Deacons shock Devils in final home game

On March 5, the men’s basketball team completed its sweep of the Tobacco Road with a win over Duke

By Emma Lingan & Mike McLoughlin
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It was the best five-minute stretch of basketball the Deacs had played under Jeff Bzdelik. Duke was winning 66-59 with just over five minutes left when the Deacs went on a devastating 17-0 run. The Blue Devils did not score again until there was less than a minute left. By that time, the game’s outcome was no longer in doubt.

The same team that lost to a bottom-dwelling Boston College squad on March 1 used a second half offensive surge to overtake the Blue Devils.

Wake Forest was led by senior Travis McKie who added 19 points and sophomore backup Tyler Cavanaugh who had a career night with 20 points and six rebounds. Cavanaugh was nearly unstoppable in the game’s final five minutes, scoring eight points along with two rebounds.

“My teammates got me the ball in good places to score. When we’re flowing like that, everyone, you can’t guard all of us, so you’ve just got to take advantage and stay together and just keep working,” said Cavanaugh.

The Deacs took a 67-66 lead with 3.5 minutes left when Cavanaugh aggressively attacked Rodney Hood off the dribble, finishing with a left-handed jumper. Cavanaugh, having one of his best nights as a Demon Deacon, knew this game had a deeper meaning because of senior night.

“It just feels great to win. I’m glad I was able to help my team in the ways I could, but this one means a lot,” Cavanaugh said.

“Be able to do it for Travis and Coron means a lot.”

Wake Forest never trailed again, punctuating their offensive onslaught with a Coron Williams layup goaltended by Jabari Parker, giving the Deacs a 76-66 lead with a minute left.

The game was an emotional rollercoaster, even forcing Coach K to kneel in a late timeout due to dizziness, according to Duke associate head coach Steve Wojciechowski. Coach K also refused to appear in front of the media after the game as well.

Despite having to comeback in the second half, Wake Forest led for the majority of the first half. They only trailed for a total of three minutes.

See Basketball, Page 13

Study debunks predictive value of SAT

Weeks after a study concluded that the SAT is not an accurate indicator of student success, the College Board announced major reforms to the exam

By Ian Rutledge
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The freshman class that entered Wake Forest in 2009 was part of an experiment, the likes of which had never been tried at a university ranked in the top 50 of U.S. News & World Report’s rankings of national universities.

This experiment was to change the admissions process to one that is “test-optional,” where applicants are not required to submit SAT or ACT scores when applying to Wake Forest.

Now it appears as if this switch was the right decision.

A study, authored by William Hiss, a former dean of admissions and current professor at Bates College, published earlier this February concluded that only “trivial differences” were found when comparing the success of students who submitted their standardized test scores and those who did not submit scores.

The study examined the cumulative GPAs and graduation rates at 33 test-optimal private and public universities, including Wake Forest.

The study found that there were “few significant differences” between the cumulative GPAs and graduation rates of those who submitted their standardized test scores and those who did not.

Furthermore, the study found that the switch to a test-optimal admissions policy led to a growth in the diversity of the types of the students that applied to the universities. The results showed that “non-submitters are more likely to be first-generation-to-college students, minorities, Pell Grant recipients, women and students with learning differences.”

In an interview with National Public Radio, Hiss said, “My hope is that this study will be a first step in examining what happens when you admit tens of thousands of students without looking at their SAT scores. And the answer is, if they have good high school grades, they’re almost certainly going to be fine.”

The study showed that only 0.05 percent of a GPA point
The new SAT policy is more beneficial to students

All university students can recall taking standardized tests and the stress and pressure that came with them. There has been much debate about the efficacy of these tests, particularly the SAT. Increasingly, reputable universities, including Wake Forest, have switched to test-optional admissions policies. Following a changing national discourse on standardized tests, David Coleman, president of the College Board, announced on March 5 that major changes would come to the SAT.

New policies include a more practical vocabulary section, a focus on providing evidence, and a streamlined math section. The editorial staff applauds the College Board's admission that the current format of the SAT is outdated.

The study also found that standardized tests are poor predictors of academic standing in university. Additionally, Coleman has announced programs to assist students from a low-income background, allowing them to apply to four colleges at no additional charge.

These policies will no doubt help in increasing diversity of ethnicity, class and most importantly, intellectual thought on campuses nationwide. Moreover, students from disparate socioeconomic backgrounds will be given greater opportunities to penetrate the campus.

These changes come in the wake of a study by the National Association for College Admission Counseling that suggested that there is no substantial differences in long-term success based on the submission of standardized tests. The study also found that standardized tests are poor predictors of academic success in university.

Finally, optional testing policies increased number of first generation students and applicants from various socioeconomic backgrounds. This new revelation highlights an important doctrine of scholarship, which is that it is difficult to categorize and to quantify the wide range of individual intelligence. Individuals are far too varied in opinions, learning styles, test-taking styles and the ways in which they respond to pressure to be standardized in any academic manner.

As college students or potential college students, especially, we are still learning how best we can approach any kind of test. The very nature of the liberal arts education we receive on this campus contradicts the idea that there is a set way to learn or a set way to demonstrate how we have learned academic material.

Moreover, the SAT notoriously pressures students into trying to measure up to an arbitrarily determined level of competence. Holding students accountable to such a standard is unfair considering that subjects like math, English and writing are not taught in a uniform manner across the country.

This new SAT policy may mark the acknowledgement of a generation of intellectuals that can't be compartmentalized by merely numbers.
Deacon Profile: Carole Browne

BY KEVIN CLOSS

Carole Browne is a professor of biology who has been teaching at the university with a focus on cell biology since 1980. She received her bachelor’s degree from the University of Hartford in 1972 and earned her Ph.D. from Syracuse University in 1977. Browne also serves as the Pre-Allied Health Advisor, offering counseling to students interested in scientific careers other than veterinary science and medicine.

How do you classify the kind of research and work that you do?

I describe myself as a cell biologist and all of the research that I have done over the years, which has been evolving, has been involved with mechanisms of regulation in cells.

When did you know you wanted to be a biologist?

High school. I always loved biology, but I never intended to be a teacher because I had public speaking-phobia when I was young.

I was just going to go to graduate school and study until they threw me out. But when I got to graduate school, I went to a large university in Syracuse, N.Y., where graduate students were required to teach Introductory Biology to undergraduate students. So I got thrown into a classroom and it turned out that I loved it.

That changed my conception and gave me a direction in which to go. As a graduate student you conduct research and, if you’re attending a major institution, do a post-doctoral fellowship to hone your research skills.

But I learned along the way that I love to teach so I was looking for some institution where I could do both.

What is the research that you have conducted that you are most proud of?

I would say some experiments where we were looking at regulation of the initiation of mitosis in cells by calcium.

So we were using a calcium-sensitive dye to look at calcium levels in the cell as it corresponded to the breakdown of the nuclear membrane prior to the initiation of mitosis.

The dyes that we were using to detect calcium levels were relatively new so it was an innovative type of research at that time, though now it is very common. The results we found were significant so I think I enjoyed that the most.

What are you currently researching?

I am working with Gloria Munday (professor of biology) on a project. She studies auxin, which is a hormone that affects plant growth. And there is a mutant form of the plant called Arabidopsis, which has amongst other abnormalities, stunted root growth.

She has worked with an auxin transport protein and was interested in whether or not the auxin transport protein might be correlated with this phenotype. So she had a graduate student who looked at the distribution of the auxin transport protein by having a fluorescent dye attached to it and seeing where it was localized by using a microscope.

He saw that it was not in all the membranes, where it should be localized. It was in the vesicles of the cell and what I had been doing was trying to identify those vesicles.

I have a lot of markers for different types of vesicles in the cell which are called endosomal vesicles.

Each of those markers is labeled with a different fluorescent dye so I can look at the vesicle and the transport protein to see if they are together to find out what kind of vesicles are the transport proteins getting stuck in.

By doing that, we are going to be able to better understand the mechanisms by which the protein is transported to the right membrane.

Do you conduct your research with students?

I have always worked with students in the lab, though I am not doing as much research now as I used to do.

During the summer we usually have one or two students and during the year I try to have a student work with me. The student and I do the research together. I don’t just send them on some project.

What classes are you teaching?

I am teaching two sections of Biology Ethics, and one of the sections is the first Semester Online course.

Wake Forest has joined an association of schools including Dartmouth College, Emory University, Vanderbilt University and Northwestern University, there are eight of them in total, that are offering online courses to each other’s students. I was the first professor to be called on to do this, where I am teaching a blended course.

We use the online materials, but instead of meeting me online for eighty minutes, we meet in person in the classroom.

Do you prefer doing research in the lab or working with students in the classroom?

I am more of a teacher and I think one of the things that is the most fun for me is that I teach a course for non-biology major students.

These students are taking biology because it is a divisional requirement. A lot of them think that they can’t do science or don’t want to do science and it is really a challenge for me to get them interested. But it is very rewarding when they become interested in science.

I know that they are now interested because some have sent me articles about what we covered after they have taken the course.

To know that I actually got them interested and that they are reading about science outside the classroom because of their experience is rewarding.

I love when students get excited about learning.

And science is wonderful for that because you can tell them things they really have never heard before.

In cell biology, there are things we didn’t know two years ago or even a year ago — the field is changing so rapidly. I get to actually tell students things that are completely novel to them and get them to appreciate that what we understand about the cell is also fun.

POLICE BEAT

Larceny

• An unknown subject removed $106 from an unsecured wallet at the gym. The report was filed at 9:23 p.m. on Feb. 24.
• An unknown subject removed unsecured clothing from the laundry room in Davis. The report was filed at 4:37 p.m. on Feb. 25.
• An unknown subject forcibly removed several signs from different areas of ZSR. The report was filed at 9:18 a.m. on Feb. 28.

Underage Consumption

• A subject was charged with underage consumption of an alcoholic beverage at Ziggy’s. The report was filed at 10:04 p.m. on Feb. 20.
• A subject was charged with attempting to purchase an alcoholic beverage while under 21 with a fraudulent ID at The Last Resort. The report was filed at 12:15 a.m. on Feb. 21.
• A subject was charged with underage possession of alcohol at The Last Resort. The report was filed at 12:45 a.m. on Feb. 21.
• Approximately 30 students were charged with underage consumption after WSFD responded to a call in reference to a large party on Polo Road. The report was filed at 1:53 a.m. on March 1.
• A subject was charged with underage consumption after being found sleeping in a bathroom in Bostwick. The report was filed at 2:18 a.m. on March 2.

