The opening of the Wake Washington Center, a space at Dupont Circle that will house spaces for classes and alumni networking, was celebrated at the Newseum.

Mr. Deacon goes to Washington

The new Wake Washington Center will be a home base for alumni and students in the nation's capital.

BY KELLIE SHANAGHAN
Staff Writer
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In December of 2014, then-assistant Vice President for University Events Jennifer Richwine moved to Washington, D.C. to begin the nearly three-year process of establishing Wake Forest's physical presence in the nation's capital.

She spoke with dozens of alumni, students and potential employers before the administration decided to launch a formal study-away program in the city. They then spent almost two years securing and renovating a space before the inaugural cohort of students arrived in August 2017.

A dozen pictures of the Winston-Salem campus were added just last Wednesday to finally complete the space.

The Wake Washington Center — located at the memorable address of 1 Dupont Circle — is the new hub for thousands of Wake Forest alumni who live in the D.C. area and the growing number of current students who plan to work or study there. It also serves as a home base for 16 students participating in a semester-long study-away program which combines internships with academic courses.

"Not only are we opening a new facility and providing extraordinary opportunities for our students, we are building important bridges between the campus and Washington, D.C.," said University President Nathan O. Hatch.

Students currently enrolled in the Wake Washington program participate in internships four days a week and attend class Monday and Wednesday nights with faculty director and politics professor Katy Harriger. On Fridays, the group gets exclusive insight into D.C. through a series of guest lectures and field trips.

This semester's focus is politics, but future semesters will alternate through a variety of subjects including communications and art history.

The embedded internship experience is a cornerstone of Wake Washington.

Current students work in a diverse number of places, ranging from the offices of Congressman Dave Price to the Kennedy Center.

Savannah Baber, a junior majoring in English and political science, is interning with the Senate Committee on Indian Affairs.

"It's really cool to see the behind-the-scenes work," Baber said. "I am learning the actual practical process of creating legislation from the people who do it every day."

This first-hand experience is critical, according to Andy Chan, vice president of innovation and career development at Wake Forest. It helps students prepare for successful careers, gain confidence in their aspirations post-graduation and begin to form a professional network.

D.C. is a city that runs on connections and networking.

"It is not uncommon to hear an alumnus say they got their first job, second job or third job through a Wake Forest connection," Richwine said.

The Wake Washington Center will help current students connect with a variety of places including legislative, governmental, nonprofit, corporate and other opportunities.

BY KELLIE SHANAGHAN
Staff Writer
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Data from a Wake Forest wellness survey suggests that the university's hardworking culture leads students to ignore symptoms of mental illness.

The survey, conducted last April, asked 350 students a series of questions relating to happiness and satisfaction, as well as anxiety, depression and loneliness.

Of the responses, over 75 percent of students reported an inability to stop or control worrying in the past two weeks. In contrast, 65 percent of students expressed satisfaction with their emotional health.

"It is not uncommon to hear an alum say they feel satisfied with their ability to relate," Hunt said. "They're not worrying too much about their emotional well-being."

"Students are so busy because they're overinvolved," Hunt said. "They're not seeing the signs of stress — the things that are affecting their emotional well-being — until it's too late."

Identifying Hazards

This impression of students' tunnel vision is reinforced by data. Nearly 85 percent of respondents reported that they worry too much about different things. And yet, 71 percent responded that they feel satisfied with their ability to balance school life with other aspects of their lives.

A lack of awareness of mental health issues among students could be a part of explaining what seems to be...
As we have previously reported, the university has recently launched a year-long project titled Rethinking Community, which is a campus-wide effort to create a better understanding of the implications of living in a diverse, polarized, and virtual community.

In an email sent out on Oct. 12, Provost Bogun-Kerb encouraged students to register for the Rethinking Community Conference, which will start on Thursday, Oct. 19 and run through Saturday, Oct. 21. The event, which will feature a variety of speakers, panels, and breakout sessions, is jointly organized by the Pro Humanitate Institute and the Eudaimonia Institute. These two hosts, while independent in their missions, receive portions of their funding from different ideological groups and have connections that span across the political aisles.

For context on the two hosts, the Pro Humanitate Institute spearheads many social justice and civic engagement initiatives on campus. As stated on its initiative’s website, it is “charged with serving as the programmatic facilitator of our university motto” and is a “core of learning, teaching, service and action that transforms the ethos of WFU into an explicit mission connected to clear practices with meaningful social justice outcomes.”

Led by the Faculty director, Melissa Harris-Perry, Executive Director Marianne Magjuka and a team of staff dedicated to campus programming and outreach, the Institute oversees a variety of campus programs including the Anna Julia Cooper Center, BRANCHES Social Justice Retreat, BUILD, Campus Kitchen, SPARC, Wake The Vote and many others. The institute has been one of the first to respond to messages of inclusivity and panels after President Trump’s Executive Order Banning Refugees and citizens of seven nations. The other sponsor, the Eudaimonia Institute, grounds its purpose in exploring and developing an interdisciplinary understanding of Aristotle’s concept of eudaimonia. As stated on its website, its purpose is “to investigate the nature of eudaimonia” and “to understand what kinds of lives are truly worth living, as well as what policies, practices, and conventions should be encouraged to help people to lead such lives.”

According to the website, professor of economics James Otterson is the Executive Director of the Eudaimonia Institute, while Adam Hyde is the Assistant Director and the advisory board is composed of 13 members. The institute has hosted events that work to uncover the idea of human flourishing through examining the intersection of different disciplines such as philosophy, economics, business and the arts. Although it would appear difficult, it was juxtaposed to an institute aimed at revealing happiness, the Eudaimonia Institute has faced faculty push-back, largely due to a $3.6 million donation from the Charles Koch Foundation that it received in the Fall of 2016. Due to the political ties of the foundation’s owners Charles and David Koch, professors from a variety of departments raised concern about the ability for the Eudaimonia Institute to remain autonomous and independent of political ties.

The pairing of these two groups to host an event aimed at Rethinking Wake Forest Community is the kind of spark that the university needs to start the longer conversations about how we are going to fix the political, cultural and social strike that exists on this campus and within our larger community. Although these groups may have overlaps in their missions, the way they operate in practice span across the political spectrum.

By uniting these two institutes we are uniting parts of campus that, whether intentionally or not, are likely to separate. For this reason, we think this conference will be one that the campus body should not miss.
Deacon Profile: Smiti Kaul

By Lillian Johnson
News Editor
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Junior Smiti Kaul, a double major in computer science and mathematics, received the Grace Hopper Conference scholarship and attended the Grace Hopper Celebration of Women in Computing in early October. This conference is the largest gathering of women technologists, with over 18,000 attendees from over 85 countries across all disciplines and careers.

When did you get interested in computer science?

I first realized the fun and creativity of science and technology while creating a basic robot prototype during the summer after my sophomore year in high school. Although my partner and I did write a few lines of code for the project, I didn’t consider computer science until about two years later. During my last semester in high school, I came to understand how computing determines a large portion of the things and ideas we engage with daily. I realized that products of computer science, both concrete and abstract, influence humanity to often staggering degrees — whether in regard to our social structure, our health, or our patterns of thinking.

What do you like about computer science?

I like computer science because it’s an interesting mix of theory and concrete implementation. I like how you can begin “doing” computer science nearly as soon as you can understand a few lines of code. I also appreciate how approachable and transparent the computer science community is. So much material is available online, from course content to the underlying code for hundreds of applications to advice on tech careers to forums on niche technology topics. It can be both reassuring and unpleasant to know that the only reason I don’t know something yet is that I haven’t spent enough time learning it for free online.

Can you describe what the Grace Hopper Celebration of Women in Computing was like?

It was a surprising combination of things: a typical conference with presentations and posters by student and researchers; a huge career fair; panel discussions about diversity, inclusion, and careers; opportunities to have lunch with faculty and industry professionals; company-hosted talks and workshops specific to different engineering techniques and products and a couple of extracurricular evening events that allowed us to talk to company representatives, professors and each other.

Were there any key takeaways from the keynote speeches?

In different ways, the keynote speeches by Melinda Gates and Dr. Fei-Fei Li both emphasized the importance of diversity in all dimensions. Gates talked about the animating questions of our academic and political world. Li reminded us about the deep humanity of technology and artificial intelligence. Li reminded us that computers and robots draw from our humanity and that our goal should be to create them as we want to be.

At the Grace Hopper Celebration, they have a career fair. What was that like?

The career fair was held in a large room full of booths with representatives from a couple hundred companies, as well as from research labs and universities. While most companies weren’t as busy, Microsoft had a long line that wrapped around their booth. I would approach a booth and talk to a recruiter, who would then guide me to an employee that could answer questions about the work I am interested in. The career fair was interesting because I hadn’t envisioned it to be such a prominent and engaging aspect of GHC. Beyond just looking for internships, it was nice to simply talk to actual engineers and researchers in industry and academia and understand what they might do in a typical day. GHC did a really good job of making us feel like a part of this community rather than as if we need to try harder to join it.

