N1 virus, originated in Mexico in 2009 and is estimated to have been the cause of death for 300,000 people worldwide. Over half of those deaths occurred in Southeast Asia and Africa — areas that, for the most part, do not have access to flu vaccinations.

The fact that so many deaths occur each year at the hands of an easily preventable virus is unacceptable and incredibly tragic.

The most common concern associated with the influenza vaccine is that it is not 100 percent effective. There remains up to a 20 percent chance of developing the flu post-vaccination, caused by an unexpected strain of the virus that emerges after that year's shot is processed and distributed.

Potentially avoiding hospitalization and, in extreme cases, death, however more than makes up for the boring wait in the CVS lobby. The pros of getting the immunization far outweigh the cons. For the sake of your fellow classmates and teachers, I implore everyone to get a flu shot as soon as they become available in order to ensure a happy and healthy holiday season and school year.
Fashion Column | Fall Trends

Fall fashion trends warm up as temperature cools down

Sweaters, scarves and loafers are all popular transition pieces for fall

BY AMANDA ULRICH
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As the summer gradually draws to an end, it seems that the Wake Forest campus becomes instantly obsessed with everything related to fall. The student body drinks pumpkin spice lattes at astounding rates, discusses how much they love the slightly colder weather and most noticeably, embraces new fall fashions. It is not uncommon to overhear your classmates or friends declare their desire to wear sweaters and leggings every day of the week, and Frye boots become commonplace among the general population of collegiate girls. However, at Wake there is more depth to fall fashion than first meets the eye. After taking note from the fashion-forward women of this campus, there are several noticeable trends to look out for this season that are also easy to incorporate into your daily wardrobe. While the concept of wearing a slouchy sweater is definitely not novel, the ways in which to wear one definitely can be. One unique way to dress up a casual, oversized sweater is to wear it over a dress or paired with a skirt. The overall look has an understated feel to it.

Scarfes function in a similar way to slouchy sweaters — they can add style to an otherwise plain outfit but feel cozy and effortless at the same time. By adding a scarf to your outfit you can revamp your look quickly and easily.

Fall is also a great time to wear bold prints. Don't be afraid to break out your patterned jeans or tops in autumn colors like burnt orange, dark red or moss green. If you're concerned that a piece of clothing you have has a print that is a little too daring, add a denim or leather jacket to the outfit to create a little more subtlety.

Another side of fall fashion that is worth mentioning has to do with accessories. The typical backpack of a college student is nondescript, but it doesn't have to be. Carrying your books or laptop in a leather messenger bag or shoulder bag can help your outfit look more polished and put together.

Another popular accessory this fall is the classic loafer shoe. Loafers have a preppy look and can be paired with almost any piece of clothing, from simple pants to dresses. Loafers are especially versatile because of the range of colors and prints they come in, including everything from animal print to bold hues. Don't throw out your summer staples just yet. Use these key pieces to help transition your wardrobe into the fall season. With the weather being so unpredictable here, it helps to add a few items for warmth.

BY AMANDA ULRICH
Staff Writer
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Alex Stanley ('15)
"The things I wear tend to be more laid-back and relaxed, which is why I like wrap sweaters for the fall because they're so easy to wear."

Kelly Flanigan ('14)
"My taste is clothing is simple; I like to wear warm colors and prints with pieces that are preppy but in a classic way."

Advertisements
Top 10 Things to Do at the Dixie Classic Fair

BY MOLLY DUTMERS
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Every year university students and North Carolina residents flock to the Dixie Classic Fair, the second largest fair in North Carolina. Here people of all ages get their fix of everything fried, carnival games, rides and much more. This year the 131st Dixie Classic Fair runs from Oct. 3-14 and over 350,000 people are expected to be in attendance. Here is a list of 10 activities you cannot miss at this year's Dixie Classic:

1. Visit the James E. Strate's Shows Midway

No trip to the fair is complete without playing a couple carnival games and then going for a ride on the Ferris wheel or the tilt-a-whirl. Be sure to dedicate an hour or two of your time at the Dixie Classic to walking through the midway. Tickets for rides are $0.50 each and most rides require six to eight tickets.

2. Satisfy your sweet tooth with a doughnut from The Amish Baking Company

Every other doughnut pales in comparison to these delicious treats. These doughnuts are made entirely from scratch, fried on the spot and then glazed to sugary perfection. If you only eat one thing at the carnival this year, eat a warm, gooey, melt-in-your-mouth Amish Baking Co. doughnut.

3. Take in a pig race

Do you think that "Kevin Bacon" is faster than "Jon Hamm?" Find out at the pig race. Watch these adorable piglets, with celebrity and pork inspired names, race around a track for an Oreo cookie. There are five pig races every day at the fair, so try to catch at least one. Get to these races early to get a good view of the piggies chasing a cookie.

4. Try a unique fried food

How does fried Kool-Aid sound? A fried Reese's Cup? A fried Milky Way? Fried alligator? You name it, the Dixie Classic Fair probably has a fried version of it. Forget about your health and dig into some fried food. Everyone always says, "calories do not count at the fair."

5. Take in a blast from the past

Take a step back in time at Yesterday Village. This portion of the fairgrounds consists of 19 log cabins that were built in the 1800s. Yesterday Village features a live blacksmith demonstration, a demonstration of someone creating beautiful rugs on a loom and a glass blowing demonstration. After taking in these demonstrations, head to the cabin that offers a tasting of North Carolina wines.

6. Watch one of the nightly fireworks display

Evening is one of the most exciting times to visit the fair. The perfect way to cap off a night of games, fried food and fun exhibitions is to take in the fireworks display which occur at 9:45 p.m. every night.

7. Throw caution to the wind and try a Krispy Kreme Burger

Forget about your healthy diet and try a burger that is not placed between a hamburger bun, but two Krispy Kreme doughnuts. Yes, I said two Krispy Kreme doughnuts. These burgers come with everything a normal burger does, including lettuce, tomato, onion and condiments. Most people pull the lettuce and tomato off and then enjoy the salty/sweet flavor of the Krispy Kreme burger.

8. Watch a demolition derby

A demolition derby is a must-see at any fair. What can be more fun than watching reckless drivers strategically crash their cars into one another until one car remains intact? Trust me, this is a favorite of any fair attendee. This year's demolition derbies will be held at 7:30 p.m. on Friday Oct. 4 and Thursday Oct. 10 at the Grandstand.

9. Check out the competitors in the livestock competitions

Even if you have no interest in 4-H or livestock, walk by the grounds where all of these animals are kept. The sheer number of animals at the fair will amaze you and the process that goes into showing these animals to judges at the fair will definitely surprise you. Walk through the barn to see more chickens than you ever imagined could be in one place or watch a student showcase their animal to win scholarship money. It's shockingly entertaining.

10. Watch logs be transformed into artistic masterpieces

Head to Jerry Ward's, chainsaw artist extraordinaire, display in Yesterday Village to watch him turn blocks of wood or logs into pieces of art. Watching this artist at work is captivating. He displays his talent daily but his work is always on display in Yesterday Village.