Miscellaneous

• An unknown subject damaged the side mirror of a car in Lot N. The report was filed at 5:04 p.m. on Feb. 24.
• A subject was charged with credit card fraud after using a missing debit card to make an online purchase. The report was filed at 11:32 p.m. on Feb. 28.
• An unknown subject forcibly removed several signs from the library. The report was filed at 9:15 a.m. on Feb. 28.
• An unknown subject broke two wooden benches and pulled down a poster in front of Tribble. The report was filed at 12:49 p.m. on March 2.
Wake Debate aims to make history at nationals

The team is hoping to send teams to the national tournament for the third year

BY FLETCHER LAICO
Staff Writer
laico12@wfu.edu

From March 26 to April 1, Wake Debate will compete in the National Debate Tournament (NDT), popularly known as "nationals."

This year, Wake Debate hopes to send three of its teams to nationals, which will be hosted at Indiana University Bloomington. Two of Wake Debate's teams have already qualified, and Jarrod Archison, director of Wake Debate, is confident that the third will also qualify despite the caliber of the teams that compete at nationals annually. "Harvard, Stanford, you name it — all the premier academic institutions across the country," Archison said. "There are 78 teams that compete at nationals and about 300 teams are attempting to qualify." Throughout nationals, the same resolution will be debated — whether or not the United States federal government should substantially increase statutory and/or judicial restrictions on the war powers authority of the president of the United States in various situations.

Each year, a new resolution is announced in July and debated nationwide throughout the season. For Wake Debate, therefore, nationals is the culmination of innumerable hours spent researching, practicing and debating this resolution since July. Archison recalls one study that estimates that "the top debaters do the equivalent of a master's thesis through debate in the course of a year."

Junior Lee Quinn, a member of Wake Debate who competed at nationals in 2013 and will again this year, said the time commitment is intense. "For the NDT alone, I'm going to put easily 100 hours into the tournament," said Quinn. This year marks Wake Forest's third consecutive appearance at nationals. Last year, all three of Wake Debate's teams made the Sweet 16, and one advanced to the Elite Eight. This year's debaters expect improvement upon last year's results. "I'm confident at least two of our teams will be in the Sweet 16 at least, and I think at least one will make the Final Four," said senior Erica Duff, a member of the third team still hoping to qualify. Archison is equally optimistic about the team's prospects. "Our goal every year is to win," he said. "We think we have a team in the top 10, based on the most recent coaches' poll." Some of the squad's confidence stems from its diversity, which makes the squad formidable.

Subsequently, Wake Debate has a wide variety of perspectives to present each round. "I usually take a more feministic view point. We each have an individual style," Duff said. Quinn agrees. "None of our top three teams are reading similar arguments, so preparing for nationals is three times the workload for other teams," she said.

Wake Debate's depth is another of its strengths, as the squad is bigger than ever. Each debate team consists of two debaters, and Wake Debate currently boasts sixteen teams.

Still, the group has a difficult road ahead. One adjective that Archison, Quinn and Duff all used to describe nationals? "Unpredictable."

Duff, who will make her first appearance at nationals this year, admits she is a bit nervous. "Especially at the national tournament in the later rounds, everyone has a bunch of new arguments, so there's an even higher risk that someone will bring an argument you didn't predict," said Quinn. With no time-outs in debate, an unexpected argument can be fatal for any debate squad.

Despite the uncertainty, the Wake Debate squad is experienced and feels primed to succeed at nationals. "Every year I've been here we've gotten better," Quinn said. "I think we'll make an improvement from last year."

State issues citations to Duke Energy after coal ash spill

After weeks of down-playing the severity of the spill, state regulators are cracking down on Duke Energy with financial penalties

BY RACHEL WALLEN
Asst. News Editor
wallns2@wfu.edu

In the wake of the toxic coal ash spill into the Dan River last month, authorities in North Carolina have issued environmental standard citations to Duke Energy, whose pipeline was responsible for the spill.

The North Carolina Department of Environment and Natural Resources determined that Duke Energy had violated wastewater and storm water regulations, and will announce the amount of the fines at the end of the investigation. They could face fines of up to $25,000 per day of the infraction.

Duke Energy has taken full responsibility for the spill and has stated that they are re-evaluating the management of other ash basins in light of this event. On Monday, March 3, however, five more citations were issued to Duke Energy after reviews of their other power plants. Regulators have stated that the proper permits for storm water discharges were not obtained at these locations either.

Many were alarmed that the pipe was able to leak for so long. There was no announcement that the 48-inch pipe was sealed until six days after the original leakage was detected.

Since then, efforts have been made by others in the community to help clean up the river.

A team of researchers at Wake Forest, led by biology professor Miles Silman, has created a 3D model using aerial images that measure exactly how much of the water is contaminated. It begins at the location of the pipe that caused the spill and compares images of the river before the spill, creating videos that show how the ash would have spread.

They estimated that 16-20 million gallons of ash were released during the initial spill, and up to 15 million gallons in the days following.

Additionally, arsenic was detected in the water which state officials determined to be highly unsafe. Residents were advised not to enter the river or fish from it.

Representatives from the Dan River Basin Association and other environmental groups visited Wake Forest on Friday, Feb. 28, to share stories about the spill and raise awareness on campus about other environmental issues.

They explained the effect that this spill would have along the river and promoted opportunities for students to get involved in cleanup efforts.

Wake Forest students have been tracking the progress of this spill, since the campus is downstream from the plant, and has served as a location for social events many times in the past.

"What took them so long to end the spill in the first place? That should have been a priority from the get go," sophomore Marissa Mannikus said.

"I'd say they deserve a large punishment. That kind of negligence is inexcusable," said sophomore Nick Reynolds.

"There should be some sort of reform within the industry as a whole to protect water sources, wildlife and human health as well."

Wake Debate's top three teams are hoping that for a historic third year, all three will be admitted to the national tournament at Indiana University.

Wake Debate aims to make history at nationals

By Fletcher Laico
Staff Writer
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After weeks of down-playing the severity of the spill, state regulators are cracking down on Duke Energy with financial penalties

By Rachel Wallen
Asst. News Editor
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SAT: Study re-affirms test-optional admissions policy

Continued from Page 1

separated the average college GPA of students who submitted their scores to admissions offices and those who did not. "We felt that this was a way that we could really broaden our applicant pool to attract more socioeconomic and racial diversity and also look at students who perhaps were star high school students — stars academically — but were not applying to Wake Forest because of our average SAT scores," Martha Allman, dean of admissions at Wake Forest, said in interview with Wake Forest News.

Allman also added that the study’s findings have come to the forefront of public discourse in conjunction with the announcement of sweeping changes to the format of the SAT, one of the two major standardized college admittance tests.

The reforms, announced March 5, will take away the guessing penalty, make the essay optional, return the scoring to a 1600 point scale and more narrowly focus the content in order to make it more relevant to material students will see in college.

David Coleman, president of the College Board which produces the SAT, harshly critiqued the current form of the SAT — and its main competitor, the ACT — when announcing the reforms. In an interview with The New York Times, he acknowledged that high school grades can serve as a better predictor of college success.

Students agree that the changes to the SAT are needed, yet they still favor the test-optional admissions policy.

"I think the changes to the SAT will help it more accurately reflect a student’s potential," freshman Ted Terpos said.

On March 5, the College Board announced fundamental changes to the SAT just days after a comprehensive study concluded that the test is not an accurate indicator of student success at college.

Allman agrees and stands by the transition to the test-optional admissions policy. She says she continues to believe that this is the best method of determining a student’s college-preparedness.

"Historically, SAT scores have been equated with intelligence," Allman said.

"Studies and studies are showing that that isn’t true. And here we have wonderful, empirical evidence that students at selective schools perform just as well without a standardized test as they do with the test."

University fends off flu while statewide cases rise

The university has had a record light flu season despite a higher-than-normal death toll in N.C.

BY EMMA LINGAN
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As the dreaded polar vortex continues to engulf the United States, Jack Frost has brought with him another uninvited guest: the flu.

The N.C. Department of Health and Human Services (DHHS) reports that the flu has hit North Carolina hard this season, leaving 81 dead in its wake. By comparison, 59 North Carolinians died in the 2012-13 flu season.

Given that DHHS has identified young adults as the most affected by the flu this year, particularly the H1N1 strain, one might assume that a college campus would see the worst of the virus’s devastating effects. Wake Forest, however, reporting one of its lightest flu seasons in recent history, appears to be the exception to the rule.

"We have had a very light flu season here on campus, unlike the general population in North Carolina," said Kathy Carstens, director of nursing at Student Health Services (SHS). "We are attributing this to the director of nursing at Student Health Services (SHS).

"But personally I am a huge fan of the test-optional admissions policy because I think it’s wrong to put too much stock in just one test."

Junior Maddie Brown thinks that the SAT is not an effective indicator of a student’s potential success. "Judging one’s academic potential by using a timed test does not provide an accurate representation of everything that individual has to offer."

"More schools should adopt Wake’s creative admissions approach by adopting a more personalized admissions policy."

Carstens said that the increased effort by SHS to vaccinate students this year was in response to low turnout for flu vaccines in the past.

"I believe many college students don’t get a flu shot for a host of reasons," Carstens said. "Many don’t feel that they are susceptible to the flu, or don’t feel they have the time to come in to get the vaccine."

Senior Fahim Gulamali, who missed a week of classes in February due to the flu, said he regrets not getting vaccinated.

"I did not get the flu shot this year just out of mere laziness," Gulamali said. "Because I have skipped a flu shot this year just out of mere laziness." Carstens said. "Because I have skipped a flu shot and avoided getting the flu before, I thought it could happen again.

According to Carstens, only 10 students have tested positive for the flu at SHS since August 2013. Carstens added that 182 SHS staff members were treated for "influenza-like illness" during this time, meaning the flu test was negative, but they had many of the same symptoms of the flu.