What else did you do while there?

I attended talks and workshops. I especially liked one where a Ph.D. student talked about her research about the inner workings of deep neural networks. I attended a couple of meals hosted by different tech companies, in addition to a reception by my scholarship sponsor, D. E. Shaw Research. Another great event was titled “De-mystifying Data Careers,” where representatives from Apple and Intuit talked about possibilities in data science. During and between events, it was really cool to talk to people and learn about what they do in school, in their labs or in industry. One night, Google organized a Women Techmakers afterhours event at Disney’s Epcot where they also demod their new messaging app, Google Allo.

What were the people like who you met there and what did you learn from them?

I felt equally as comfortable approaching an undergraduate student as I did approaching a much more accomplished person older in age. One undergraduate student from Uganda was telling me how she regularly helps the students in her graduate-level classes with their programming assignments. Another woman mentioned that she realized that research was not for her only after completing a Ph.D. in astrophysics, at which point she joined Intuit as a senior data scientist. A professor who sat next to me during a keynote speech explained how she recently shifted her focus from research in computer science and underwater devices to research on how to educate more effectively in STEM. I was able to talk to college representatives at college booths and get graduate school application advice. I was able to talk to students in my age group more personally about school, about life and college experiences in general.

Computer science is not a field dominated by women. As a woman, do you find that environment to be welcoming or hostile?

In my experience, this realm of computer science, math and technology has been welcoming and very supportive. The faculty and staff members I’ve been lucky to know, especially in the computer science department, are intentional about encouraging and supporting their students.

There are times when experiences in this field have been disconcerting. Speaking in the binary, men in tech seem to more naturally form a sense of community among each other and are quicker to reach a point of comfort with the tools and problems they’re dealing with. They often toss around ideas uninhibitedly — the way one would while brainstorming — in a way I have observed neither myself nor my women peers do as often. To bring this sense of freedom and comfort to more of us, I think we have to continue weakening the implicit belief that any field is more suitable for men than women.

How will you use your experience from the Grace Hopper Celebration in the remainder of your experience as an undergrad and then in your career?

I hope I can share the knowledge and resources I learned about during GHC and through the larger GHC community. Just knowing that there are people in this community willing to share their knowledge and advice with you can be very reassuring. Personally, I want to more intentionally ask questions of people whose work I find interesting, many of whom I met through GHC.

Victims of Polio in the Congo Fundraiser
Time: Oct. 22 from 5:15 p.m. to 7 p.m.
Location: Wingate Auditorium
Please join us for a dinner and fundraiser for the Neema for Venerable People Foundation.

Poverty Workshop
Time: Oct. 24 from 6 p.m. to 8 p.m.
Location: Wingate Auditorium
The workshop is designed to gain a deeper awareness of how poverty can affect people’s daily lives.

Tips for Reducing Your Footprint: Your bike ride counts!

We encourage you to bike to classes when you can. It’s great exercise and good for the environment.
Wake Washington: Center opens in nation's capital

Continued from Page 1

robust alumni network while also providing alumni with opportunities to mentor students, connect with peers and learn from Wake Forest faculty.

In addition to her classes with current Wake Forest students this fall, Harriger is teaching workshops at the Center for alumni and parents on topics including the Supreme Court, deliberative dialogue and special prosecutors.

"[The Center] will fortify our alumni network," said Jonathan Willingham '03, the president of the Wake Forest community. "Its creation is a necessary step to enhance and broaden the Wake Forest experience."

Richwine is now executive director of the Wake Forest Center, where she runs daily administration, acts as the liaison for student internships and furthers alumni engagement.

An overwhelming number of alumni she speaks with want to give back to Wake Forest by helping the next generation of students. They share expertise and connections to make a student's path to D.C. just a little easier than it was for them.

"That's the Wake Forest way," Richwine said. "That's Pro Humanitate lived out and I get to experience that every day here in the nation's capital."

Professors confront epistemic questions within disciplines

Faculty from different departments were featured in humanities symposium

BY JACK PORTMAN
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The American political landscape has in recent months been fraught with an epistemological crisis as, according to English professor Dean Francon, "Political operatives and allies of the current president began challenging the veracity of all sorts of modes of truth."

To address this issue in the context of humanistic inquiry, Wake Forest faculty gathered for a Knowledge and Uncertainty Across the Humanities symposium, sponsored by the Humanities Institute and Re-thinking Community initiative. It featured a panel of Wake Forest humanities faculty tasked with defending or refuting the value of their disciplines while exploring the role of humanistic study in modernity.

Each of seven panelists presented a five minute address in which they explained the extent to which their studies of literature, history, philosophy and classics matter existentially, and defined the construction of knowledge within their fields.

David Lubin, a professor of art history, argued that although he believes his field to not bare any external value, it is dangerous to seek utilitarian justification from any field of study. He did add, however, that art history confronts existential questions about the human experience, and offers a somatic connection to the past that can't be achieved through conventional history or science.

Rebecca Thomas, a German and Russian professor, added that foreign language studies are important because they promote broader communication between cultures, but are also intrinsically valuable because understanding the perspectives of others allows one to be "self-reflexive about our own positoinality." That is, in furthering one's understanding of other cultures and ideologies, one may gain a greater understanding of their self.

Each speaker agreed that truths within their disciplines are uncertain, and that academics continue to confront epistemic questions such as what is actually known, and what can ever truly be known. Kendall Tarte, a professor of French studies, provided that interpretations and meanings of classic texts can not be known definitely, but interpreting these texts with contemporary analytical techniques can still be insightful. Additionally, such humanistic inquiries as the study of emotion through human history may be impossible to define, as emotion cannot be truly captured in any physical capacity.

Following the stance presentations, Herman Rapport, a professor of English, provided a 10 minute response in which he stressed the importance of diligence in absorbing and interpreting knowledge, adding that because personal realities are constructed with mediated information, understanding biases and falsities in such information is necessary to ensure free thought.

Rapport also addressed the issues that arise as teachers and professors seek to navigate ideological neutrality in the classroom setting. Emily Austin, an associate professor of philosophy, added that it may be morally imperative to justify a neutral ideological stance in cases when students are clearly displaying signs of ignorance. This illustrates a descent from postmodern objectivity and seems to suggest that, while truths are in many cases ill-defined, there are parameters in which disciplinary truthfulness exists; knowledge may not be definite, but there are certain boundaries that we know to encompass what is truthful. Additionally, Rapport noted that as facilitators of their student's learning, teachers and professors bare the responsibility of instilling critical thinking skills in their students, preparing them to sift the information and knowledge presented to them by mediatory influences such as politics and academia.

The speakers uniformly expressed their beliefs that the humanities represent the human capacity to introspect. Art can reflect cultural ideals just as foreign language studies can facilitate meditations on the nature of self.

We study the humanities not because they may or may not possess some quantifiable utilitarian value, but rather because they are catalysts to self reflection and free thought.

OUTSIDE THE BUBBLE

Harvey Weinstein accused of sexual harassment and assault

A piece published last week in the New York Times described many allegations of sexual harassment against famed film producer, Harvey Weinstein. The story included allegations from women spanning several decades.

Weinstein apologized for his past behavior with colleagues and his spokesman denied allegations of non-consensual sex. An additional story in The New Yorker published another story with more accusations, including three instances of rape. Actress Rose McGowan has accused Weinstein of rape. Many other women who have worked with Weinstein, like Gwyneth Paltrow and Angelina Jolie, have shared stories of being sexually harassed by him.

In response to these allegations, Weinstein was fired from his company, Weinstein Co. Later, he was forced to resign from the board of the company. In addition, Weinstein was ousted by the Academy of Motion Picture Arts.

Senators reach deal to continue ObamaCare insurer payments

Senators Lamar Alexander (R-TN) and Patty Murray (D-WA) announced on Oct. 17 that they reached a bipartisan agreement regarding ObamaCare insurance payments. The senators agreed on a bill that could cover the payments for two years.

"This deal comes less than a week after President Trump signed an executive order that would stop government payments that subsidize insurance plans for low-income Americans. Experts from the Congressional Budget Office had predicted that halting government subsidies would raise insurance premiums, increase the federal deficit, and destabilize the insurance marketplace."

Despite having criticized the government subsidies for insurance programs, Trump stated that he thought that this deal would be a decent "short-term solution."

He added that Republicans are close to having the votes necessary to pass a bill to overhaul the Affordable Care Act.

Firefighters make progress with wildfires in northern California

15 major wildfires continue to tear across northern California, burning over 217,000 acres and destroying more than 5,700 structures since they began Oct. 8. At least 41 people have died in the fires and according to Sonoma County officials, at least 88 are still missing.