"We have given far more vaccines this year as compared to years past, and seen far fewer cases of flu," Carstens said.

The scarcity of the flu on Wake Forest’s campus is particularly anomalous given the prevalence of factors that typically facilitate the transmission of the disease.

"Many college students do not get the adequate sleep and nutrition they need to stay healthy," Carstens said.

"They also tend to live and congregate in large groups, therefore spreading the virus more readily."

Students are still advised to take precautions in shared living spaces during flu season. "I rarely get sick, and I definitely feel that living in such close quarters with students increases the chances of me contracting the flu," Gulamali said. "I also think it amplified the symptoms that I had."

Although the Center for Disease Control (CDC) reports that the typical flu season ends in March, Carstens noted that it is not too late to get vaccinated at the health center. "I am never skipping the flu shot," Gulamali said.
Administration growth mirrors national trend

The administration has grown more rapidly than enrollment, but new services it provides have altered the Wake Forest experience

BY AUSTIN COOK
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On college campuses throughout the U.S., the number and cost of administrative employees has skyrocketed in recent years, earning its own nickname in the education community: "administrative bloat."

A 2010 study conducted by the Goldwater Institute concluded that the numbers of full-time administrators per 100 students grew by a sizeable 39 percent between 1993 and 2007 among some of the nation's top universities.

And while that figure may not seem very dramatic, the catch is that the number of faculty grew only 18 percent during that same period, while enrollment rose just 15 percent.

"Unlike almost every other growing industry, higher education has not become more efficient," said Jay Greene, the 21st Century chair in education reform at the University of Arkansas, who wrote the executive summary of the institute's report.

The Goldwater Institute's study indicates that rising tuition costs are due, in large part, to the rapidly increasing number of administrators being hired.

According to the New England Center of Investigative Reporting and the American Institutes for Research (AIR) in an article published Feb. 6, 2014, universities and colleges have added over 517,000 administrative employees between 1987 and the 2011-12 academic year.

Administrative bloat has become an increasingly discussed issue in the media in recent years, as it seems to be impacting many public and private universities across the nation.

And as the evidence would suggest, for better or for worse, Wake Forest has been no exception to this trend.

"Our OPCD, there's been huge growth there," Provost Rogan Kersh said.

He clarified the dramatic change in ITS services. "When I was a sophomore we had four little macs - that was our computer lab. And now.

He noted that as recently as the '90's, Information Systems (or ITS) departments didn't really exist, whereas today, the university provides wireless internet access across the campus as well as laptop computers for all students, to say nothing of faculty and administrative technology needs.

"Wake Forest has grown in terms of its full-time staff at a significant rate over a 20-25 year period," Kersh said.

"A lot of that has to do with us becoming a national university.

"We've gone from a kind of category where we didn't need as much in terms of helping faculty get grants or, say, compliance with the federal government in the kind of research work we do."

"We've been able to hire a lot more people to help us with our needs.

"Now we have more than one hundred — there weren't four little macs — that was our computer lab. And now everyone has a laptop and there are enormous computing needs."

Kersh also said that the development of study abroad programs, the Office of Personal and Career Development (OPCD) and the university's counseling services have all needed to expand and hire new staff as a result of changing circumstances.

"Our OPCD, there's been huge growth there," Kersh said.

"But what doesn't show up in the numbers is that Andy Chan, with the university, raises money to pay probably somewhere between two-thirds and three-quarters of the salaries of those. Although they're new staff, they're entirely paid for by the organization itself."

While the university's staff and administrative growth has undoubtedly been the driving force behind rising tuition costs, Kersh says that the university has been very frugal with spending funds for new hires.

He noted that the university's staff growth in recent years has been minimal, with Wake Forest adding 27 new staff members, or approximately 1.7 percent, between last year and now.

"Yes we've grown, undeniably and indisputably, significantly due to national trends," Kersh said. "All that said, we have to concentrate our resources as much as we can."

These reports show that the number of total administrators grew 112 percent between 1998 and 2011 — from 425 to 902 individuals. Meanwhile, the number of faculty grew just 18 percent during that same period, from 436 to 516 people.

The number of administrators defined as "executives" who play a managerial role in the university's operations exploded, rising 300 percent from 56 to 224 people.

As of 2011, the university employs over 900 individuals whose positions are defined as "administrators."

But upon further examination, the numbers show a less clear ruling on whether this administrative growth has been the direct cause of rising tuition, and furthermore even if that growth has had a negative impact on the campus.

Provost Rogan Kersh pointed out that technological developments and growth have created a need for the expansion of a variety of departments.

He noted that as recently as the 1990's, Information Systems (or ITS) departments didn't really exist, whereas today, the university provides wireless internet access across the campus as well as laptop computers for all students, to say nothing of faculty and administrative technology needs.

"Wake Forest has grown in terms of its full-time staff at a significant rate over a 20-25 year period," Kersh said.

A lot of that has to do with us becoming a national university.

We've gone from a kind of category where we didn't need as much in terms of helping faculty get grants or, say, compliance with the federal government in the kind of research work we do."

"We've been able to hire a lot more people to help us with our needs."

"Now we have more than one hundred — there weren't four little macs — that was our computer lab. And now everyone has a laptop and there are enormous computing needs."

Kersh also said that the development of study abroad programs, the Office of Personal and Career Development (OPCD) and the university's counseling services have all needed to expand and hire new staff as a result of changing circumstances.

"Our OPCD, there's been huge growth there," Kersh said.

"But what doesn't show up in the numbers is that Andy Chan, with the university, raises money to pay probably somewhere between two-thirds and three-quarters of the salaries of those. Although they're new staff, they're entirely paid for by the organization itself."

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Correction: "Joined for Jimmy" story in Feb. 27 Old Gold & Black issue

On page 6 of last week's issue of the Old Gold & Black, a story headline read, "Students rally support for cancer-stricken sophomore."

Jimmy Bernet, the student featured in the story, is a freshman, not a sophomore. We apologize for the error.
**Letter to the Editor | Controversial Advertisement**

**Playboy ad sends inappropriate message**

Publishing sexually explicit ads contradicts the values that the university embraces.

I was not aware that Playboy was looking for me. Thanks to the Feb. 28 "controversial," I now know. Last week, an advertisement by Playboy dominated a full quarter of a page, with a photo of a smiling and crawling woman, and a call for photo submissions to become part of the "Girls of the ACC" pictorial.

"This is the chance of a lifetime," I thought. Having missed out on the 50th Anniversary of Playboy when I was the tender age of 12, I was so excited that I am finally of a legal age to participate in this exciting event!

"I have a pretty good chance," I thought. "I could definitely stand out. All these women look exactly the same!" Also, I have a great smile. And none of these women seem to know how to do that.

I checked out the casting call. "Sexy girls — 18 years of age or older — including college students, busy babes, hot housewives, and natural beauties." I kept reading: "Once you've changed into your lingerie/bikini you will have a casual interview during which photos and video will be taken of you."

Please be aware that this audition is for Playboy and a certain level of nudity is expected. The casting call went on to say that submitted photos will not be returned.

Wait, an advertisement in a university student newspaper was asking for women to pose nude for a magazine and send in un-returnable photos, with the promise of their becoming "campus legends"?

And this newspaper was published on the final day of "Tie a Yellow Ribbon" week and "National Eating Disorder Awareness" week, two weeks with a large focus on empowering women (and men) as people in our society.

Something's not matching up here. What is done is done.

The advertisement has already been published, printed and distributed. I do not know who has a say in what advertisements are published in the OGB, nor do I know how much money Playboy offered the OGB to print their advertisement.

Respectfully,

Celia Quillian

Theatre and Communication ('14)

Editor's note: The staff of the Old Gold & Black considered the ad and felt that it could not be rejected under our ad policy.

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**Rashional Though | Ukraine and Russia**

**Powerful countries should unite to isolate Russia**

It's not too long to find out what Vladimir Putin thought of President Obama's warning that there would be "consequences" for Russia's military occupation of parts of Ukraine. In response to Russian-Ukrainian civilian tension in Crimea, several days ago, the President of Russia received unanimous Parliamentary approval to send Russian military forces into the former Soviet territory. The Russian government claims these "peacekeeping troops" were inserted to protect the ethnically Russian population in Crimea, the geographically critical peninsula bordering the Black Sea. Of course, it is never prudent to accept any rhetoric coming from the Kremlin.

It is no secret that Russia has not recognized the independence of Ukraine since the collapse of the Soviet Union in 1991. Putin even admitted this during a phone call with President George Bush in 2008. The Ukraine occupation is a strategy straight from the Russian foreign policy playbook; intimidate the government; provoke a domestic conflict; send in "peacekeepers."

It is my opinion that Playboy portrays women not as sexual humans but as sexualized idealizations.

The first step to protecting a free Ukraine is a cooperative effort on behalf of the international community.

I write you, today, however, to ask that in future publications, the integrity of the Old Gold & Black and its respect for the individual members of the student body be preserved. Even if it means losing some advertising money. It is my opinion that Playboy portrays women not as sexual humans, but as sexualized idealizations and objects.

For this reason, their casting call does not belong in a newspaper published on a campus filled with intelligent, funny, charming, kind, powerful and uniquely beautiful women.

Respectfully,

Celia Quillian

Theatre and Communication ('14)

Editor's note: The staff of the Old Gold & Black considered the ad and felt that it could not be rejected under our ad policy.

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**International forces must team up to confront Putin's stance against Ukraine**

It is clear that Putin sees keeping Ukraine under Russia's sphere of influence as a top priority. He is apparently willing to sacrifice Russia's image — one that he spent around sixty billion dollars to construct in Sochi.

More importantly, Putin has placed the Western world in a difficult position, and he knows it. As demonstrated on multiple occasions, Putin is a talented and calculated leader, specifically in assessing the strength and weakness of an opponent. Within hours of a White House press conference warning Russia not to invade Ukraine, Putin received authorization from Parliament and immediately issued military mobilization.

Based on the swiftness of this response, it is safe to say Putin has assessed the United States' position as weak. This leads us to an important question: what can the international community do to deter further Russian aggression and encourage a peaceful withdrawal from Ukraine? The answer is, frankly, not much. Stern speeches and intimidating military demonstrations will not be enough to make Putin reconsider Russia's contentious policies.