"This is truly one of the greatest, if not the greatest tragedy that California has ever faced," Gov. Jerry Brown said. "The devastation is just unbelievable, is a horror that no one could have imagined." However, firefighters report that at least 60 percent of the inferno is now contained, and rain expected later in the week is hoped to help extinguish the flames. Winds have also remained calmer within the past few days, which has assisted containment efforts.

As the fire begins to die down, about a quarter of the nearly 100,000 people ordered to evacuate their homes have been allowed to return.
Mental health: Students meet hurdles

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contradictory responses in the survey — normalizing symptoms of stress and anxiety interferes with students’ understanding of what healthy living should look like.

"The first conversation we should be having is making sure that students understand their mental health," Schiller said.

Bringing attention to the issue of personal wellness is not a new effort for Schiller. In 2016, he and senior Parthi Vaidya helped establish Wake Forest’s mental health week, which is held every spring. Each day during the week holds a different opportunity to engage students and talk about mental wellness.

Still, survey responses suggest that students are experiencing mental and emotional hurdles, while simultaneously assuming that some extreme symptoms are routine and normal. While alarming, the dilemma isn’t isolated just to Wake Forest.

"The issues that are happening at Wake Forest are happening nationally, and that’s anxiety, stress and depression," Hunt said. "I think that happens because we don’t really put the brakes on at any point, until it’s too late."

"That surprises me," said Kaitlyn Garry, a freshman. "I feel like people are constantly around me — I never have any alone time, really."

Loneliness may be harder to spot at Wake Forest because of this very reason. On such a small campus, many students are used to seeing friends and colleagues around almost daily.

However, the gap between people’s impression of their friends and their feelings of isolation seems to indicate that those students don’t feel close connections to the friends that they do have.

Taking Action

From the perspective of the student government president, Schiller says some aspects of Wake Forest’s social climate may be to blame.

"The university doesn’t address anything from Friday at 5 p.m. to Monday at 8 a.m. unless it’s a bad thing," Schiller said.

Apart from events like Awake All Night and the Student Concert, which are well attended, but infrequent, there are very few opportunities for university sponsored social engagement.

This two-day gap is an opportunity to address some of the dilemmas illuminated by the wellness survey. Schiller says he hopes to create more opportunities for students to come together on weekends.

One program he hopes to push forward is a shuttle system that would take students to and from nearby Charlotte or Asheville for a day on weekends. The hope is that these sorts of opportunities would bring students together to make new connections and provide more options for students on weekends.

In an effort to raise awareness of mental health issues, Student Government also hopes to launch a series of smaller events on campus in order to reach out and talk to students about health and wellness.

As the survey data seem to suggest, Wake Forest’s relationship with stress and anxiety hinges upon starting a conversation on recognizing and managing symptoms.

"Talking to students, and showing them [this information] is the first step," Schiller said.

Author offers new approach to climate change

Senior writer of the New York Times’ bestseller Drawdown presented her interdisciplinary book on Thursday, Oct. 5

BY ANNA CONTE
Staff Writer
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"Typically, electric bikes and household recycling are not perceived to be major climate change solutions. However, according to Katherine Wilkinson, these two examples serve as viable mechanisms to reverse the impact of climate change."


The book Drawdown serves "to map, measure and model the most substantive solutions to climate change and bring those solutions and the answers that we’ve uncovered to life," Wilkinson said in her presentation.

Wilkinson was brought to Wake Forest to present various ways in which everyone, including Wake Forest students, can participate in the movement to reverse the effects of climate change.

Drawdown functions as a handbook that presents 100 solutions to climate change, specifically focused on reducing greenhouse gas emissions in the atmosphere. Eighty of the solutions have been proven effective and scaled, while 20 solutions are considered 'coming attractions,' as these solutions are currently being tested.

Each of the solutions are ranked in terms of how much carbon dioxide they would reduce within practice. In addition to rankings, the solutions are presented alongside their cost of implementation and operational savings. By providing figures, Wilkinson adds an economic perspective to the topic of sustainability.

Emma Hughes, a Wake Forest mathematical economics major and environmental studies minor said the economic element "adds value for someone who doesn't care as deeply about the environment."

Wilkinson’s interdisciplinary approach to climate change is a product of her education and prior work experiences. She received her bachelor's degree in Religion from Sewanee and a Doctor of Philosophy degree in Geography and Environment from Oxford. Prior to working at Project Drawdown, Wilkinson worked in various consultancy firms, taught at Oxford and worked for the Natural Resources Defense Council.

Before Drawdown, Wilkinson published her first book, God & Green: How Evangelicals Are Cultivating a Middle Ground on Climate Change, in 2012. This book was a product of her research at Oxford.

Sebastian Irby, a Wake Forest senior who created her own interdisciplinary sustainability studies major with a focus in climate change, has worked within the Office of Sustainability throughout her time at Wake Forest. This event was sponsored by the Office of Sustainability, Center for Energy, Environment and Sustainability, Office of the Dean of the College and Sustainability Graduate Programs.

Additionally, Irby is referencing Wilkinson’s God & Green as a resource as she prepares her senior thesis, "This is in a lot of the circles that I run in daily," Irby said in the auditorium before the event had begun.

Within Wilkinson’s top 20 solutions, the most represented areas of impact include various solutions centered around food, energy and land use.

Wilkinson concludes by emphasizing the multi-dimensional benefits to her mission, "One of the things that becomes clear when you come through the lens of solutions, is that — yes, these are ways to address greenhouse gases, great ... they’re also the means of building a more vibrant and equitable and prosperous and resilient world where people are healthier and happier."

Anna Conte/Old Gold & Black

Professor Michael Lamb (left) and bestselling author Katherine Wilkinson (right) after the event.
Foreign students face uphill battle for visas

Given immigration tensions and the changes in Washington, international students post-graduate futures in the U.S. face uncertainty

BY ANNA CONTE
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Feels Like Home

Michael Crespi, the director of market readiness and employment at Wake Forest, flipped through a binder compiled of various graphs that show an international student's process of transitioning from a student to an employment visa.

The U.S. government has implemented a lottery system which grants employment visas, known as H1-Bs, on a yearly basis. However, this process does not guarantee that those who apply will receive an employment visa.

Within the most recent lottery cycle, 199,000 petitions were submitted nationally. However, only 85,000 high-skilled employment visas are distributed each year, according to Crespi. Therefore, out of the foreign individuals who submitted a petition within the last cycle, only 43 percent were granted an employment visa.

Many Wake Forest international students are eager to remain in the country or at least stay longer to get advanced degrees. Yet, given tougher immigration laws under the new administration in Washington, D.C. and loss of competition for the relatively few work visas granted annually, nothing is certain regarding their future in the U.S.

"Supposedly it's random, but you never know," said senior Kedi Zheng, describing selections made within the process.

Crespi stopped turning the pages when he reached a chart showing the increased demand for employment visas, known as H1-Bs, over the past 10 years. With a growing number of foreign individuals seeking an employment visa, the current immigration tension and the changes within company hiring policies, many international students—like many at Wake Forest—are left at the mercy of the application process.

Zheng, along with other international students pursuing employment opportunities in the U.S., will first enter into a work

A Comfortable Place To Stay

Originally after the presidential election in 2016, senior Luna Zhou felt uneasy about potential changes to immigration policies. Since realizing the delay within the proposed immigration restrictions, she hopes to stay and work within the U.S. for a couple of years before returning home.

"The starting salary is higher in America than it is in China," Zhou, an accounting major from Nanjing, China, said. "That would be a big benefit, so I can pay back my parents for the [Wake Forest] tuition."

Zhou has accepted an offer to intern for PricewaterhouseCoopers' Charlotte office. She hopes the internship opportunity will transition into future employment, adding "North Carolina is such a comfortable place to stay."

The accounting industry consists of the 'Big Four' firms, including Deloitte, Ernst & Young, PricewaterhouseCoopers and KPMG. Because of their size, these companies have the resources to sponsor international students through the employment visa process.

As a result, an accounting degree becomes far more enticing to international students in the job market that it presents. Many 'Big Four' companies recruit students from Wake Forest's accounting program, which increases the probability for employment sponsorship, according to Zheng.

However, many of these accounting firms have announced plans to stop recruiting and sponsoring international students. This trend suggests companies are becoming hesitant to invest in foreign individuals.

Everyone Loves Science

"I'm from the deep south ... like our Florida," Zheng said, referring to his home in Shenzhen, China. His family's apartment offers a skyline view of the adjacent city; Hong Kong.

Zheng started studying math, switched to business and then came back around to be a mathematics and computer science major because in his words, "you can't find passion in [accounting] journal entries ... nobody can," he laughed.

Zheng is considered a STEM student, because his academic focus falls within the science, technology, engineering and math fields. Because he is a STEM student, Zheng is given three years for his OPT transition period. Non-STEM students only receive one year within the OPT transition period.

Throughout the three OPT years, Zheng will be eligible to resubmit his petition within the lottery system up to three times if necessary. Therefore, an opportunity for him to receive an employment visa is three times greater than that of a non-STEM student.

The United States has a shortage of programmers and, well, everyone loves science... let's just put that way," Zheng said as he defended the extended OPT period for those within his field.

However, Zheng will not need to place himself within this process immediately: He has plans to attend graduate school, either Washington State or Georgia Tech, for an advanced degree in computer science.

The Product Of Her Future

Asia Wang's freshman year move-in was her first time in the U.S. Now, the senior accounting major plans to take her professional development to the nation's capital. Wang has accepted an internship offer with Ernst Young in its Washington, D.C. office.

According to Wang, she generalized that out of the international community at Wake Forest, 90 percent are unsure about their post-graduate plans and 10 percent are certain they want to return to their native country after graduation.

Wang falls within that 90 percent of uncertainty category. She envisions that a majority of international students will apply for an employment visa within the lottery system, however, the potential of not being granted an H1-B visa is of major concern.

Her father had advocated for her to minor in something 'practical' such as economics or mathematics. However, Wang decided to minor in politics & international affairs.

"I'm not a product of their future," she said.

POLICE BEAT

Harrasment

• Aramark victim stated that she is being harassed by another Aramark employee in Subway. The report was filed on Oct. 11 at 9:49 a.m.

Damage to Property

• Unknown subject wrote on a name card attached to a dorm room door in Luter. The report was filed on Oct. 11 at 8:40 p.m.

Possession of Fake Driver's License

• A wallet was found in Benson Center and turned into the Information Desk. The wallet contained a fake driver's license. The report was filed on Oct. 12 at 9:29 a.m.

THE MORE YOU KNOW

Top Ten Most Represented States at Wake Forest

Fall 2016

1. North Carolina
2. Florida
3. New York
4. New Jersey
5. Virginia
6. Pennsylvania
7. Georgia
8. Massachusetts
9. Maryland
10. Connecticut

Anna Conte/Old Gold & Black

Anna Conte/Old Gold & Black

Anna Conte/Old Gold & Black

Amanda Wilcox/Old Gold & Black

Amanda Wilcox/Old Gold & Black
Free speech requires two-way conversations

For there to be true freedom of speech, there need to be respectful audiences to listen

Maia-ty Smart | Free speech

"New censorship on campus." "Free Speech Codes," "Safe Spaces"—these headlines are plastered all over national and local media regarding censorship on modern college campuses. To support students’ and faculty members’ freedom of speech, organizations such as FIRE, (Foundation for Individual Rights in Education) have sprung up around the country to handle free speech cases brought to court. How can we voice our opinions without offending people’s feelings and how do we know what is offensive?

Higher education institutions pride themselves on their students’ diverse ethnicities, cultures, gender identification, and economic status. However, many students still feel that they cannot share their points of view. A study was conducted by various scholars, including CEO and President of FIRE, Greg Lukianoff, where students were asked if they felt safe to voice their opinions on campus. Approximately 40 percent of students agreed with the statement and that percentage decreased the more that they studied at their university. This trend can be interpreted to mean that many students come in to college expecting to freely voice their opinions, but unfortunately come to find out otherwise. Freedom of speech shouldn’t be limited to one party, or opinion. See why I think differently and that is an integral part of the diversity that makes up America. That is not a bad thing.

The idea is out there, and the student is willing to listen. However, the student or party might not agree with certain opinions or statements, and that is okay. Respectfully accepting differences is tolerance, and diversity requires it. There is a difference between an argument and a debate. In a debate, each person has the opportunity to speak, and while it is evident of their difference in opinion, participants often look past that difference once the debate is over.

Contrarily, in an argument, participants often talk over each other, attack each other’s character and feel resent and offense after. It seems like there are more arguments than debates going on these days, especially on the college campus.

The concept of “freedom of speech” might be plastered all over the media, but are we really there? Often times, students use vulgarity and insults in an attempt to emphasize their enthusiastic dedication to a certain cause, but in using such language, they have automatically succumbed to their own anger. Can we bridge our passion to express our ideas in a way that is civil? We need to do something about the lack of freedom of speech with thought-out, inviting and respectful dialogues. Will we be the generation that makes this happen? The diversity of ideas is out there. Let us hear them, respectfully accept the differences, and instigate a change in how we interact and communicate with each other.

Dynamic Duo | Fan piece

Kyle Ferrer’s writing deserves some appreciation

Two columnists felt they should show their appreciation for the quality work done by Ferrer

Amanda Wilcox
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Kyle Ferrer remarked one Old Gold & Black production night that he hoped he would receive love letters as a response to his new and improved opinion section. He is the belief of these two fellow op-ed columnists that he should receive love letter as a response to his new and improved opinion section. His columns regularly leave us, for lack of a better term, “shook.”

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One of the op-ed columnists would like to admit, anonymously, to having loved Kyle’s style, and she has to come to terms with the realization that there needs to exist a willingness to listen. He commonly refrained from saying anything in Congress, just so he could learn from everyone else’s points of view. In today’s polarized society, people often avoid conversations with others who think differently than themselves.

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For there to be true freedom of speech, there need to be respectful audiences to listen

Maia-ty Smart | Free speech

"New censorship on campus." "Free Speech Codes," “Safe Spaces”—these headlines are plastered all over national and local media regarding censorship on modern college campuses. To support students’ and faculty members’ freedom of speech, organizations such as FIRE, (Foundation for Individual Rights in Education) have sprung up around the country to handle free speech cases brought to court. How can we voice our opinions without offending people’s feelings and how do we know what is offensive?

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The media is downplaying the horrific nature of the seemingly weekly violence.

Reese Markland
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Massacre, defined by the Oxford dictionary as "an indiscriminate and brutal slaughter of many people," is a word with a powerful, inflammatory connotation. This definition of massacre references an ambiguous requirement for an event to be considered a massacre: "many" people must be killed. So, because of its ambiguous definition, whether or not an event is deemed a massacre is contingent on a subjective interpretation in the moment of a historical event. Because of this, horrific incidents in the modern age are often defined through an inconsistent lens and thus are perceived differently by the labels which are placed upon them.

To further bolster this concept of inconsistent labelling of horrific events, I will use the example of the Boston Massacre of 1770, which resulted in five deaths. Before proceeding, it must be said that in writing this I aim not to downplay the tragedy of the Boston Massacre but instead to note a discrepancy in history in the recording of certain tragic events. The Boston Massacre has been labeled as a massacre by historians and yet currently, incidents with higher death tolls and injuries transpire nearly daily and are not labeled by so strong a word as "massacre," most recently, the Las Vegas shooting.

By comparison, it seems that the tragic Las Vegas shooting which led to the deaths of at least 58 and the injury of at least 515 people is far more heinous than the Boston Massacre of 1770, especially considering the resources and security available in the U.S. to prevent such incidents which could not be mobilized in this instance.

Yet the labeling of the Las Vegas incident as a "shooting," in the news, even if it is being labeled as the "most deadly shooting in U.S. history," rather than as a massacre, downplays the incident to a major extent. The word "shooting," even when precursored by the term "most deadly" seems to pale in comparison to the word "massacre," the word "shooting" simply does not evoke the same emotions that the word "massacre" does.

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**Bringing the Heat(h) | Student athletes**

Student athletes deserve more respect on our campus.

Kasy Heath
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Since being at Wake Forest I've acquired myself with and befriended several athletes. I've seen how busy and tired they are from practice, workouts, tutoring and class. I've built a special empathy for them and am quick to tell someone off if someone makes a snarky comment about them.

My empathy reached an all-time high this week when I started as a football equipment manager. Some of my days look a lot like the average athlete's and it's not fun.

To put things into perspective, I have to be at the practice field at 7 a.m., meaning I have to get up by 5:45 at the latest to walk my dog, take a shower to wake myself up, and grab a quick snack on the way down to the field. Practice is supposed to end at 10, but sometimes doesn't end until 10:30. With no makeup on, no real clothes on, no real breakfast, and my homework unfinished, I'm surprised I was only 15 minutes late to my 11 o'clock class.

Time has never moved slower. I had class from 11 to 12:15 p.m., 12:30 to 1:45 p.m., 2 to 4:30 p.m. and then had to be back at the Miller Center at 5 until 9 p.m. to tutor. I was ready to tap out by 2:45 p.m. As exhausted as I was, I remember that the football players were down at the athletic center an hour and a half before I got to the field. I also wasn't the one doing all of the intense physical activity. While I only manage three times out of the week and my schedule is nonstop two out of those three days, the players' schedules are like that all five days of the school week.