Moreover, he is counting on U.S. reluctance to use military force (and rightly so). Obama faces a similar problem as Bush did in the Georgia crisis of 2008. Sending in troops to support the Ukrainian government is essentially not an option at this point, much to the chagrin of conservative war hawks and liberal interventionists. And Putin knows that any threats made by Obama are almost always meaningless.

If the Syrian government could employ chemical weapons against its own people, blatantly crossing Obama's "red line," Putin must figure that Russian occupation of Crimea will go militarily unopposed, Putin also knows that the U.S. must tread carefully in its discussions with Russia. "Hardball diplomacy" may jeopardize Russian cooperation in negotiations with Iran and Syria.

Many typical international responses to conflicts like this will not be useful in this case. Russia is too resourceful for economic sanctions to be effective in the short-term, and Ukraine is not in a position for an extended crisis. Any measures attempted in the U.N. Security Council would also be futile, as Russia would surely veto any resolutions labeling their occupation a violation of state sovereignty. However, there are some potential strategies being considered that would combat Putin's belligerency.

Some experts believe banking sanctions similar to those placed on Iran would be the most effective economic response, though many European countries are unwilling to risk billions of dollars in such a move. The other seven members of the G8 could refuse to attend the upcoming summit in Sochi, sending a strong message to Russian diplomats. Ultimately, the first step to protecting a free Ukraine is a cooperative effort on behalf of the international community.

Despite the lack of promising options, the Western world must collectively voice its support for Ukraine's new democratic government in Kiev. Putin knows the possible costs of such a gamble in the Ukraine, but he is taking the risk because he perceives the U.S. and the rest of the world to be inept and indecisive. It is only when Russia has been isolated through a collaborative effort will Putin reconsider his Ukrainian project.
For the United States to finally stand up to the Crimean peninsula in Ukraine, it's time Russia provoking the international community is entirely incorrect. With never actually ending, and you wouldn't be tolerated unprovoked aggression will effectively, considering Russia is a permanent member of the Security Council and thus has veto power, the United States can use other diplomatic channels.

For example, the U.S. should pull out of preparatory talks for the G8 summit, which is scheduled to be held in Sochi this year. The United States can also try to get other Western democracies, such as France and Germany, to either suspend or even expel Russia from the group.

Expulsion would be a harsh punishment for Russia considering the G8 is often used to come up with economic agreements. Leaving Russia out could have dire consequences on an already struggling Russian economy. More importantly, the U.S. can join with NATO to give membership to former Soviet satellites such as the Republic of Georgia.

This would allow NATO to provide defending capabilities to Georgia in case of a Russian invasion, which recently happened in 2008.

Bringing more former Soviet satellites into NATO would further isolate Russia and prevent them from interfering in the affairs of other nations in the region.

While there are relatively few options for the U.S., it is important to note that the conflict is indeed a complex one. While Russia probably would like to take the Ukraine back, the conflict isn't just about Russia vs. Ukraine.

The Russian government wants to protect its interests in the eastern part of Ukraine. Ukraine is a multi-ethnic country with the eastern part being primarily Russian speaking, while the west is primarily Ukrainian. The stark divisions can be seen if one looks at a map of the 2010 Presidential election in Ukraine.

In that election, Pro-Russian candidate Viktor Yanukovych won by big margins in the east, while the pro-western Prime Minister Yulia Tymoshenko won the western regions.

With that in mind, it is easy to see how Putin sees his country's military might. His invasion of Georgia in 2008 was a similar attempt to exert Russia's strength on a neighboring country to show the world his country's military might.

As president (virtually for the last 14 years, although technically with a 4-year break between 2008 and 2012), the former KGB agent has snuffed out any hope for a democratic Russia in the years immediately following the collapse of the Soviet Union. He has eliminated any chance of a free press, thrown groups like Pussy Riot in prison for speaking out against the government and more recently, cracked down on the

Vladimir Putin. For years now, Putin has stirred up controversy and conflict between Russia and the U.S. simply for the sake of showing that he could.

He has continually tried to embarrass President Obama and the U.S. most notably by giving Edward Snowden asylum after he fled the country in the wake of his revelations of government surveillance.

Putin is, quite simply, a corrupt tyrant and a thug. His invasion of Georgia in 2008 was a similar attempt to exert Russia's strength on a neighboring country to show the world his country's military might.

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U.S. must show Russia that its unprovoked aggression will not be tolerated

If you've watched the news at all over the last week, you may feel like the Cold War never actually ended, and you wouldn't be entirely incorrect in that sentiment. With Russia provoking the international community (once again) with its invasion of the Crimean peninsula in Ukraine, it's time for the United States to finally stand up to Putin.

Putin has himself to be very determined to ensure that his sphere of influence is not reduced.

Putin is also trying to prove that he can do what he wants without being punished for it. The international community has to show him that he cannot.

There are steps that President Obama can take right now to show the U.S.'s commitment to the freedom of the Ukrainian people and our intolerance for Putin's war games.

The United States should, along with its allies, decline participation in the G8 Summit this summer in Sochi in addition to punishing Russia's aggression with international economic sanctions.

The president could also order ships into the Black Sea to signal that the country is ready to use military force to protect Ukraine if necessary.

These steps, among others, would send a message to Putin and show that we will no longer allow him to bully other countries into doing what he wants. It's time to finally stand up to this dictator and show our support for Ukraine and its quest for democracy.

By the Numbers | Economic and Military Comparison of Russia and Ukraine

As of March 4, 2014...

...Russia's GDP is $2.2 trillion, while Ukraine's is $182 billion

...Russia experienced a 1.48 percent growth in GDP in 2013, while Ukraine experienced a 0.4 percent growth

...Russia's offshore debt is 12 percent of its GDP, while Ukraine's is 9 percent of its GDP

...Russia has spent $90.7 billion in military expenditures, while Ukraine has spent $4.8 billion

...Russia has 352 naval vessels, while Ukraine has 25

...Russia has 80 billion barrels in oil reserves, while Ukraine's number is "negligible"

Putin has shown himself to be very determined to ensure that his sphere of influence is not reduced.

Because of this, the majority ethnic Russian population in the Crimean region has been very receptive to Russian forces occupying the area.

Russia also maintains an important naval base in Crimea that it must keep under all consequences. If Russia loses access to their naval base at Sevastopol, it will lose access to the Black Sea and the Mediterranean during the winter because it doesn't have another warm water port in Syria.
Use of digital forum defeats original goal

Negative anonymous comments on social platform should not be praised

Hilary's Hollerin'S | Digital Media Gone Wrong

On Feb. 20, Fox 10 TV reported that a high school student in Mobile County, Ala., is being charged with a felony for posting threats about a school shooting on a new social media platform called Yik Yak. For those who haven't heard about this new app, Yik Yak offers an anonymous forum for members of a community to say anything on their minds. The app uses your phone's GPS to send posts, or "yaks," to the social media platform called Yik Yak.

Unfortunately it seems that some members of the Wake Forest community are also prone to misuse this technology. For those who haven't heard, Yik Yak has become popular on college campuses since its launch in mid-November, and it has made its way to Wake Forest.

This week, I had the opportunity to talk with one of the founders of Yik Yak for a story I was writing for USA TODAY College. Co-founder Brooks Buffington graduated from Furman last May and created this app with one of his college friends Tyler Droll. I first asked Buffington why the app is anonymous. He explained that anonymous levels the playing field. He said it doesn't matter how pretty you are, what your sexuality is, who your friends are, etc. on this app. On Yik Yak, you are judged purely on the content you create.

He talked about the great things that can happen when a community understands how to use such a forum. He gave an example of a student at the University of Alabama who shaved her head for a sorority sister who is battling cancer.

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When it comes to the national security interests of the United States and its allies, as well as protecting the sovereignty of countries abroad, the United States should unequivocally stand for the sovereign rights of nations that feel threatened.

We should not be caught up in the fighting that has seemed to plague our system as of late. Instead, both parties should work together, with both Congress and President Obama standing strong in support of Ukraine.

Luckily, the crisis has not escalated to the point where military force would be necessary on the part of the United States and NATO, but let us continue to use any diplomatic and economic sanctions to preserve Ukraine's government in the way that the people of Ukraine see fit. Democracy in Ukraine is too important to cast away. Neither Ukraine nor the "West" should stand alone in this battle.

And, pornography can raise even more problems that people who are several decades behind the current generation, they provide no help.

Needless to say, no one prepared us. In actuality, that is not completely accurate, but the truth is not much better. The main source of our generation's sex education stems from pornography.

In an age ruled by the Internet, it's no surprise that we went searching for answers there when we couldn't get them anywhere else. However, pornography offers extremely unrealistic expectations of sex, therefore, providing no better solution than high school curriculum.

In fact, it is more damaging, as the impressionable audience is left to文件 these graphic scenes and situations into their minds as the only working knowledge of the subject.

And, pornography can raise even more questions about things such as the impractical body shape of female porn stars, hardcore sex, fetishes and countless other subjects with no outlet to understand any matter that they are trying to become informed on, and so we bury ourselves deeper and deeper into our own graves.

The fact remains that college and even high school students are having sex and they are left unprepared for what they're engaging in.

The fact that college students are having sex and are left unprepared for what they're engaging in. No one wants to talk about sex, let alone anything that deviates from the cultural norm, leaving gays and lesbians completely uneducated.

Homosexual sex education is vastly unexplored, underdeveloped and nigh nonexistent, leaving them to go to the one place that offers answers: pornography. And just like that, it all comes to one damaging full-circle.

The fact remains that college and even high school students are having sex and they are left unprepared for what they're engaging in. Does that condone teen pregnancy or the spread of STDs?

Of course not, but those are two issues that can be easily avoided by proper sex education that is just simply not provided or encouraged. Those who came before us have opted to turn a blind eye when it comes to the topic of sex, and it's our generation who suffers.
Luongo, who struggled in Vancouver since 2011, is sent to Florida to aid Panthers

BY ALEX SPEAR
Sports Editor
spear11@wfu.edu

In an interesting yet expected sequence of events in this year’s NHL trade deadline, two high-profile goaltenders were sent to warmer weather, but these two goalies were sent on their ways for vastly different reasons. The majority of trade deadlines are usually highlighted by goal-scorers, so for two goalies to hold the headlines as of recent is special.

Ryan Miller (left), the former goaltender of the NHL’s worst team, the Buffalo Sabres, was just traded to St. Louis Blues to become head coach Ken Hitchcock’s new goaltender. Miller, one of the top goalies in the NHL, has found trouble optimizing his skills throughout his professional career for two reasons. First, Buffalo’s skaters have significant trouble scoring and, of course, have one of the worst defensive cores in the past few years of the NHL. So far this year, the Sabres are ranked dead last in goals per game with 1.93. They’re the only team in the NHL with a goals per game ratio below two. On the other side of the puck, they’re ranked 24th in goals against average with a ratio of 2.93 goals given up per game. More importantly, though, the Sabres are ranked second-to-last in average shots faced per game, with an average of 34.3. This is a tremendous average number of shots per game, and Miller can only do so much.

To make a long story short, his talent was being wasted, even taken advantage of, in Buffalo. Another reason Miller has struggled to showcase himself is the Olympic team competition. In the 2010 Olympics in Vancouver, Miller carried Team USA to the gold medal game where they ultimately lost to Team Canada in the overtime period of a thrilling game. But that was four years ago.

In last month, Miller’s skates never slashed through the blue of the crease, Los Angeles Kings franchise goalie Jonathan Quick, who was head coach Dan Bylsma’s goalie of choice from day one. Now traded to the St. Louis Blues, Miller has the chance to do something that has been nearly an impossible dream in his professional career — play for a Stanley Cup. The Blues, to date, are the second-best team in the NHL with 88 points and they have the firepower to prove it. Stacked with rugged defensemen and swift forwards such as Alexander Steen, T.J. Oshie and David Backes, Miller could have a good chance at the Stanley Cup.

See NHL trades, Page 14
Adam Lee

BY MIKE MC LAUGHLIN
Asst. Sports Editor
mlca12@wfu.edu

Adam Lee is a senior tennis player who was born in Sheffield, England, before moving to Auckland, New Zealand at age 12. In 2013, he was named to the All-ACC team after a season that culminated with Wake Forest defeating Duke in the ACC semi-finals. Lee grew up playing and watching soccer and played until he was 15. He began to focus solely on tennis and playing at the collegiate level.

When did you start to want to play tennis at a college in the U.S.?

My sophomore year of high school. I had friends going over already. They said how much they liked it and my mom wanted me to get an education.

You played and coached soccer in high school?

I played pretty much my entire life. I played club until I was 15. While I was playing club, I was still playing high school soccer. On the side, for community service, I coached soccer. My dad was also a coach for our soccer team. I enjoyed it.

Which sport was your first love?

I like soccer more than tennis. I like watching it more than tennis. But I enjoy playing tennis more. I'm a little better at it but I really enjoy watching soccer. I don't think I could watch a soccer match not on TV. I could watch a soccer match for sure. I had season tickets for eight years to Sheffield United.

In the summer, do you stay in the U.S. or go back to New Zealand?

The guys and I did summer school. I took the first session and took two classes. During it we would be training day in and day out with the coaches. It was awesome. After that, we traveled around the east coast and Midwest playing tournaments.

What are your plans after college?

I really want to pursue professional tennis. If all goes as planned, I will. It just costs a lot of money.

What do you miss most about New Zealand?

I go back once a year. I miss hanging out and going to the beach every day in the summer. You wake up early and it's beautiful outside and you go to the beach with your friends. It's awesome. I miss my friends, family and my dog a lot.

Who influenced you to start playing tennis?

My sister, Rebecca. She is two years older than me. She was playing just as an after school activity when she was six. I was four. I would go with my mom to pick her up. It was fun playing with her. I don't know if this is true, but my mom told me I was not allowed back.

How did you choose Wake?

The main reason was the assistant coach. Brett Ross, who came to New Zealand to recruit. It helps a lot because, you have no idea what the school is like. Having the coach come visit you really helps. I also came on a visit, and I liked everything about it. The guys on the team were nice, the coaches were nice and the campus and classes were small. Pretty much what every Wake person says.

Do you have a pre-match routine?

I wake up really early. I try to eat healthy before we play. Before we play, we have an hour warmup. Then I always do the optional hit for twenty minutes, which is two hours before [the match]. I always do that to loosen myself up. I also listen to music and read a couple of notes, not about the other players but quotes.

Is there a particular quote you read?

It is about two pages long. It is a bunch of things and it's all linked together. I actually came up with it myself. I try to get myself ready and tell myself that you have to fight for every point. This could be your last chance to play, who knows what can happen afterwards.

What's your fondest memory at Wake Forest?

Definitely the semi-finals of the ACC tournament. We were ranked No. 19, and we were playing Duke who was top ten. We were down 3-0 and Danny Kreyman and myself.

What are the best and worst things about being a student-athlete at Wake Forest?

The best thing is that you are continuing to play the sport you love. It's an honor to play for your school and you always wear WF on your chest and you should be proud of that.

On the flip side, just trying to balance out social and school work with the amount of tennis and lack of sleep.

Adrian Martinez/Old Gold & Black

Personal Profile

Birthplace: Sheffield, United Kingdom
Hometown: Auckland, New Zealand
High School: Glendowie College
Birthdate: June 2, 1997
Major: Communication
Awards: 2013 All-ACC

Deac Notes

Stengel, Bledsoe on USA's U-23 national team roster

In late February, current seniors Katie Stengel and Aubrey Bledsoe were called up to play for the U-23 national soccer team for the United States of America.

So far, Stengel has appeared in two games and has tallied five points that include two goals and an assist. Although Bledsoe has not seen any action yet, the two have made their mark in the Wake Forest history books not just for this current achievement, but because of their leadership and productivity at Spry Field.

Baseball notchess three straights wins in weekend series

The Demon Deacons swept a doubleheader against Stony Brook and Saint Louis on Saturday and picked up a third win against Saint Peter's on Sunday at Wake Forest Baseball Park.

The Deacs beat Stony Brook 3-2 with an RBI single in the bottom of the 13th inning before defeating Saint Louis 4-3 off a go-ahead run in the seventh inning. Wake Forest enjoyed a more decisive 8-2 victory over Saint Peter's the following day, propelled by a home run and four RBIs from senior Matt Conway.

Adrian Martinez/Old Gold & Black
Men's basketball: Win vs. Duke avenges loss to BC

Continued from Page 1

In their prior Feb. 4 matchup, Wake Forest competed well against Duke at Cameron Indoor until a late first half run and sharp shooting led to an 83-63 Duke blowout. The narrative was different in the second matchup as the Deacs took a 36-33 lead into halftime, making it only the second time this season Duke was down at half. The other instance was against Syracuse.

Wake Forest entered the game as underdogs with 11-14 record and 2-10 ACC mark, while the Blue Devils were 14-3 overall and 9-2 in conference play. The game was the first of three straight ACC games at Cameron Indoor. “It was the best game I’ve ever played,” senior forward Travis McKie said. “I couldn’t picture it better.” Prior to this game, whispers and rumors had been circulating about whether or not Bedelik’s last home game as Wake Forest’s head coach will be against Duke. These rumors have plenty of support too, as Bedelik has failed again this year to produce a winning record in the ACC as the Deacs are, to date, 6-11 in conference play and suffered a seven-game losing streak that lasted from Jan. 29 to Feb. 22. As elated Demon Deacons rolled the magnolias of Hearn Plaza, one student, senior Doug Atkinson, said, “I was thinking at the game ended, ‘Oh no! Does this mean we’re going to keep Bedelik’?”

Although some students were concerned that this major upset would prevent changes to the coaching staff, most students, such as senior Georgia Tanner, were just happy the last game of the season, and the last game for the season, ended on such a high note. “To be honest I just cared more about having a good last home game of senior year,” said Tanner.

Rewinding to March 1, the Demon Deacons preceded their upset with an ugly loss against Boston College. Despite being down 30-24 at the half against Boston College, the Deacs used a 14-5 run to take a 42-40 lead with 13:51 remaining in the game. The Eagles, however, scored on their seven possessions, mounting a 16-3 run to go back in front, where they would stay the rest of the way. “We couldn’t defend them,” said head coach Jeff Bedelik. “We simply couldn’t. They scored on 11 straight possessions in the second half. They shot 34 free throws in the second half. They outrebounded us by about 15.”

Although the victory was only the Eagles’ second since January, they outrebounded the Deacs 36-21 and scored on 23 of their final 31 possessions. Bedelik noted that inconsistent communication among his players may have been to blame. “It takes five guys on every possession to stop somebody,” Bedelik said. “It takes five guys on every possession to score, and communicate and help each other. Everybody has to do their job on every possession.”

Four of five Demon Deacon starters scored in double figures against Boston College, led by senior forward Travis McKie and sophomore forward Devin Thomas, who chipped in 18 points apiece. In addition, fifth-year guard Corin Williams had 13, and sophomore guard Codi Miller-McIntyre had 10.

Despite the unfortunate loss to Boston College, Wake Forest certainly rebounded and came out with their best effort of the season to beat Duke in their last game in the Joel this season.

Clawson exudes motivation, confidence

At most recent press conference, football’s new head coach Dave Clawson’s words show anticipation for his first season

BY TY KRAMER
Staff Writer

People around Wake Forest are starting to believe in something greater than themselves. They are starting to believe that there is something successful brewing in Winston-Salem, and that success will come on the football field in the future. A great deal of excitement primarily comes from recently appointed head football coach Dave Clawson.

Clawson, who was appointed head coach of the Demon Deacons on Dec. 10, 2013, is the first ever head football coach of the Demon Deacons. Clawson has already assembled his staff of assistant coaches, and he has built his first ever recruiting class at Wake Forest in which 26 young men joined the Wake Forest football family and will report over the summer.

“We’re starting to fine-tune our recruiting process,” Clawson said. “When you first get together as a new staff, everyone has their own ideas. The way you recruit here will be different than the way you recruit your last school. As you move year to year, you evaluate it and you tweak it.”

Now, with the returning players of the football team from the Jim Grobe era, Clawson is working them, and he is working them hard in preparation for spring practice, the annual spring game, and eventually for the 2014 football season which will open with a match against Louisiana Monroe on Thursday, August 28. To prepare his team for this fall, Clawson is looking to set the tone throughout the spring practices and is even holding 5:30 a.m. practices.