My empathy started to turn to anger — I might have an anger issue, but I'm a little too busy to address it at this time in my life — as hard as all of these athletes work, while still being held to the same academic standards as everyone else, why the hell is there so much debate about how they should be treated?

Why is there even a debate about paying them when they take in millions of dollars for the school, the ACC, the NCAA and television stations while they're given so much to do in a day that it's impossible for them to work any part-time jobs? Why is it okay for them to be treated like criminals by someone literally watching them urinate to see if they've smoked weed lately? Why do some professors and students, who know nothing about what athletes go through and the hardships that many of them have faced to get here, insist on putting their two cents in about what athletes do and don't deserve? I've come across athletes who are more intelligent than the kids who were privileged enough to go to the top schools in the country prior to coming to Wake Forest, and who are fortunate enough to have daddies that can cop out the $70,000 it takes to go here without any financial aid.

I've come across athletes who are more studious even with their packed schedules than the kids here who have nothing to do during the day other than go to class. I've come across athletes who have had every single odd stacked against them to get to college in general and they're still more resilient than any kid here who doesn't even know what adversity looks like. Respect them at the very least. They deserve it.

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**Word on the Quad | Commencement Speaker**

Who would be your dream Commencement speaker?

Art in the modern age is something altogether unique

The artist process must involve introspection of the self to produce "art"

Kyle Ferrer
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As a liberal arts major it is a bold and somewhat self-effacing statement to say our age is too philosophical, a) because in the sense of reading Kant, it really isn’t, and b) because on the surface it undermines my entire operation. But when I say philosophical, I mean it in a way that signifies too much cephalation (a word I conjured up that means, "too much internalization or an apparent overabundance of things in your head.")

Good art, whether it be music, painting or literature, certainly involves introspection, but I would argue that the internet and social media exacerbates this tendency, and actually inhibits the production of good art.

The internet exists as a major conflict within us. Nicolas Carr says, "the internet is so much our slave, that it would undermine our diminished resourcefulness if we could ever access the self in an unadulterated way, there are so many other selves in the way, staring and blinking with the annoying presence of an ancestral ghost. We become too censorious of ourselves, too conscious of our own ineptitude in the face of the artistic pantheon. It is a serious problem, and it is created not only by the internet’s multitude of access points and constellations of search results, but by social media as well.

Social media, specifically the ability to generate spurious selves to be blunted into the public sphere, has made delving into the depths of creative thought anathema to our superficial projections. Creating an Instagram picture is a diligent act; you need filters, brightness adjustment, a caption that has enough pith and relevancy to have catholic appeal. And although some may argue this is a form of art in itself, I would argue it’s a form of self-deception and ultimately self-alienation. Social media presence forges a new identity, it presents the world with quixotic experience, supposed snapshots of life’s phenomenality, but these snapshots are ephemera.

When life rushes in, we are left clinging, like addicts, to our cinematic facades, identities formed in the likeness of a movie set, where the front makes up only ten percent of the intricate banalities lying behind. We are opposing against life's facades, and to deny the reality of our lives is to shun what makes great art.

There is postmodern self-awareness, evidenced in authors like David Foster Wallace and Thomas Pynchon, and then there is the self-awareness of social media, which is a hyper-trophied version of the postmodern. We have so much reference to the self in our daily lives that it induces a sort of delusional delirium when trying to create.

The constant modulation of the self via social media leads to the constant modulation of art. As W.B. Yeats once said, "The friends that I have it wrong/Whenever I remake a song/Should know what issue is at stake/It is myself that I remake."

But Yeats I think is probing a different idea, or at least an idea of self-censorship as liberating more-refined yet genuine iterations of the self. When the modern writer tries to rewrite, it is an act of alienation from the self, a sort of artistic distance incited by our tendency to produce holograms.

The constant re-addressing of our writing is either to produce a likeness of another’s work, or augmenting the distance from the sort of genuineness that produces the “real” art we’re looking for. It is increasingly difficult to reach the sublime in art because our realities are so cluttered with the cacophony of social alarms.

I’m not saying great art is impossible in an age of instant panoramic access and constant identity fiddling, but it is harder to find our rooms of deepest feelings. To claim a lucid instance is a contravention.

Our social reality is made up of magazine-cover lives and glossy misadventures, whereas if we can find a way to return to our more immediate, authentic reality, and erase our simultaneous superimposition of other selves as well as our own concocted pseudo-self, it is then that we can create an upcycled art that may more closely resemble the paragons we idolize.

With All Due Res-beck-t| Learning

The competitive nature of Wake Forest stifles learning

Competition is good, but too much of it can hinder a positive learning environment

Becky Swig
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In high school, I had a teacher who always emphasized "the love of learning." I had never really thought about that idea until he said it — classes were always a stepping stone for something else, like getting a good grade to boost your GPA for college.

It wasn’t that I didn’t like my classes, it was more of the fact that I wasn’t passionate about what I was learning, or really taking the time to think about what I was learning.

Often, I wouldn’t even give a second thought to the material of class — I would "learn" what I needed to learn for the test, then dump it. It was about getting a good grade, not necessarily retaining knowledge. I’m not saying that my school promoted performance over learning, it was just the type of environment we had — competitive. My high school was very similar to Wake Forest: challenging and grueling. It was a lot of work and it was not easy. Though, a rigorous school is not bad, it sometimes creates an environment where students do not necessarily learn, but rather memorize what they need to in order to perform well.

Wake Forest is a competitive place. Students here have high goals and aspire to big things, which is good. Being ambitious and having goals can be good for motivation, but sometimes this produces negative behaviors and actions. Everyone wants to be the best and achieve the most, but that is an unrealistic expectation.

Students come here for the best grades because we know that not everyone can get an 'A'.

Having too high of goals can lead to people taking shortcuts and doing things the wrong way. As long as we get that 'A' or perform well, the means of doing so don’t matter, right? At least that is what some people believe.

I find myself thinking that I just need to get through the midterm, the essay, the exam and then move on from the material and never see it again. As Wake Forest students, we have so much schoolwork in addition to extracurriculars that our focus isn’t always on learning for the sake of learning — at least for some of us. Even some of the professors I have had recognize this. Some have asked on the first day "How many of you would be taking this class if it were not required?"

More often than not, only a handful of students raise their hands.

I don’t want it to seem as if I believe Wake Forest explicitly wants us to just get good grades and have that be that — I often have professors applying what I learn to the real world. What we are learning is valuable, even if we don’t necessarily appreciate that while we are here.

I think that a competitive and strenuous learning environment like Wake Forest leads to negative learning habits like memorization over truly understanding the material and cranking out that essay last minute instead of taking the time to craft a well written essay over time. But that doesn’t mean that our four years at Wake Forest don’t mean anything — what we learn is important, and I, along with others, need to realize that before it is too late.
Coming off the bye week at 4-2, Wake Forest prepares for the second half of its season

BY KYLE TATICH
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Just two days before the game, a rumor developed that senior quarterback John Wolford would not start against the No. 2 Clemson Tigers. With no indication in the injury report that the four-year starter would miss the game, the speculation was kept to those closest to the football program.

Before the team announced moments before kickoff that redshirt sophomore Kendall Hinton would start in place of the injured Wolford — who was considered available if necessary — the Wake Forest faithful were expecting to see number 10 on the field.

As it turned out, Demon Deacon fans were not the only ones surprised to see Hinton take the field, as Clemson's Dabo Swinney claimed after the game that he had no idea Wake Forest would have a different quarterback under center.

"That number two is good," Swinney said of Hinton, who finished with 203 yards in the air, 92 yards on the ground and two touchdown throws in Wolford's absence. Despite playing one of the nation's top defenses, Hinton delivered an admirable effort, protecting the football and extending plays with his feet at times.

After a first possession three and out, Hinton's second possession led the offense 54 yards down the field to put Mike Weaver in field goal range. The attempt, which just barely missed, kept the Deacs off the scoreboard until the fourth quarter.

Trailing 28-0, Hinton led Wake Forest on a nine-play, 78-yard drive — eventually finding Scotty Washington on a 16-yard completion for the score. This fourth quarter touchdown was complimented by another as the Deacs capped off its longest drive of the afternoon — a 10-play, 60-yard possession — with an 11-yard touchdown to tight end Cam Serigne.

Wake Forest fell to No. 2 Clemson 28-14 at Memorial Stadium and left Death Valley with its second loss of the season to drop to 4-2 overall and 1-2 in the ACC.

At the midpoint of the season, Wake Forest has proven to be more physical than it was a year ago on both sides of the ball, especially up front. The Demon Deacon defense has been among the best in college football in tackles for loss throughout the season and the offense has done a better job at protecting its quarterbacks.