“The first few practices you’re trying to develop tempo and work ethic,” Clawson said. “There is a Wake Forest way of doing things, and we’re going to teach that.”

In addition to being proud of his first ever recruiting class, Clawson points to the nature of Wake Forest as a driving factor in the recruitment process. Rather than seeing many “challenges” of coaching at Wake Forest, Clawson embraces them as opportunities to succeed.

“The fact that we are the smallest school in the ACC, we’re not hiding behind that,” Clawson said. “That’s a great sell. There are people who want what we have. Our key is to find the guys who fit us, and towards the end of January, we found some great players who want what we have. The value of what our athletes get here is better than 95 percent of the schools out there. Recruiting parents is critical. What parent would not want this for their son?”

Apart from his strides on the recruiting trail, Clawson has also been making advances with his current players by instituting reforms. Clawson pointed towards the need for a strong leadership among his Demon Deacons, and to help formulate this, Clawson will adopt leadership meetings, where players can help the coaches on some decisions, such as the menus for pregame meals. Another change on the sidelines this fall will be the switching of positions for a few Deacons, “We moved [senior] Orrville Reynolds and [junior] James Ward to running back and [redshirt junior] Kevin Sousa to quarterback,” Clawson said.

Yet, the effectiveness of these changes in Winston-Salem will not yield an answer until the coming fall, when the Deacons take the field. While Clawson’s primary focus relates to the spring practices right now, soon enough the leaves will start to turn and the Deacs will be bossing the pigskin again. Clawson is up for the challenge of a tough schedule.

“I like the fact that we play our non-conference games first,” Clawson said.

“Win-coached football teams should get better later on in the year. If your goal is to win an ACC Championship, it is better to have the ACC games later. If you look at it on paper, there’s not a BCS opponent, but some of those football teams are really good.”
Deacs beat VCU for first time since 2011

BY JENN LESER
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Women’s tennis: ACC proves a brutal conference

Continued from Page 11

matches in super-tiebreakers, Fernandez by a score of 5-7, 6-4, 10-4 and Zhang 5-7, 6-4, 10-4. Following the 5-2 defeat, Wake Forest drove down to Clemson to square off against a talented Tigers team. The Tigers quickly jumped onto the scoreboard in doubles play. The tandem of Fernandez and Asch were bested by a count of 8-3 at third opponents continued to fight back, winning the subsequent match. Fernandez by a score of 5-7, the wins. Playing fourth singles, No. 100 Tristen Dewar defeated in a dose 6-4, 6-3 affair.

"Singles got a little tricky there at the end, I think," assistant coach Brett Ross said. "We had two wins at 3 and 4 but from there it got a little dicey. Romain did what he always does and wins, so that was good.

After just one game at home, the Deacs are hitting the road to face some stiff competition. Their next matchup is against No. 15 Oklahoma State.

After that, they’ll stay in-state to take on No. 4 Oklahoma. A tough challenge, but one that Wake is looking forward to facing.

"We want to play the teams that are top 15 in the country and we get two really good chances," Ross said.

"The more chances we can get against these teams the better for our guys, the better for their tennis and hopefully the better for our rankings if we can pull off some of these wins. Oklahoma State and Oklahoma are both going to be really tough away matches so we’re excited.”

NHL trade deadline: Struggling team gets aid in net

Continued from Page 11

Miller has become the perfect piece that, perhaps, produces a Stanley Cup-bound team.

On the other hand, former Vancouver Canucks goalie Roberto Luongo’s story is much different and much shorter. In 2011, he carried the Canucks all the way to the Stanley Cup against the Boston Bruins, where, for the most part, he was embarrassed by a barrage ofBruin scoring shots on top of media backlash, where he criticized Bruins goalie Tim Thomas on his techniques in the crease.

Since then, Luongo hasn’t been the high-caliber goalie he maybe once was. He was the backup goalie for the 2014 Sochi Olympics and has served as a backup on the Canucks too often to be considered their clear No. 1 goalie. In being traded to Colorado, and/or the Rangers or the Maple Leafs or the Chicago Blackhawks or the Boston Bruins, he would have a different task than Miller does — it will be to aid in the initial stages of rebuilding a franchise that is one of the most forgotten in the hockey world.

Deviating from the discussion of goallies, the most surprising trade came from the offices of the New York Rangers and Tampa Bay Lightning. Simply put, they traded captain for captain. Rumor had it that St. Louis would only accept a trade to the Rangers, but some believe the Rangers are attempting to change the face of their organization from being scrappy to being more focused on finesse.

Either way, both teams have legitimate shots at making the playoffs this year as the captain’s Cup finds a new jersey for both sides.
Press Box: Jason Collins paves the way in Brooklyn

Veteran breaks cultural boundaries in highly anticipated return to the National Basketball League

BY JENN LESER
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He broke headlines in April of last year by publicly coming out in an autobiographical feature and cover story in Sports Illustrated. From there, Jason Collins started to fade into the background. The first openly gay athlete to play in one of the four major American sports was left without a team as he became a free agent. Months passed, and despite his claims to being in the best shape of his career, Collins watched the games from home, not the court. But that all changed on Feb. 23, 2014, when he officially signed a 10-day contract with the Brooklyn Nets, making him the first openly gay NBA player. If there was ever a litmus test coming to test just how tolerant the average American sports fan is, this would be it.

Of all the teams in the NBA, it’s almost the least surprising that Collins ended up in Brooklyn. The 13-year veteran started his career with the Nets, back when the team was in New Jersey and spent seven seasons there. The Nets also represent the newest trend in professional sports — catering to that celebrity crowd. Partial owner Jay-Z has brought a lot of notoriety to both Brooklyn and to the league. Thus, it makes sense that the self-proclaimed coolest team in the NBA would be the Trailblazers, but it’s billionaire owner Mikhail Prokhorov who represents the final piece in this puzzle. The Russian businessman has been public about his dislike of his home country’s recent anti-gay legislation, and has demonstrated his willingness to put together the best team he can find — regardless of other factors. With the Nets clearly needing a healthy big man, Collins looks like he has found his fit, at least for the duration of his two 10-day contracts.

While Collins’ signing is clearly of importance, it almost didn’t happen. With starting center Brook Lopez sidelined with a broken right foot and Kevin Garnett showing signs of wear and tear, the Nets found themselves without a big man — and the free agency market was fairly slim. As Glen Davis announced his decision to sign with the LA Clippers, the Nets decided to make the move on Collins. Head Coach Jason Kidd, a former teammate of Collins’, has said that this signing isn’t a PR stunt — and while there is obviously a lot of positive PR that has and will continue to come out of this, Kidd knows just how threatening Collins can be in a lineup, and that’s why Collins is in a jersey today.

That jersey has made headlines of its own. Throughout Collins’ career, the center has worn the number 98, to symbolize the year that Matthew Shepard was killed for being gay. Though he spent his first NBA game since his return in number 46 — the only extra jersey the Nets had — Collins is back in what quickly became the highest selling basketball jersey. To further symbolize just how accepting the league is, the NBA front office announced they would donate the proceeds of Collins’s jersey to two organizations: the Matthew Shepard Foundation and the Gay, Lesbian & Straight Education Network, with the minimum donation planned at $100,000. If there was proof that Collins’s sexuality is a non-issue in the NBA, this is pretty much it.

It was thought that this would be a media distraction. But this distraction didn’t last long. Journalists have gotten tired of reporting that NBA players are fine with Collins being back in the league, that they’re fine with him using the same locker room and that they’re fine going up against him on the court — as long as he doesn’t beat them. Most importantly, the public has started to realize that his sexuality doesn’t define his game and that only what he does on the court can do that. This is a big step but let’s not forget that it’s not a “be all and end all” change. Collins still stands alone as the only openly gay active NBA player and one of a handful within American professional sports as a whole. But it’s still a step forward and, just as Jackie Robinson walked onto Ebbets Field in Brooklyn 67 years ago, Jason Collins and Brooklyn again, will be remembered for paving the way.

Collins (above) is pictured in a game against the Los Angeles Lakers in late February.
Top 10 Best Wake Authors

Wake is known for having exceptional professors and alumni. Among them are some amazing authors. Here are a few of the greatest.

BY ERIN PATTERTSON
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Current Professors

Maya Angelou, *I Know Why The Caged Bird Sings*

Angelou transformed from an insecure girl into a self-possessed, confident young woman. This book has been one of the most censored books in American history due to its blatant portrayal of rape, exploration of racism and the humorous treatment of institutional church. Angelou is technically a professor of American Studies, but that is more of an honorary title than a job.

Joseph A. Soares, *The Power of Privilege: Yale and America's Elite Colleges and SAT Wars: The Case for Test-Optional College Admissions*

Published in 2007, Soares examines the admission practices of elite schools, focusing on Yale. He argues that though these prestigious school tour a merit-based admission policy, the reality is much different. Through specific policies, such as preferences for "leadership," athletes, and alumni children, the institutions fill their classroom with students from high socioeconomic status and therefore maintain their elite status. SAT Wars, published in 2011, again examines how socioeconomic status interacts with college admissions, but with specific testing of standardized testing. He argues that high school class rank is far more indicative of future academic success and allows young adults to overcome the restrictions of socioeconomic status. The book was instrumental in the university's decision to become the first top-30 national university to become test-optional in admissions.

Soares is now a professor of sociology and teaches Principles of Sociology, Sociological Theory, Sociology of Education and Sociology of Culture.

David Faber, *A Guide to Drawing*

Faber is a professor of art and has been the head of printmaking since 1984. He teaches courses in intaglio, lithography, relief and mixed methods. In 2000, he was selected to be the lead author of *A Guide to Drawing*, a textbook that helps even the most artistically inept learn how to draw with astonishing skill. The book is now available in its seventh edition.

Sarah Watts, *Rough Rider in the White House: Theodore Roosevelt and the Politics of Desire*

Published in 2003, Watts examines the tireless efforts of Theodore Roosevelt to achieve the ultimate status of manhood and analyzes the psychological reasons behind the extreme behaviors of the twenty-sixth president. Not only did he himself flee from femininity and welcome pain and discomfort, but he also imposed these values of manhood upon the nation. Watts is a professor of history and teaches Global Economic History, United States Since 1865, and World Civilizations Since 1500.

Justin Catanoso, *My Cousin the Saint: A Search for Faith, Family and Miracles*

As the head of the journalism department, Catanoso teaches introduction to journalism, editing, best reporting and sports writing. After a lifetime of working in the journalism industry, he published his first book, *My Cousin the Saint*, in 2008. In the book, he travels to Italy to reconnect with extended family and learn more about his grandfather's cousin, who was declared by Pope John Paul II to become a saint.

A. R. Ammons, *Garbage*

"I never dreamed of being a Poet poet. I think I always wanted to be an amateur poet," Ammons once said to the *Winston-Salem Journal and Sentinel*. However, after graduating from the university in 1949, he went on to surpass the amateur level and become a major American poet. His poetry focused on changes in nature and in daily life, man's identity found in nature, and transcendental unity, and his loose, simple style reflects his emphasis on flux and motion.

Allen Mandelbaum, "*Divine Comedy*" Translation

Though this world famous translator of Italian and classical poetry graduated from Yeshiva University, he became a professor of humanities at Wake Forest in 1989 and retired in 2008. In the early 1980s, he published an English translation of Dante's "Divine Comedy" in three volumes, which was received widespread admiration for its vigorous, line-by-line interpretation.


After graduating from Wake Forest in 1981, Amidon went on to publish nine books. He wrote his most recent book in 2012 with his cardiologist brothers, Thomas. In the book, the brothers explore the conflict between the scientific reality and the metaphoric power of the heart. His other books explore themes such as Western culture's obsession with athletes, the controlling power of money, and more.

Emily Giffin, *Something Borrowed*

Giffin graduated summa cum laude from Wake Forest in 1994 and University of Virginia School of Law three years later. She went into litigation in New York City, but she knew deep in her heart that she wasn't meant a lawyer. While practicing law, she wrote her first manuscript, which was promptly rejected. She then dropped everything, quitting her job and moving to London to follow her dream of becoming a writer. In London, she wrote her second manuscript that became her immensely popular novel, *Something Borrowed*. The story about two best friends caught in a love triangle was published in 2004, became a New York Times Best Seller, and was turned into a movie. She has published six books and her seventh book, *The One & Only*, will hit the bookshelves on May 20.

Sister Citizen: Shame, Stereotypes, and Black Women in America

Students in the class of 2016 had the opportunity to hear Melissa Harris-Perry’s presentation. Harris-Perry hosts MSNBC’s "Melissa Harris-Perry" and is a professor of political science at Tulane University. Her book addresses how black women view themselves as citizens of America and their expectations of political leaders. Harris-Perry also writes a monthly column in *The Nation* magazine titled "Sister Citizen."

Spring break is the perfect time to get some good reading done, so if you’re looking for a good read, give one of these a try!
**Television Preview | “Scandal”**

**Fan-favorite “Scandal” returns**

The political thriller finally graces TV screens after its mid-season hiatus. Caution: SPOILERS

**BY ALANA HARRISON**
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After two and half months without Olivia Pope, she is back, handling things in “Scandal.”

“Scandal” delivered in their spring premiere; it was so great that even “House of Cards” was live tweeting about it. First, here’s a quick recap of what scandals were handled before the break:

Olivia’s mother, Maya, is alive and was being held in prison by her father, Rowan. Olivia thought that Rowan was a threat to her mother. Olivia got Fitz to fly Maya to Hong Kong, then she killed the crew and is now back in D.C. Mays is not as innocent as Olivia thought—she’s really a terrorist.

Vice President Sally Langston killed her husband, Daniel Douglas, because he cheated on her with James, Cyrus’s husband, whom Cyrus used as bait to prove that Daniel Douglas was gay. Sally calls Cyrus for help. He covers it up as a heart attack.

Quinn has joined B6-13, is dating Charlie and is learning to become a killer. Huck found out about her involvement in B6-13 and interrogated her, pulled a tooth and took away her gladiator title.

Fitz interrogated Rowan, fired him and made Jake the new Command of B6-13.

We thought the show couldn’t possibly get more intense, but Shonda Rhimes has proved us wrong. The newest episode, “Ride, Sally, Ride” opens with Vice President Sally Langston announcing that she is running for President while remaining Vice President. However, somebody knows the truth about Daniel Douglas’s death and is leaking hints about it to the press under the name “publius” (a reference to an 8th century BC aristocrat who led a group in overthrowing the monarchy). Publius turns out to be James, who has re-started his alliance with David.

Olivia is back. Again. Coincidently the media starts to ask whether or not Olivia is Fitz’s mistress, prompting Mellie to get involved. Mellie takes Olivia to a publicity stunt lunch to squash the affair rumors. She recommends a list of men for Olivia to date as a cover. Olivia takes Mellie’s advice and starts dating Jake again, but is it real or fake this time?

Now that Sally is running for President, Fitz has to find a new running mate. He asks his former Lieutenant Governor and current Governor of California, Andrew Nichols. If the White House didn’t have enough drama, it’s going to now: turns out Mellie was Andrew’s true love that he lost years ago. Will there be another affair?

One thing to look forward to is Rowan bringing the world down on Fitz. Rowan hasn’t gotten over Fitz interrogating and firing him yet, so he is out for blood.

The best and most menacing quote of the episode? When Rowan said, “President Fitzgerald Thomas Grant III made the worst kind of enemy because I know all his secrets. I know where every body is buried, and the greatest weapon I can use against him calls me dad.”

Papa Pope is out for revenge and he will use his own daughter if he has to.

**Humor Column | Mars Mission**

**People plan to live on Mars in 2024**

You finally have the chance to live in outer space, but wait for it—you can’t come back

**BY LINDSEY GALLINEK**
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People never cease to amaze me. Well, maybe there’s a stretch. Some people do, but the majority of the time, I can’t stop laughing about the newest idea or invention that comes out.

Ladies and gentlemen, no we have not found the cure to cancer, and starvation around the world is still an issue, but there have been no fears! All these troubles don’t nearly compare to the benefits of this totally feasible plan, and without further adieu, here’s what you can expect on Mars.

Mars One is a non-profit organization founded in the Netherlands and led by Bas Lansdorp, an entrepreneur. The mission’s primary goal as stated on their website is to “establish a permanent human settlement on Mars.”

As awesome as it sounds to visit Mars for a few days, once I imagined it, I realized that living there for the rest of my life isn’t quite my cup of tea.

I mean, I sometimes have a feeling that maybe it would be cool to live on Mars, but then I think, mmm... better not.

Let us please take a moment to realize the problems we earthlings would face if we even attempted to venture to another planet. No more macaroni and cheese, burgers or Nutella. On your seven to eight month journey to Mars, you will be stuck eating canned food and not to mention no showering. Ew. Enjoy those wet towels because they will now be your best friends.

Speaking of best friends, if you are the first people to land there, you will be living with only three other people. Don’t get me wrong, it is sometimes nice to get away from human interaction but that is a lot of time with just three other people. There are only so many things you can talk about before the silence becomes crushing awkward.

And it gets better. While you’re flying up on the space trip to Mars and you’re about to combust, here are some wise words of wisdom from Mars One to get you through the pain of burning and suffocation: “The astronauts will endure because this will be the flight carrying them to their dream.”

Oh, gee thanks, Mars One! My oxygen tanks are now fully replenished with inspiration, along with my space suit that is protected by my dreams!

Clearly the benefits outweigh the cost, but oh wait, we haven’t talked about the living quarters.

Each person gets roughly 50 meters squared of living space and wait for it—you can dress in normal clothes and eat food that you grow in the kitchen.

The twin Mars Rovers are looking forward to some company.

Furthermore, the website reads, “Once on Mars, there are no means to return to Earth. Mars is home.” So basically say goodbye to family, friends and anything that you have lived with your whole life. Unfortunately, first application rounds have finished. But obviously, seeing how successful and harmless this idea will be, in a couple more years, you can apply again! You can be one of the lucky four people that go every two years after the first departure in 2024. And did we mention it’s a one-way ticket because scientists don’t yet have the technology for a returning flight? Hey, who knows? Maybe you’ll see Wall-E there!

**Cocktail Recipe**

To celebrate the arrival of spring break, relax with this delicious cocktail:

The Hurricane:

- 1 ounce dark rum
- 1 ounce light rum
- 1/2 ounce Galliano
- 2 ounces freshly-squeezed orange juice
- 2 ounces pineapple juice
- 1 ounce passion fruit syrup or passion fruit nectar
- 1 ounce simple syrup
- Dash of Angostura bitters
- Combine and shake well

Please drink responsibly, and only if you’re of age!
Health Column | Dieting

Stop trying fad diets and focus on health

Identifying the cause of your hunger helps maintain your weight more than dieting does

BY SYDNEY LETO
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There are endless theories on eating. In fact, in 2013 Americans invested $61 billion in these theories through the purchase of dieting books, diet drugs and weight loss surgeries, according to Marketdata.

Today, however, health gurus and medical experts are noting calorie counting and juice cleanses, and instead are encouraging people to simply connect with their hunger.

Mindful eating is not a diet, but a practice that can bring awareness to our own actions, thoughts, feelings and motivations, as well as insight into the roots of health and contentment, according to the Center for Mindful Eating, a forum for professionals across disciplines to develop and deepen the practice.

"We're born with an appetite regulation system that works for us, and when we do things that are disconnected from that, it becomes difficult to listen to our own bodies, know when we are hungry and when our bodies are satisfied," said Debra Benfield, nutrition therapist and yoga teacher at Body in Mind Nutrition. With book titles such as "The 17 Day Diet" or Kellogg's Special K's claim that, "Losing up to 6 lbs. in 2 weeks just got easier," diets are even sold as short-term solutions. When it comes to weight loss, people are focused on the present and want instant results.

"I think there is a lot of pressure at Wake Forest to be as thin as everyone else, because it seems that everyone here is thin," said one senior girl, whose first diet was in the 7th grade. "I might lose six pounds in two weeks on a diet, but then I would gain it all back when I'm having an 'eating week.'"