Freshman Greg Dortch has rightfully earned the recognition as one of the nation's best first-year wide receivers and was named as the Atlantic Coast Conference's Rookie of the Week following his 10-reception, 110-yard game against Florida State on Sept. 30.

Men's basketball aims to improve upon last year's success

After their first appearance in March Madness in 2010, the Demon Deacons are looking to return this season

BY RYAN JOHNSTON
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Fresh off of their first NCAA Tournament appearance since 2010, the 2017-18 Wake Forest men's basketball team has had its taste of March Madness — but they want more.

"We got a taste last year but we want a lot more than a taste. We have to want the meal and that's what I think our guys understand," said head coach Danny Manning.

Indeed, the Deacons' performance last year continued the pattern of improvement the Deacs have held under Manning since he arrived in 2010. Finishing with a 19-14 record overall and going .500 in the notoriously difficult Atlantic Coast conference proved to media and coaches across the country that the Deacons were back, despite a disappointing loss to Kansas State in the Round of 68.

Three of the most prolific scorers on that team — John Collins, Dinos Mitoglou and Austin Arians — have taken their talents to the professional game, with Mitoglou and Arians signing contracts to play in Europe and Collins signing on with the Atlanta Hawks of the NBA as the 19th pick in the draft. As a result, Wake Forest is in the unique position of trying to capitalize on their recent success with a new-look squad.

Point guard Mitchell Wilbekin, the only scholarship senior on the squad and, along with senior Troy Rike, one of two players who have played for Manning since he arrived, will be on of the players relied upon to lead the team on the court.

"I think we've been taking positive steps since coach got here," Wilbekin said at the team's media day. "I would say the overall coaching has changed for the bet-
Federer captures third Masters 1000 Title

Showing no signs of slowing down, Roger Federer has accomplished many feats this year

BY KYLE FERRER
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Roger Federer has had a stunning 2017. His resume for this year alone would put any young player over the moon. Two Grand Slams, the Australian Open, Wimbledon and three ATP Masters 1000 titles. It looks as if Federer is heeding the advice of James Joyce, navigating life "in the full glory of some passion, than fade and wither distantly with age."

Federer, at age thirty-six, is near yet another zenith (yes, Federer has multiple peaks, sort of like an EKG). He is ranked number two in the world behind Rafael Nadal, who is tied with for the most titles of the 2017 season (six).

This past week, Federer took home his third ATP 1000 title of 2017 in Shanghai, ripping through the competition with a winning determination. And win he did, by only dropping one set to Juan Martin Del Potro in the semi-finals. As has been the case throughout most of 2017, minus the letdown of this year's U.S. Open, where Federer lost in the quarterfinals as the favorite to win the tournament, Federer was razor sharp, exhibiting his renaissance-like abilities on the court, seemingly able to point and click with his racquet, placing the tennis ball wherever he wants with the proper spin, speed, and precision.

The final in Shanghai matched the world's top two players against each other, Roger Federer and Rafael Nadal, with fans anticipating a grueling back-and-forth typical of the two players' history. The actual result was more one-sided. Federer came out bearing his teeth, breaking Nadal in the first game of the match, smashing one-handed backhands with an excess of pace and placement. The backhand can sometimes be a weakness for Federer, open to attack, but in the first set of the Shanghai final, the Federer backhand was energized and equipped to handle everything Nadal threw its way. Federer glided to a 6-4 win in the first set, setting a workman-like tone that put the quintessential workman, Nadal, at unease.

The second set started differently for Federer, though. He came out more reticent, it seemed, to aggressively pursue Nadal. His backhand allowed for some mistakes, and Nadal's physicality surfaced to become the salient triumph in the first few games. In the fifth game though, Federer put together two magnificent points to break Nadal's serve. During the deuce point, Federer came into the net and executed a balletic volley unreachable even by Nadal's blistering speed. With the advantage in the game, Federer became patient, rallying with Nadal using consistent power and variegated placement to eventually draw the error from the Spaniard, giving Federer his first break of the set. The break in the fifth game was the definite fulcrum that decided the rest of the match. Federer cruised to victory, winning the final set 6-3. As the two players met at the net, Nadal exemplified a persona of courteousness and graciousness in his embrace of Federer, seemingly acquiescing to the greatness of Federer, specifically his greatness on that day. To be clear: Nadal is never one to acquiesce. He is the personification of the fighting spirit. But on the day of the Shanghai final, the fighting spirit simply wasn't enough to usurp the consummate greatness of Roger Federer.

With this win, Federer is poised to perform at the ATP Finals in London, where the world's top eight go to compete to end the year. Federer may indeed capture the world number one ranking if he wins in London, but we don't know. What we do know is what time is telling us: Roger Federer is going nowhere.

Wake Forest Football: Deacons to face Georgia Tech off the bye

Continued from Page 10

Dortch has quickly become a favorite target of Wolford's and has defeically used his speed to extend plays after the catch.

"The first half of the season was a learning experience and exciting — I thank John Wolford for throwing me the ball," Dortch said of the first six games of his career.

The Deacons will rely on Dortch to continue his production in a tough final stretch of games in the regular season. Wake Forest will travel to Georgia Tech on Saturday and will host Louisville in the subsequent week. The Deacons will then travel to Notre Dame and Syracuse before concluding the season at home against NC State and Duke.

Each of these six opponents have recorded impressive wins of their own to this point in the season, including Syracuse's most recent upset over No. 2 Clemson. In order to reach a bowl, Wake Forest will need to win at least two of its remaining six games.

However, winning two of six is not the goal of this team — the expectation is to win each week.

"There's no carrying over the bye," Dortch said moments after the loss to Clemson. Dortch claimed to be ready to go and was ready to take on Georgia Tech in that very minute.

The enthusiasm is commendable and will be needed as Wake Forest strives to make the postsea

"The enthusiasm is commendable and will be needed as Wake Forest strives to make the postsea..."
Following the surprising Kansas City Chiefs loss, no undefeated teams remain in the NFL

BY DANIEL PACHINO
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Week six in the NFL got off to an exciting start in Charlotte when the Eagles and Panthers faced off for this week's edition of Thursday Night Football. Carson Wentz's three touchdown passes led Philly to a statement 28-23 road win over the surging Panthers and Cam Newton. The Eagles are now 5-1 and beginning to look like the class of the NFC.

The 1:00 p.m. slate of games offered many surprises. Chicago Bears quarterback Mitch Trubisky got his first career NFL win with an overtime win over the Ravens in Baltimore. Connor Barth kicked a 40-yard field goal to earn the victory for the Bears that was set up by Jordan Howard's massive 40-yard rush. After falling behind 17-0 in Atlanta, Jay Cutler, Jay Ajayi and the Dolphins came storming back for a shocking 20-17 road win over the Falcons.

The biggest news of the day came in Minnesota, where Aaron Rodgers broke his collar bone - an injury that required season-ending surgery. Now, the Packers will have to move on with UCLA product Brett Hundley under center. The NFC North is as up for grabs as ever, and expect the Vikings to run away with it behind the legs of running back Jerick McKinnon.

Men's basketball head coach Danny Manning is poised to enter his fourth season at the helm of the Deacons, and helped Wake Forest reach their first NCAA Tournament since 2010 last year. Manning has proved to be a top-notch recruiter in his tenure at Wake Forest as the program's highest-ranked recruit since 2008, Wake Forest's freshmen class should help to be a top-notch recruit in his tenure at Wake Forest as the program's highest-ranked recruit since 2008, Wake Forest's freshmen class should help

The Demon Deacons will tip off against Queens on Nov. 3 in Winston-Salem, and begin ACC play on Dec. 30 against North Carolina.

Pittsburgh wide receiver Antonio Brown had a 51-yard touchdown in the fourth quarter in the Steelers' 19-13 win over the Kansas City Chiefs.

Basketball: Guard play will be crucial for Deacs

Continued from Page 10

-by his backup, Ryan Fitzpatrick, who filled in mightily throwing for almost 300-yards and three touchdowns. Fitzpatrick's valiant effort, however, was not enough as the Bucs fell to the Cardinals 38-33 in Adrian Peterson's historic debut.

In one of the biggest surprises of the week, Le'Veon Bell and the Steelers marched into Arrowhead Stadium in Kansas City and handed the Chiefs their first loss of the year. The Chiefs nearly completed an epic comeback, but had a failed attempt on fourth down, deep in Steelers territory in the game's final minute. With this loss, there are now no undefeated teams remaining in the NFL.

On Sunday night, the 0-5 Giants travelled to Denver without their three top wideouts and somehow managed to earn their first win of the year by a score of 23-10 behind the strength of their defense.

Monday night was a matchup between two AFC South teams, the Colts and Titans. The Titans ran all over the Colts to a tune of 168 yards and two rushing touchdowns to lead Tennessee to a 36-22 home victory over Indianapolis.

Week seven features several pivotal matchups between contenders. The can't-miss games of the week are the Super Bowl rematch between the Falcons and Patriots in Foxboro on Sunday night and the critical NFC East contest between the Eagles and Redskins in Philadelphia on Monday night.

Fortunately for the Deacons, Manning has proved to be a top-notch recruiter in his tenure at Wake Forest, and brought in a class of four freshmen and one graduate transfer that should be ready to contribute early on in their college careers.

Led by 2016-17 Gatorade Florida Player of the Year Chaundee Brown, a combo guard who signed with Wake Forest as the program's highest-ranked recruit since 2008, Wake Forest's freshmen class should help the Deacs remain competitive in the conference and nationally.

The Demon Deacons will tip off against Queens on Nov. 3 in Winston-Salem, and begin ACC play on Dec. 30 against North Carolina.
D.I.Y. HALLOWEEN COSTUMES

Having an awesome Halloween costume does not mean you need to spend lots of money or hours putting one together, but just a little bit of creativity and inspiration.

BY KARLY BALL
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Halloween is quickly approaching, which means that many of us will be headed to Target and Walmart for costumes. Halloween costumes from chain retailers typically range $40.00 and up, which can get particularly expensive if you plan on wearing multiple costumes for different events. Instead, consider saving some cash and still looking cute with these simple D.I.Y. Halloween costumes.

An Athlete

Pull out your Wake Forest gear for this look! This costume can be pulled off by wearing your favorite sports team jersey with some shorts, tall socks and sneakers. Pair with a backwards baseball cap or snapback and use black eyeliner to paint lines across your cheeks.

A Hippie

Most of us own some form of tie-dye or know someone who does. For an easy D.I.Y. costume, wear a tie dye shirt with some colorful leggings, or substitute shorts if the weather calls for it. Take any headband and wear it across your forehead. Finish off the look with a pair of round sunglasses, which can be obtained easily from local dollar stores or thrift shops.

A Critter

Ladybug costumes can be easily made by collecting red and black tulle to make a simple skirt, adding some black leggings and finishing off with a polka dot shirt. Eyeliner "freckles" would also enhance the effect if placed along the cheekbones. Turtles are another simple critter costume, where one could wear a dark green t-shirt with construction paper to form a "shell" on the shirt's back. These costumes would be ideal for those who want to match their pets, since pet turtle and ladybug costumes are available at the local Dollar Tree this year.

A Farmer

If you have a pair of bib overalls and a plaid shirt, you already own all the components for this costume. Consider adding braided pigtails with ribbons for added extra excitement, ditch the clutch and carry an empty egg carton instead.
Movie Review | Blade Runner 2049

Many underestimate Blade Runner sequel

Blade Runner 2049 is razor sharp in critic’s eyes but bombs in the box office

BY JACK TREADWELL
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Blade Runner is iconic. Ridley Scott’s artistic vision, Harrison Ford and Rutger Hauer’s stellar performances and Vangelis’ haunting score form a masterpiece. It’s a movie that makes you work, not laying out all the details for the audience, but playing coy, leaving the audience guessing in the end.

It shares this trait with the book from which it is derived. Philip K. Dick’s Do Androids Dream of Electric Sheep? The dystopian world crafted in this film sticks with you; a sample of the high, haunting string strings or a picture of one of the sweeping shots of the cityscape will be instantly recognizable to anyone who has seen the film. It truly is one of the most unique science fiction movies of all time.

Thirty-five years after the release of the original, Blade Runner 2049 emerges in a changed cinematic environment. A modern mainstream audience would find the original slow and cryptic, and yet it is necessary to stray towards these values to produce the mysterious slow-burn that is Blade Runner. In order for a sequel to be successful, it would have to provide the action-packed drama necessary to pull in modern audiences while remaining true to the themes of the original. Bridging this gap was the challenge put before Denis Villeneuve. He succeeded.

Villeneuve’s Blade Runner 2049 is different than the original, and yet it is instantly recognizable as part of the franchise. Set 30 years after the original, there have been significant upheavals in the universe since the events of the last movie. The dark, brooding rain is replaced by a gray, hopeless snow. The vast and powerful Tyrell corporation is replaced by an even larger and more affluent corporation, and the relentless advance of corporations into the personal lives of citizens has advanced to a sickening degree. We see the social classes even more stratified by the introduction of more advanced replicants. Like Ripley before him, Villeneuve has us follow a cop (Ryan Gosling) down a rabbit hole that quickly overwhelms him and has him questioning his identity. The dark, mysterious air of the storyline is perfectly preserved, with the tension building to a thunderous peak, just as before.

Hans Zimmer’s score elevates the world created by Villeneuve to a new height. He combines the traditional high-synth strings of the original with a throbbing, almost overpowering bass that darkens the tone of the movie and physically shakes you. Wonderful performances from the villains (Jared Leto and Sylvia Hoeks) and the supporting cast (Robin Wright in particular) create a dark, twisting thriller that, like the original, leaves you guessing right up until the end, and further still. It adds more violence, more blood, stopping just short of being over-the-top, only adding to the film. It should be a frontrunner for Best Picture this year.

Blade Runner 2049 has bombarded at the box office despite glowing reviews, I believe that Villeneuve has created the perfect compromise for modern audiences; it stays true to the themes of the original, and turns up the excitement a little. If it is relegated to the status of “cult classic,” it will be a travesty and it will send a terrible message to studio executives. This is an incredibly well made piece of art, and if we want more movies like it, something needs to change in the way we consume movies.

Wake Radio | Right Away, Great Captain!

RAGC writes a three-part musical epic

Right Away, Great Captain! uses albums to tell the life journey of an emotional man

BY WILL MAY
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Right Away, Great Captain! is an over-shadowed vessel navigating the world of angst folk music. Andy Hull is the solo singer and songwriter of Right Away, Great Captain! a project that seems like just another relatively obscure 2010’s addition to the indie folk repertoire. Hull is an artist with numerous credits to his name, from his role as the lead singer and rhythm guitarist of the Atlanta indie rock act Manchester Orchestra, to his part in writing the soundtrack for the bizarre 2016 film Swiss Army Man. However, this little side-project is certainly more than meets the eye.

Right Away, Great Captain! functions not only as an indie folk act but also as a cohesive narrative, told over the course of three albums. The story is that of a seventeenth century sailor who, upon the eve of a voyage, discovers his wife and his brother in bed together. Instead of confronting the two, the sailor sets off to sea, while reflecting on his feelings towards the betrayal.

This initial portion of his journey is detailed by the first album, The Bitter End (2007). The following album, The Eventually Home (2008), details the sailor’s return journey, during which his rage and resentment builds, culminating in him murdering his brother in cold blood.

The final release, The Church of the Good Tidings (2012), is told from a prison cell, as the sailor reflects on his actions while anticipating his impending appointment at the gallows. The music is in no way bound to the narrative, working incredibly well on its own, yet it still effectively and clearly conveys the tale, creating a unique and potent concept.

The music itself can be classified via the simple category of indie folk, yet contains elements from lo-fi, rock and country. Hull’s voice has been compared to that of indie darling Conor Oberst, one that strains and cracks with anger and grief; one that emotes with a brilliant passion, even when it rises barely above a whisper.

The albums, while all falling under the moniker of “folk,” each have their own unique style and sound. The debut has a more lo-fi, intimate quality, while its two sequels feature more production and bass. Fans of artists like Bright Eyes, Father John Misty, or Iron and Wine would probably be fans of Hull’s songwriting.

If you’re just looking for some nice-sounding jams to fall asleep to, with rhythm like the waves lapping against the shore, then Right Away, Great Captain! may be for you. But if you’re looking for a truly emotional experience, a study of sorrow, of grief and of darkness that churns and froths like the boundless sea, keeping you up all night, then Right Away, Great Captain! is definitely for you. All three albums are available on most music platforms like Spotify, Pandora, YouTube and the like, so if you’re interested, I’d definitely recommend checking them out.

Drink of the Week
Pumpkin Spice Chai

• 12 oz. Chad’s Original Black Chai Concentrate
• 4 oz. Half and Half
• 2 oz. Vanilla flavor syrup
• 1 oz. Pumpkin spice syrup

Steam in a pitcher until hot or pour over ice with whipped cream

Courtesy of Campus Grounds

Album artwork courtesy of amazon.com

The Bitter End tells the beginning of the story of a man who sets off to sea.
**Book Review | John Green**

**New novel by Green covers mental illness**

*Turtles All The Way Down*, John Green's eagerly-awaited fifth book, proves yet again that YA fiction is worth the read.