In a TED talk called "Why dieting doesn't work" from June 2013, neuroscientist and science writer Sandra Aamodt shares studies that show how five years after a diet, most people have regained the weight they lost and 40 percent of them have gained even more.

Though mindful eating might not lead to quick weight loss, it does lead to a healthier relationship with food. According to Aamodt, a intuitive eaters who listens to their bodies' signals are less likely to be overweight and spend less time thinking about food, but even small indulgences like a scoop of ice cream can bring a controlled eater to binge.

Dieting creates a system of what is good and bad, and these rules often lead to emotional fall out when a person overeats or feels guilty about eating something they restricted.

There is a disorder in eating before falling into a full-blown eating disorder," said Benfield. "With a diet, a person might lose those few quick pounds before spring break, but it is not a sustainable way to eat. Mindful eating is a habit that helps avoid a bigger, health problem later on.

So how does someone begin the process of reconnecting with food?

There are two types of hunger: the physiological hunger or "stomach" hunger in which your body is asking for food, and emotional eating. According to Benfield, the first step is identifying which hunger you are experiencing.

The next step is eliminating distractions. For college students, this is perhaps the greatest challenge. By removing yourself from in front of a screen, it is easier to slow down and simply eat your food, instead of focusing on other things.

Yoga instructor Elliot Wattlington at Paz Boutique on Trade Street says that actual meditation on food is a good way to start.

"If something we often overlook in Western culture, including the circle of life and how it is going through you as you eat," said Wattlington.

"People don't even have that connection to really appreciate the nourishment they are getting."

Album Review | Oxymoron

ScHoolboy Q album confronts past issues

The recently released Oxymoron is raw and honest about the rapper's past addictions, exposure to gangs and other struggles

BY JEN KIRCHNER
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Gangsta Rap is a subgenre with its fair share of controversy, pioneered in the '90s by Los Angeles rappers like the N.W.A. and Snoop Dogg channeling the realism of gang violence, drug slinging and the environment cultivating its participants.

For Top Dawg Entertainment's ScHoolboy Q, there are no more modern-day gangsta rappers. On Oxymoron, his major label debut album, he seeks to establish himself as the genre's standout of today, taking inspiration from the renowned gangsta rappers before him. Chronicling his upbringing in South Central L.A., exposure to the 92 Hoover crip gang and struggles with Oxycotin addiction and dealing, ScHoolboy Q weaves an intricate arc in the album. He brings gangsta rap back into full force, all the while highlighting a new perspective of gangsta lifestyle and the motivation behind it.

ScHoolboy Q starts the album with "Gangsta," and goes straight into the grit of his past, recalling how his grandma showed him his first strap, which led to his fervor for pimping, gangbanging and popping bottles and pills. In tracks like "Gangsta" that dominate the tone of the album's first half, Q spits descriptive, unabashed rhymes that draw the listener in to gang life and how it mesmerized him in adolescence. He raps with tenacity as he takes the listener into this realm, using provocative lyrics to show, as he calls it, the "raw, uncut L.A." Moody, dark production from the likes of Pharrell Williams ("Los Awesome") and Mike Will Made It ("What They Want") underlay Q's portrait of Los Angeles, helping to paint an intense picture of the gang life, drugs, sex, and partying that swallowed him whole.

What brings Oxymoron its depth, however, is the dualistic nature that ScHoolboy Q takes towards the debauchery he embraces. As the album progresses, the beats and lyrical style change to reflect a new tone that has Q questioning the gangsta lifestyle and asking tough questions of his past.

The album's beautifully-paintstaking halfway point, the double track "Prescription/Oxymoron," is a perfect example. It recounts vividly the struggles of his addiction and shows his transition from abusing prescription drugs to selling them. Using samples of pills shaking within a bottle and a sink faucet running, along with Joy's pleading voice, Q describes the darkest time in his life and his ascent from it. Though he begins to sell drugs and still continues gangbanging, his goal of providing for his daughter and funding his escape into the rap game.

In the process of telling his story, ScHoolboy Q presses himself creatively. He finds unique ways to convey his message, from rapping as an Oxycotin pill in "His and Her Friend" and a pimp in "Grooveline Pt. 2" to featuring a number of established rappers like Raekwon and 2 Chainz to supplement his story. Oxymoron as an album, has Q pitting the atrocities of gang life against his admirable motivation behind it. It does so honestly, which makes the album succeed as a well-rounded listen.
Oscars predictable but entertaining

Due to the exceedingly high number of great movies in 2014, quite a few excellent actors and films were snubbed by the Academy.

BY CAROLINE GILL
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Whether you were rooting for 12 Years a Slave or Gravity, there is one thing we can all agree on after Sunday night’s Academy Awards — Ellen Degeneres should host every year. After years of hits and misses, Degeneres, a safe but fun choice, played it cool and got away with barbs that would have taken down less beloved individuals. “It’s like The Hunger Games,” Degeneres quipped in her opening, “There are cameras everywhere, people are starving and Jennifer Lawrence won last year.” Degeneres was delightfully silly, taking selfies with Meryl Streep and ordering three pizzas for the entire room, which Brad Pitt then helped with by distributing paper plates.

Overall, it seemed to work, as the Oscars telecast was watched by its biggest audience in 10 years. The night's big honors were filled with few surprises, prompting the question, does all the prediction talk and analysis prior to the ceremony take the fun and suspense out of the Oscars? Perhaps, but it’s also true that each of the acting nominees.

Matthew McConaughey took home the award for Best Actor, for his portrayal of a transgender AIDS patient in the indie hit Dallas Buyers Club. Leto, who had not been in a movie in six years, was the night’s most sure bet. At the end of the night, newcomer Lupita Nyong’o bested Jennifer Lawrence for her performance as slave Patsey in 12 Years a Slave. Matthew McConaughey took home the award for Best Actor, for his role as AIDS patient and antihero Ron Woodward in Dallas Buyers Club, which he famously dropped 40 pounds to play. Best Actress went to Cate Blanchett for her role in Woody Allen’s Blue Jasmine.

In the weeks before the ceremony, people wondered whether or not the audience-pleaser Gravity would be able to overtake the hard to watch 12 Years a Slave. It was a valid concern, given that the Academy has a history of passing over difficult, culturally significant films in favor of more traditional fare. In recent years, this happened with both Brokeback Mountain and The Social Network, which lost to Crash and The King’s Speech, respectively. This year however, 12 Years a Slave prevailed.

It was an exceptionally good year for movies, which meant that many deserved films ended up being shut out of the winners circle completely. Take American Hustle, David O’Russell’s ‘70s caper flick, which was nominated for a staggering 10 awards, but went home with nothing. So did two other of the years best, Captain Phillips and The Wolf of Wall Street.

Nothing could slay Gravity in the technical categories, resulting in the film scoring seven awards, including Best Visual Effects and Best Director. Another big winner was Frozen, which won for Best Animated Film and Best Song, for “Let It Go.”

Shut out once again was the beloved Leonardo DiCaprio. Prior to this year, he had only been nominated for an Oscar three times, the last being in 2007 for Blood Diamond. His perpetual snubs have become a long running joke and grievance of filmgoers. While the Academy may have no love for DiCaprio and his polarizing film, there is one influential group that does have his back; the Internet. According to the Oscar’s official website, DiCaprio received over 131,000 social media mentions, almost double each of his fellow acting nominees.

So congratulations are in order for this year’s winners, and for DiCaprio and David O’Russell, better luck next year.

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Spring Break

It's easy to get caught up in having fun on vacation, but follow these safety tips to make your break a safe one.

BY EMMA SKEELS
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One of the primary things motivating people to finish up their midterms and essays is the light at the end of the tunnel: spring break. The lucky ones going to someplace sunny are looking forward to sunbathing, consistently warm weather and beaches. Others just look forward to spending some time with family.

Regardless of the destination, everybody is looking forward to spring break. But every year, spring break provides an opportunity for binge drinking and dangerous activities. It's no surprise people are so relieved to have a break from schoolwork that they go a little crazy during their one week of fun.

Upon leaving campus, Director of Residence Life Matt Clifford said, "If there's an opportunity to take a break with you or keep them in a safe place, that's ideal, but the buildings are quite safe as long as you lock your door." Students who live off campus should tell their neighbors they're leaving and ask them to keep an eye out for suspicious activity. Another idea is to get an inexpensive timer that will turn the lights and radio on and off, to ensure light and sound is coming from the house. In addition, the Winston-Salem Police will be on increased patrols to try to prevent activities. It's also a good idea to make a copy of your passport, driver's license and credit cards to keep in the bottom of your suitcase, or even scan copies to send to yourself.

Once you get to your destination, make sure to program the number of your hotel and the local police department into your phone. Also, try to check with the front desk for guidance on the cheapest, easiest and most reliable form of transportation. Use only licensed taxis.

Perhaps one of the most important things to do is to stay with your group of friends. "We really try to encourage safety in numbers," said Sgt. Lesia Finney. When students are in a new place with new people, it's easy to lose track of your friends as you get caught up in the fun of spring break. With the increase in binge drinking that usually accompanies spring break, it's even easier to get separated and lost in the new area. However, you should never leave a party alone, nor should you allow your friends to. If you are traveling on your spring break destination, you should also consider staying on or near the resort at all times.

Even when travelling from location to location in a taxi or bus, you should always have a friend with you. If you get separated from your friends and you feel unsafe, seek assistance from a proper authority to escort you home.

Another thing that's important to do is to make sure you let your friends or parents know your itinerary, especially if you're in a foreign country. Ensuring that people will know roughly where you are will be especially useful should something bad happen.

If you're staying at the university during spring break, be more aware of your surroundings. "It's wise to be a little more on the alert because of the decreased population during the break," Clifford said. All of the regular campus facilities will be available, including Campus Police, so if people feel unsafe in a certain area of campus, they will still be able to call the police for an escort.

Spring break is supposed to be a time for fun, relaxation, as well as a break from the stresses of schoolwork and extracurricular activities. Indulge yourself: you deserve your much-needed vacation. However, don't let yourself get so caught up in having a good time that you forget to be cautious and aware of your surroundings. Although it might sometimes prevent you from being as carefree as you would like, it's always better to be safe than sorry.

Have a safe and happy spring break. Peace!