**BY LILLIAN JOHNSON**

Since all current undergraduates on Wake Forest's campus were teenagers at some point during the 2010's, many recognize the author John Green. Even if his name isn't familiar, some of his young adult novels, or their subsequent movies, will surely ring a bell: *Looking for Alaska*, *An Abundance of Katherine*, *Paper Towns*, and *The Fault In Our Stars*. Yet as it has been several years since he has released a novel, fans were starting to get a little worried. However, after the long, arduous process that goes into creating a new novel, Green announced his newest book, *Turtles All The Way Down*, back in June at Vidcon (a You Tube conference that he and his brother Hank started). There have been many reviews of *Turtles All The Way Down*. For those who want to read the book, I promise that this review is spoiler-free.

*Turtles All The Way Down* focuses on Aza Holmes, a 16-year-old high school student who searches for a fugitive billionaire. The reward offered for finding him is $100,000. As a child, Aza was friends with the billionaire's son, Davis, and she accidentally reconnects with him. Her life is complicated by obsessive thoughts, most of which are about microbiomes, bacteria and the idea that she is not in control of her being.

A common theme in Green's novels is suffering, and *Turtles All The Way Down* is no different. However, in this novel suffering is approached in a much different way. None of his previous novels have dealt with mental illness in such an open way. For Green, this novel is deeply personal, as he has dealt with his own OCD and anxiety. One of the successes of *Turtles All The Way Down* is the way in which Aza's mental illness is described. Green never explicitly states that Aza has obsessive compulsive disorder but through her narrative and thoughts, it is clear to the reader. Because her mental disorder is never named, Aza does not get pigeonholed into a box full of stereotypes by the readers. Instead, Green allows Aza's anxieties to breathe and manifest into what they are: irrational thoughts. And all humans have irrational thoughts.

Yet, the narrative of the effects of mental disorders doesn't stop with just Aza. Although it's from her point of view, readers get a good sense of how her mental disorder affects those around her. We see her mother worry about her and desperately want to take away Aza's pain. Her obsession with bacteria prevents the progression of a romantic relationship with Davis because she knows that when they kiss or hold hands, his bacteria will permanently affect the composition of her microbiome. And Aza's best friend Daisy, a spunky go-getter, also has to cope with Aza's mental disorder because it causes Aza to get lost in herself and her thoughts. Those qualities make it hard for her to be an exemplary friend. A person's mental state doesn't just affect them, because it affects who a person is and that ultimately affects everything in their life.

**Abroad Column | Oslo, Norway**

**Norwegian company reuses coffee grounds**

Siri Mittet—a native of Oslo, Norway—harvests the nutrients in coffee grounds by creating bath soaps and body scrubs.

**BY CHARLIE ENGEL**

In the city of Oslo, Norway lives a creative businesswoman named Siri Mittet. Formerly an elite Norwegian tennis player, Mittet decided her next venture would involve addressing food waste, a prominent problem in food production. She identified an inefficiency in the coffee market and offered a solution, capitalizing on the environmentally-conscious consumer trends of recent years in the region.

Nine out of every 10 Norwegians drink coffee, leading to consumption of over four billion cups a year. Used coffee grounds, the byproduct of consumption, are typically thrown away by cafes and businesses, leaving an opportunity for repurposing the nutrient-dense grounds.

Mittet identified this and offered a solution, establishing Gruten AS in 2014. Her vision yielded a company that repurposes used coffee grounds and creates cosmetic products. The business venture has been building momentum since the company's thoughtful business approach has earned Mittet a network of support, including on Facebook. According to the Norwegian, she said environmentally-intelligent businesses like Gruten are more likely to earn consumer support. This is due to the people being more likely to have a positive reaction to their product.

Mittet contrasts her business to companies like Statoil, the Norwegian, state-owned oil company, by allowing her thoughtful business approach to assist and supplement the people, products and services in her community.

When coffee drinkers just consume the beverage, and throw away the rest, consumers are missing most of the value of what they purchase,” Mittet said. “Almost all the nutrients and all the good stuff in coffee are in the grounds.”

Her company offers two main cosmetic products through repurposing coffee grounds: bath soap and body scrub—both of which come in lavender and peppermint scents.

The products serve to assist with exfoliation and enhance skin health, as “coffee grounds have [sic] some fats that will make your skin very soft,” Mittet said.

The benefits of coffee grounds are not limited to cosmetics, however, and Mittet understands the importance of educating the greater population in Oslo about the vast benefits of repurposing the product.

Mittet’s educational portion of her pursuit includes classes on soap making, and composting courses to teach proper technique for using the grounds to add nutritional value and security to plants in gardens.

The Oslo native said, “quite a few people write to me, saying that they appreciate that I have a focus on education and not just production and products. People want to learn things, [and] people want to get engaged themselves.”

Coffee grounds carry significant value for boosting soil nutrients due to their dense nitrogen composition.

“The garden loves the coffee grounds,” she said. “By doing that, you return the nutrients and value to the soil.”

In addition to nutrition, coffee’s scent acts as a deodorizer for rodents who might eat the garden plants otherwise. According to Mittet, only humans and worms love coffee and coffee grounds, which is due to the distinct smell and acidity. Mittet’s garden stands as proof of this practice.

“I’ve been doing that (using coffee grounds) a lot on my lettuce and I’ve had a good effect.”

Investing time at vocational schools in the surrounding Oslo area, Mittet seeks to promote and educate the benefits of repurposing waste that can be allowed both profit and increased value to communities.

**Book cover courtesy of amazon.com**

John Green has written other bestselling fiction, including *Looking for Alaska* and *Paper Towns*.

Green has said that one of the reasons he writes YA novels is because teenagers are at a critical point. For the first time, they are grappling with love, suffering, existence and meaning. He finds this point in one's life particularly important because there are infinite ways in which teenagers try to come to terms with these topics. But the truth is, adults haven’t figured it out yet either. You don’t have to have a mental disorder to read and enjoy *Turtles All The Way Down*. You don’t have to be a teenager, either. All you have to be is a human who thinks.
HOW TO: microwaveable meals

For the busy college student, it can be hard to make meals yourself. However, with only a few ingredients and minimal time, you can make any meal in your dorm room microwave.

BY OLIVIA FIELD
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EASY SAVORY MUG FRITTATA

Instead of heating up the normal bowl of instant oatmeal for breakfast, crack a few eggs into a mug for this microwaveable frittata. With a few staple ingredients, you can have a savory breakfast in your own dorm room. This recipe is adapted from www.incredibleegg.org.

Ingredients:
• 2 eggs
• 2 tbsp. of milk
• 2 tbsp. of cheese
• Salt and Pepper
• Optional: chopped vegetables (onion, spinach, tomato or bell pepper)

To prepare: Mix the eggs, milk, cheese, seasonings and optional add-ins together in a microwave safe mug of your choice. Microwave the mixture for 30 seconds, and then stir. Put the mug back into the microwave for another 60 - 90 seconds, or until the frittata has puffed up and cooked all the way through. Serve immediately with toast.

MICROWAVE MAC & CHEESE

Although every college student is all too familiar with a meal of microwave mac and cheese, the dish can be transformed from tasting artificially flavored to being reminiscent of home cooking with a handful of easily accessible materials. This recipe is from www.thekitchn.com.

Ingredients:
• 1/2 cup of dried pasta
• 1/2 cup of water
• Salt
• 1/4 cup of milk
• Optional: chopped vegetables, bacon or ham.

To prepare: Pour the dried pasta and water into a microwave safe bowl of your choosing. In intervals of two minutes, microwave the pasta until it is cooked through. It should take anywhere from four to eight minutes. Make sure to keep an eye on the bowl, as the water may bubble over the sides.

After the pasta is completely cooked, drain the water and add the rest of the ingredients Heat this mixture through for a total of one to two minutes, or until fully combined.

Enjoy immediately for lunch, dinner, or a midnight snack.

CINNAMON APPLE CRUMBLE

If you are craving a warm, fall-inspired dessert, look no further than this six ingredient apple crumble. Mimicking the taste of a baked dessert, this sweet treat takes only a few minutes in the microwave.

Ingredients:
• 1 chopped apple
• 2 tbsp. of brown sugar
• 1/2 tsp. of cinnamon
• 1 tsp. of lemon juice
• Granola
• Whipped cream
• Optional: vanilla ice cream

To prepare: Chop one granny smith apple into small chunks. Combine in a mug with brown sugar, cinnamon and lemon juice. Microwave the mixture for two to five minutes, or until the apples are soft. Top with your favorite granola and whipped cream. Serve immediately.

To make the dessert even more decadent, you can add a scoop of vanilla ice cream on top. Alternatively, to enjoy a healthier crumble, you can replace the brown sugar with one tbsp. of agave syrup or equal parts coconut sugar. Even though Thanksgiving is more than a month away, this dessert will satisfy your apple pie cravings.